

United States

Health Department Website: hhs.gov

UNITED STATES

Summary

DRUG DEATHS

▲30%
from 21.5 to 27.9 deaths per 100,000 population between 2019 and 2020.

NON-MEDICAL DRUG USE

▲29%
from 12.0% to 15.5% of adults between 2021 and 2022.

PREMATURE DEATH

▲18%
from 7,337 to 8,659 years lost before age 75 per 100,000 population between 2019 and 2020.

FOOD INSECURITY

▼11%
from 11.7% to 10.4% of households between 2016-2018 and 2019-2021.

HIGH-SPEED INTERNET

▲8%
from 85.2% to 92.4% of households between 2016 and 2021.

UNINSURED

▼7%
from 9.2% to 8.6% of the population between 2019 and 2021.

MULTIPLE CHRONIC CONDITIONS

▲5%
from 9.1% to 9.6% of adults between 2020 and 2021.

Measures		U.S. Value
SOCIAL & ECONOMIC FACTORS*		
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	3.9
	Public Health Funding (dollars per person)	\$116
	Violent Crime (offenses per 100,000 population)	399
Economic Resources	Economic Hardship Index (index from 1-100)	—
	Food Insecurity (% of households)	10.4%
	Income Inequality (80/20 ratio)	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	32.1%
	High School Graduation (% of students)	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	14.0%
	High-speed Internet (% of households)	92.4%
Engagement	Residential Segregation — Black/White (index from 0-100)	—
	Volunteerism (% ages 16+)	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	60.1%
PHYSICAL ENVIRONMENT*		
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	78
	Drinking Water Violations (% of community water systems)	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	—
	Water Fluoridation (% of population served)	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	67.8%
	Housing With Lead Risk (% of housing stock)	16.9%
	Severe Housing Problems (% of occupied housing units)	17.0%
CLINICAL CARE*		
Access to Care	Avoided Care Due to Cost (% ages 18+)	8.8%
	Providers (per 100,000 population)	
	Dental Care	60.6
	Mental Health	305.0
	Primary Care	265.3
Preventive Clinical Services	Uninsured (% of population)	8.6%
	Colorectal Cancer Screening (% ages 50-75)	74.3%
	Dental Visit (% ages 18+)	66.7%
	Immunizations	
	Childhood Immunizations (% by age 24 months)	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	46.5%
	HPV Vaccination (% ages 13-17)	61.7%
	Dedicated Health Care Provider (% ages 18+)	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	2,770
BEHAVIORS*		
Nutrition and Physical Activity	Exercise (% ages 18+)	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	7.4%
	Physical Inactivity (% ages 18+)	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	481.3
	High-risk HIV Behaviors (% ages 18+)	5.6%
	Teen Births (births per 1,000 females ages 15-19)	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	6.7%
	Smoking (% ages 18+)	14.4%
HEALTH OUTCOMES*		
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	27.9
	Excessive Drinking (% ages 18+)	17.3%
	Frequent Mental Distress (% ages 18+)	14.7%
	Non-medical Drug Use (% ages 18+)	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	8,659
	Premature Death Racial Disparity (ratio)**	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	10.9%
	Low Birthweight (% of live births)	8.2%
	Low Birthweight Racial Disparity (ratio)**	2.0
	Multiple Chronic Conditions (% ages 18+)	9.6%
	Obesity (% ages 18+)	33.9%

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.
 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 † Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodology, visit AmericasHealthRankings.org.

Alabama

State Health Department Website: alabamapublichealth.gov

Overall Rank:
46

ALABAMA

Summary

Strengths:

- Low prevalence of excessive drinking
- Low racial disparity in premature death rates
- High rate of high school graduation

Challenges:

- High premature death rate
- High prevalence of multiple chronic conditions
- Low supply of mental health providers

Highlights:

E-CIGARETTE USE

▲86%
from 4.9% to 9.1% of adults between 2017 and 2021.

DRUG DEATHS

▲34%
from 15.9 to 21.3 deaths per 100,000 population between 2019 and 2020.

HIGH-SPEED INTERNET

▲11%
from 79.3% to 88.1% of households between 2016 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+ 42 -0.377					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++	36	5.7	3.9
	Public Health Funding (dollars per person)	++++	20	\$129	\$116
	Violent Crime (offenses per 100,000 population)	++	37	454	399
Economic Resources	Economic Hardship Index (index from 1-100)	++	39	75	—
	Food Insecurity (% of households)	+	44	13.1%	10.4%
	Income Inequality (80/20 ratio)	+	43	5.27	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+	41	28.3%	32.1%
	High School Graduation (% of students)	++++	1	91.7%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++++	2	3.0	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++	39	17.9%	14.0%
	High-speed Internet (% of households)	+	47	88.1%	92.4%
Engagement	Residential Segregation — Black/White (index from 0-100)	++++	11	58	—
	Volunteerism (% ages 16+)	++	39	28.7%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+	42	55.6%	60.1%
PHYSICAL ENVIRONMENT*					
++ 33 -0.111					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	28	7.8	7.8
	Drinking Water Violations (% of community water systems)	+++	30	0.3%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+	48	16,810,411	—
	Water Fluoridation (% of population served)	+++	23	78.0%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+	49	80.5%	67.8%
	Housing With Lead Risk (% of housing stock)	++++	13	11.1%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	13	13.2%	17.0%
CLINICAL CARE*					
+ 41 -0.563					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++	40	11.1%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+	49	40.6	60.6
	Mental Health	+	50	128.8	305.0
	Primary Care	+	45	223.2	265.3
Preventive Clinical Services	Uninsured (% of population)	++	37	9.9%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++++	12	76.9%	74.3%
	Dental Visit (% ages 18+)	++	38	61.4%	66.7%
	Immunizations				
Quality of Care	Childhood Immunizations (% by age 24 months)	+++	23	72.1%	70.5%
	Flu Vaccination (% ages 18+)	++	37	41.6%	46.5%
	HPV Vaccination (% ages 13-17)	+++	25	62.5%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	+++	28	83.6%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+	46	3,633	2,770
BEHAVIORS*					
+ 48 -1.262					
Nutrition and Physical Activity	Exercise (% ages 18+)	+	44	17.6%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+	47	4.8%	7.4%
Sexual Health	Physical Inactivity (% ages 18+)	+	49	31.5%	23.7%
	Chlamydia (new cases per 100,000 population)	+	42	552.2	481.3
	High-risk HIV Behaviors (% ages 18+)	+++	30	5.7%	5.6%
Sleep Health	Teen Births (births per 1,000 females ages 15-19)	+	46	24.8	15.4
	Insufficient Sleep (% ages 18+)	+	47	38.3%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+	46	9.1%	6.7%
	Smoking (% ages 18+)	++	40	17.2%	14.4%
HEALTH OUTCOMES*					
+ 47 -0.922					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	18	21.3	27.9
	Excessive Drinking (% ages 18+)	++++	4	13.3%	17.3%
	Frequent Mental Distress (% ages 18+)	+	47	18.4%	14.7%
	Non-medical Drug Use (% ages 18+)	++	40	17.6%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+	47	12,139	8,659
	Premature Death Racial Disparity (ratio)**	++++	6	1.2	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+	43	13.3%	10.9%
	Low Birthweight (% of live births)	+	48	10.8%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++	26	2.0	2.0
	Multiple Chronic Conditions (% ages 18+)	+	47	15.2%	9.6%
	Obesity (% ages 18+)	+	47	39.9%	33.9%
OVERALL*					
+ 46 -0.692					

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Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Alaska

State Health Department Website: health.alaska.gov

Overall Rank:
34

Summary

Strengths:

- Low percentage of low birthweight infants
- Low prevalence of multiple chronic conditions
- High supply of mental health providers

Challenges:

- High prevalence of excessive drinking
- High racial disparity in low birthweight
- High occupational fatality rate

Highlights:

UNINSURED

▼43%

from 20.1% to 11.4% of the population between 2011 and 2021.

FREQUENT MENTAL DISTRESS

▲37%

from 10.2% to 14.0% of adults between 2016 and 2021.

FLU VACCINATION COVERAGE

▲23%

from 33.8% to 41.5% of adults between 2018 and 2021.

ALASKA

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++ 38 -0.286					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+	49	8.6	3.9
	Public Health Funding (dollars per person)	++++	1	\$449	\$116
	Violent Crime (offenses per 100,000 population)	+	50	838	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	19	48	—
	Food Insecurity (% of households)	++++	16	9.5%	10.4%
	Income Inequality (80/20 ratio)	++++	15	4.48	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+	47	24.4%	32.1%
	High School Graduation (% of students)	+	46	80.4%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++	35	17.7	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++	33	16.9%	14.0%
	High-speed Internet (% of households)	++++	16	93.1%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	9	57	—
	Volunteerism (% ages 16+)	++++	12	38.2%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++	33	58.3%	60.1%
	PHYSICAL ENVIRONMENT*				
++ 39 -0.201					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	15	7.0	7.8
	Drinking Water Violations (% of community water systems)	+	47	4.8%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++++	2	12,462	—
	Water Fluoridation (% of population served)	+	43	49.6%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++++	13	66.2%	67.8%
	Housing With Lead Risk (% of housing stock)	++++	3	7.1%	16.9%
	Severe Housing Problems (% of occupied housing units)	+	47	20.4%	17.0%
CLINICAL CARE*					
++ 38 -0.438					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++	38	10.8%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++++	1	89.9	60.6
	Mental Health	++++	2	687.9	305.0
	Primary Care	++++	4	342.0	265.3
Preventive Clinical Services	Uninsured (% of population)	+	43	11.4%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++	39	70.3%	74.3%
	Dental Visit (% ages 18+)	++	37	62.5%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+	50	61.2%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	++	38	41.5%	46.5%
	HPV Vaccination (% ages 13-17)	+	43	56.2%	61.7%
	Dedicated Health Care Provider (% ages 18+)	+	45	76.2%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	5	1,624	2,770	
BEHAVIORS*					
+++ 22 0.139					
Nutrition and Physical Activity	Exercise (% ages 18+)	++++	9	25.6%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++++	11	8.9%	7.4%
	Physical Inactivity (% ages 18+)	++++	10	20.3%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+	48	695.8	481.3
	High-risk HIV Behaviors (% ages 18+)	++++	2	4.3%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++	33	17.7	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+++	22	31.8%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++++	16	6.2%	6.7%
	Smoking (% ages 18+)	++	39	17.1%	14.4%
HEALTH OUTCOMES*					
++ 36 -0.245					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	19	21.5	27.9
	Excessive Drinking (% ages 18+)	++	40	19.4%	17.3%
	Frequent Mental Distress (% ages 18+)	++++	16	14.0%	14.7%
	Non-medical Drug Use (% ages 18+)	++	38	17.1%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++	35	9,409	8,659
	Premature Death Racial Disparity (ratio)**	+	43	2.6	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++	27	11.2%	10.9%
	Low Birthweight (% of live births)	++++	2	6.6%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+	49	2.4	2.0
	Multiple Chronic Conditions (% ages 18+)	++++	5	7.8%	9.6%
	Obesity (% ages 18+)	+++	22	33.5%	33.9%
OVERALL*					
++ 34 -0.205					

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Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Arizona

State Health Department Website: azdhs.gov

Overall Rank:
32

ARIZONA

Summary

Strengths:

- Low prevalence of obesity
- Low prevalence of cigarette smoking
- Low percentage of housing with lead risk

Challenges:

- High racial disparity in premature death rates
- High economic hardship index score
- Low prevalence of having a dedicated health care provider

Highlights:

PREMATURE DEATH

▲26%
from 7,523 to 9,469 years lost before age 75 per 100,000 population between 2019 and 2020.

SMOKING

▼21%
from 16.5% to 13.1% of adults between 2014 and 2021.

MENTAL HEALTH PROVIDERS

▲14%
from 154.8 to 176.0 per 100,000 population between 2021 and 2022.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++ 33 -0.177					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++++	18	4.0	3.9
	Public Health Funding (dollars per person)	+	43	\$79	\$116
	Violent Crime (offenses per 100,000 population)	+	42	485	399
Economic Resources	Economic Hardship Index (index from 1-100)	++	37	72	—
	Food Insecurity (% of households)	+++	25	10.1%	10.4%
	Income Inequality (80/20 ratio)	++++	10	4.35	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++	28	31.4%	32.1%
	High School Graduation (% of students)	+	49	77.8%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++	30	15.6	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++	31	16.3%	14.0%
	High-speed Internet (% of households)	++++	15	93.2%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	8	55	—
	Volunteerism (% ages 16+)	++	40	28.6%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	8	65.4%	60.1%
	PHYSICAL ENVIRONMENT*				
++ 32 -0.093					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	49	10.5	7.8
	Drinking Water Violations (% of community water systems)	++	34	0.5%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++	32	4,301,769	—
	Water Fluoridation (% of population served)	++	37	58.0%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++++	12	65.8%	67.8%
	Housing With Lead Risk (% of housing stock)	++++	2	6.6%	16.9%
	Severe Housing Problems (% of occupied housing units)	+	41	17.4%	17.0%
CLINICAL CARE*					
++ 39 -0.485					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++	34	10.5%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++	31	55.0	60.6
	Mental Health	+	46	176.0	305.0
	Primary Care	+	41	239.9	265.3
Preventive Clinical Services	Uninsured (% of population)	+	42	10.7%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+	42	69.5%	74.3%
	Dental Visit (% ages 18+)	++	39	61.2%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++++	14	74.0%	70.5%
	Flu Vaccination (% ages 18+)	+	43	40.4%	46.5%
	HPV Vaccination (% ages 13-17)	+++	30	61.7%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	+	44	77.6%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	10	1,955	2,770
BEHAVIORS*					
+++ 29 -0.036					
Nutrition and Physical Activity	Exercise (% ages 18+)	++++	10	25.5%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++	35	6.3%	7.4%
	Physical Inactivity (% ages 18+)	+++	18	22.7%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++	36	512.3	481.3
	High-risk HIV Behaviors (% ages 18+)	++	37	6.1%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+++	29	16.6	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+++	27	32.7%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+	44	8.8%	6.7%
	Smoking (% ages 18+)	++++	16	13.1%	14.4%
HEALTH OUTCOMES*					
+++ 29 -0.114					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++	37	35.1	27.9
	Excessive Drinking (% ages 18+)	+++	26	17.5%	17.3%
	Frequent Mental Distress (% ages 18+)	++	32	15.4%	14.7%
	Non-medical Drug Use (% ages 18+)	+	42	18.2%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++	36	9,469	8,659
	Premature Death Racial Disparity (ratio)**	+	41	2.3	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++	32	11.7%	10.9%
	Low Birthweight (% of live births)	++++	14	7.4%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	11	1.8	2.0
	Multiple Chronic Conditions (% ages 18+)	++++	20	9.2%	9.6%
	Obesity (% ages 18+)	++++	14	31.3%	33.9%
OVERALL*					
++ 32 -0.171					

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Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Arkansas

State Health Department Website: healthy.arkansas.gov

Overall Rank:
48

ARKANSAS

Summary

Strengths:

- Low prevalence of excessive drinking
- High prevalence of fruit and vegetable consumption
- Low percentage of housing with lead risk

Challenges:

- High premature death rate
- High percentage of household food insecurity
- High prevalence of cigarette smoking

Highlights:

DRUG DEATHS

▲40%
from 13.2 to 18.5 deaths per 100,000 population between 2019 and 2020.

HIGH-SPEED INTERNET

▲19%
from 74.9% to 88.9% of households between 2016 and 2021.

FLU VACCINATION COVERAGE

▼11%
from 47.8% to 42.4% of adults between 2020 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*				
	+	47	-0.742	
Community and Family Safety				
Occupational Fatalities (deaths per 100,000 workers)	++	38	5.9	3.9
Public Health Funding (dollars per person)	+++	21	\$128	\$116
Violent Crime (offenses per 100,000 population)	+	47	672	399
Economic Resources				
Economic Hardship Index (index from 1-100)	+	44	83	—
Food Insecurity (% of households)	+	49	15.0%	10.4%
Income Inequality (80/20 ratio)	++	31	4.80	4.96
Education				
Fourth Grade Reading Proficiency (% of public school students)	++	38	29.7%	32.1%
High School Graduation (% of students)	++++	16	87.6%	85.8%
High School Graduation Racial Disparity (percentage point difference)**	++++	12	10.6	15.1
Social Support and Engagement				
Adverse Childhood Experiences (% ages 0-17)	+	43	18.7%	14.0%
High-speed Internet (% of households)	+	45	88.9%	92.4%
Residential Segregation — Black/White (index from 0-100)	+++	27	66	—
Volunteerism (% ages 16+)	+++	27	34.4%	33.4%
Voter Participation (% of U.S. citizens ages 18+)	+	50	48.3%	60.1%
PHYSICAL ENVIRONMENT*				
	+++	21	0.107	
Air and Water Quality				
Air Pollution (micrograms of fine particles per cubic meter)	++	37	8.3	7.8
Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.8%
Risk-screening Environmental Indicator Score (unitless score)	+++	22	2,567,631	—
Water Fluoridation (% of population served)	++++	20	85.4%	73.0%
Housing and Transit				
Drive Alone to Work (% of workers ages 16+)	+	47	78.9%	67.8%
Housing With Lead Risk (% of housing stock)	++++	9	10.1%	16.9%
Severe Housing Problems (% of occupied housing units)	++++	19	13.8%	17.0%
CLINICAL CARE*				
	+	43	-0.799	
Access to Care				
Avoided Care Due to Cost (% ages 18+)	+	43	11.7%	8.8%
Providers (per 100,000 population)				
Dental Care	+	48	42.0	60.6
Mental Health	+++	30	267.0	305.0
Primary Care	+	44	230.6	265.3
Uninsured (% of population)	++	33	9.2%	8.6%
Preventive Clinical Services				
Colorectal Cancer Screening (% ages 50-75)	++	35	71.4%	74.3%
Dental Visit (% ages 18+)	+	50	57.0%	66.7%
Immunizations				
Childhood Immunizations (% by age 24 months)	+	44	66.5%	70.5%
Flu Vaccination (% ages 18+)	++	36	42.4%	46.5%
HPV Vaccination (% ages 13-17)	++	38	56.8%	61.7%
Quality of Care				
Dedicated Health Care Provider (% ages 18+)	+++	23	84.4%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++	40	3,170	2,770
BEHAVIORS*				
	+	47	-1.038	
Nutrition and Physical Activity				
Exercise (% ages 18+)	+	43	19.3%	23.0%
Fruit and Vegetable Consumption (% ages 18+)	++++	5	10.2%	7.4%
Physical Inactivity (% ages 18+)	+	47	30.6%	23.7%
Sexual Health				
Chlamydia (new cases per 100,000 population)	++	38	531.9	481.3
High-risk HIV Behaviors (% ages 18+)	+	43	6.3%	5.6%
Teen Births (births per 1,000 females ages 15-19)	+	49	27.8	15.4
Sleep Health				
Insufficient Sleep (% ages 18+)	++	40	35.0%	32.3%
Smoking and Tobacco Use				
E-cigarette Use (% ages 18+) [†]	++	33	7.3%	6.7%
Smoking (% ages 18+)	+	48	21.1%	14.4%
HEALTH OUTCOMES*				
	+	49	-0.936	
Behavioral Health				
Drug Deaths (deaths per 100,000 population) [‡]	++++	11	18.5	27.9
Excessive Drinking (% ages 18+)	++++	7	14.2%	17.3%
Frequent Mental Distress (% ages 18+)	+	47	18.4%	14.7%
Non-medical Drug Use (% ages 18+)	+	45	19.1%	15.5%
Mortality				
Premature Death (years lost before age 75 per 100,000 population)	+	43	11,545	8,659
Premature Death Racial Disparity (ratio)**	++++	11	1.3	1.6
Physical Health				
Frequent Physical Distress (% ages 18+)	+	47	14.6%	10.9%
Low Birthweight (% of live births)	+	44	9.6%	8.2%
Low Birthweight Racial Disparity (ratio)**	++	37	2.1	2.0
Multiple Chronic Conditions (% ages 18+)	+	45	14.0%	9.6%
Obesity (% ages 18+)	+	44	38.7%	33.9%
OVERALL*	+	48	-0.773	

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

† Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

California

State Health Department Website: cdph.ca.gov

Overall Rank:
22

CALIFORNIA

Summary

Strengths:

- Low premature death rate
- Low prevalence of multiple chronic conditions
- Low prevalence of cigarette smoking

Challenges:

- High economic hardship index score
- Low supply of primary care providers
- High percentage of households experiencing severe housing problems

Highlights:

UNINSURED

▼59%

from 17.2% to 7.0% of the population between 2013 and 2021.

DRUG DEATHS

▲43%

from 15.7 to 22.4 deaths per 100,000 population between 2019 and 2020.

FREQUENT MENTAL DISTRESS

▲36%

from 10.6% to 14.4% of adults between 2016 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++ 30 -0.126					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++++	4	3.2	3.9
	Public Health Funding (dollars per person)	++++	17	\$138	\$116
	Violent Crime (offenses per 100,000 population)	++	35	442	399
Economic Resources	Economic Hardship Index (index from 1-100)	+	46	87	—
	Food Insecurity (% of households)	++++	18	9.6%	10.4%
	Income Inequality (80/20 ratio)	+	42	5.25	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++	30	31.0%	32.1%
	High School Graduation (% of students)	++	31	84.5%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++	21	13.4	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++++	6	12.0%	14.0%
	High-speed Internet (% of households)	+++++	4	94.6%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	20	63	—
	Volunteerism (% ages 16+)	+	45	27.5%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++	32	58.5%	60.1%
	PHYSICAL ENVIRONMENT*				
+ 49 -0.554					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	50	12.8	7.8
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++	35	5,953,461	—
	Water Fluoridation (% of population served)	++	36	59.3%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++++	7	63.7%	67.8%
	Housing With Lead Risk (% of housing stock)	+++	27	17.0%	16.9%
	Severe Housing Problems (% of occupied housing units)	+	49	25.9%	17.0%
CLINICAL CARE*					
+++ 27 -0.098					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++	28	9.2%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++++	3	77.2	60.6
	Mental Health	+++++	10	440.9	305.0
	Primary Care	+	48	209.6	265.3
Preventive Clinical Services	Uninsured (% of population)	+++	22	7.0%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+	50	62.4%	74.3%
	Dental Visit (% ages 18+)	++	31	64.6%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++	38	68.6%	70.5%
	Flu Vaccination (% ages 18+)	++	33	43.5%	46.5%
	HPV Vaccination (% ages 13-17)	+++++	9	69.0%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	++	37	82.1%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	12	2,219	2,770
BEHAVIORS*					
++++ 11 0.558					
Nutrition and Physical Activity	Exercise (% ages 18+)	+++	27	22.6%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++++	9	9.0%	7.4%
	Physical Inactivity (% ages 18+)	+++++	8	20.1%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++++	19	452.2	481.3
	High-risk HIV Behaviors (% ages 18+)	++	37	6.1%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++++	12	11.0	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++++	19	31.2%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++++	6	5.2%	6.7%
	Smoking (% ages 18+)	+++++	2	8.9%	14.4%
HEALTH OUTCOMES*					
+++++ 8 0.495					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+++	21	22.4	27.9
	Excessive Drinking (% ages 18+)	++++	20	16.7%	17.3%
	Frequent Mental Distress (% ages 18+)	+++	21	14.4%	14.7%
	Non-medical Drug Use (% ages 18+)	++	33	16.5%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++++	7	7,020	8,659
	Premature Death Racial Disparity (ratio)**	+++	27	1.6	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++++	15	10.0%	10.9%
	Low Birthweight (% of live births)	+++++	6	6.9%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++	37	2.1	2.0
	Multiple Chronic Conditions (% ages 18+)	+++++	2	7.0%	9.6%
	Obesity (% ages 18+)	+++++	4	27.6%	33.9%
OVERALL*					
+++ 22 0.127					

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** Disparity measures compare the group with the highest or lowest rate and the white rate.

† Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Colorado

State Health Department Website: cdphe.colorado.gov

Overall Rank:
10

COLORADO

Summary

Strengths:

- Low prevalence of obesity
- Low economic hardship index score
- Low prevalence of physical inactivity

Challenges:

- High prevalence of excessive drinking
- Low rate of high school graduation
- Low prevalence of having a dedicated health care provider

Highlights:

SMOKING

▼ **34%**

from 18.3% to 12.0% of adults between 2011 and 2021.

FREQUENT MENTAL DISTRESS

▲ **28%**

from 11.1% to 14.2% of adults between 2018 and 2021.

MULTIPLE CHRONIC CONDITIONS

▲ **19%**

from 6.4% to 7.6% of adults between 2019 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++++ 15 0.299					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++++	10	3.6	3.9
	Public Health Funding (dollars per person)	+++	22	\$127	\$116
	Violent Crime (offenses per 100,000 population)	++	31	423	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	2	18	—
	Food Insecurity (% of households)	++	31	10.5%	10.4%
	Income Inequality (80/20 ratio)	++++	11	4.40	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++++	5	37.6%	32.1%
	High School Graduation (% of students)	+	42	81.1%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+	42	20.9	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++	27	15.7%	14.0%
	High-speed Internet (% of households)	++++	4	94.6%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+++	27	66	—
	Volunteerism (% ages 16+)	++++	4	44.6%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	15	62.9%	60.1%
	PHYSICAL ENVIRONMENT*				
++++ 7 0.341					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	19	7.3	7.8
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++	28	3,459,342	—
	Water Fluoridation (% of population served)	+++	28	74.9%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++++	7	63.7%	67.8%
	Housing With Lead Risk (% of housing stock)	++++	15	11.6%	16.9%
	Severe Housing Problems (% of occupied housing units)	++	33	16.0%	17.0%
CLINICAL CARE*					
++++ 20 0.332					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++	30	9.5%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++++	10	69.8	60.6
	Mental Health	++++	9	443.5	305.0
	Primary Care	+++	25	282.7	265.3
Preventive Clinical Services	Uninsured (% of population)	+++	29	8.0%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+++	27	73.5%	74.3%
	Dental Visit (% ages 18+)	+++	23	67.2%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++	31	70.6%	70.5%
	Flu Vaccination (% ages 18+)	++++	17	49.0%	46.5%
	HPV Vaccination (% ages 13-17)	++++	8	69.2%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	++	38	81.8%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	4	1,540	2,770
BEHAVIORS*					
++++ 5 0.827					
Nutrition and Physical Activity	Exercise (% ages 18+)	++++	3	27.4%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++++	14	8.8%	7.4%
	Physical Inactivity (% ages 18+)	++++	1	16.7%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++++	20	453.9	481.3
	High-risk HIV Behaviors (% ages 18+)	++	35	6.0%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++++	15	12.5	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++++	1	26.8%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++	28	6.9%	6.7%
	Smoking (% ages 18+)	++++	9	12.0%	14.4%
HEALTH OUTCOMES*					
++++ 15 0.323					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+++	22	24.8	27.9
	Excessive Drinking (% ages 18+)	+	43	20.5%	17.3%
	Frequent Mental Distress (% ages 18+)	++++	19	14.2%	14.7%
	Non-medical Drug Use (% ages 18+)	++	34	16.6%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++++	13	7,442	8,659
	Premature Death Racial Disparity (ratio)**	++	32	1.7	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++++	9	9.5%	10.9%
	Low Birthweight (% of live births)	+	41	9.3%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	7	1.7	2.0
	Multiple Chronic Conditions (% ages 18+)	++++	4	7.6%	9.6%
	Obesity (% ages 18+)	++++	2	25.1%	33.9%
OVERALL*					
++++ 10 0.420					

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 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 † Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Connecticut

State Health Department Website: ct.gov/dph

Overall Rank:
4

CONNECTICUT

Summary

Strengths:

- Low prevalence of frequent physical distress
- Low economic hardship index score
- Low prevalence of cigarette smoking

Challenges:

- High income inequality
- High prevalence of high-risk HIV behaviors
- High percentage of housing with lead risk

Highlights:

FOOD INSECURITY

▼31%

from 13.9% to 9.6% of households between 2012-2014 and 2019-2021.

PREMATURE DEATH

▲18%

from 6,151 to 7,274 years lost before age 75 per 100,000 population between 2019 and 2020.

EXCESSIVE DRINKING

▼17%

from 19.0% to 15.7% of adults between 2018 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++++ 8 0.438					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++++	10	3.6	3.9
	Public Health Funding (dollars per person)	+++	23	\$126	\$116
	Violent Crime (offenses per 100,000 population)	+++++	4	182	399
Economic Resources	Economic Hardship Index (index from 1-100)	+++++	8	30	—
	Food Insecurity (% of households)	++++	18	9.6%	10.4%
	Income Inequality (80/20 ratio)	+	45	5.28	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++++	9	34.6%	32.1%
	High School Graduation (% of students)	++++	11	88.5%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++	21	13.4	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++++	6	12.0%	14.0%
	High-speed Internet (% of households)	+++++	6	94.4%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++	32	67	—
	Volunteerism (% ages 16+)	+++	23	35.3%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+++	27	60.3%	60.1%
	PHYSICAL ENVIRONMENT*				
+++ 19 0.126					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	8	6.1	7.8
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++	27	3,444,965	—
	Water Fluoridation (% of population served)	++++	14	89.5%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++++	16	66.6%	67.8%
	Housing With Lead Risk (% of housing stock)	+	45	25.2%	16.9%
	Severe Housing Problems (% of occupied housing units)	+	42	17.5%	17.0%
CLINICAL CARE*					
+++++ 6 0.939					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++++	11	7.4%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++++	7	70.9	60.6
	Mental Health	+++++	7	475.5	305.0
	Primary Care	++++	15	300.2	265.3
Preventive Clinical Services	Uninsured (% of population)	+++++	9	5.2%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+++++	8	77.3%	74.3%
	Dental Visit (% ages 18+)	+++++	4	73.2%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+++++	1	81.6%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	+++++	6	50.9%	46.5%
	HPV Vaccination (% ages 13-17)	++++	16	66.4%	61.7%
	Dedicated Health Care Provider (% ages 18+)	+++++	9	87.4%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+++	28	2,774	2,770	
BEHAVIORS*					
+++++ 9 0.618					
Nutrition and Physical Activity	Exercise (% ages 18+)	+++++	6	26.1%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++++	5	10.2%	7.4%
Sexual Health	Physical Inactivity (% ages 18+)	+++	19	22.9%	23.7%
	Chlamydia (new cases per 100,000 population)	+++++	9	356.7	481.3
	High-risk HIV Behaviors (% ages 18+)	+	47	6.5%	5.6%
Sleep Health	Teen Births (births per 1,000 females ages 15-19)	+++++	4	7.6	15.4
	Insufficient Sleep (% ages 18+)	+++	24	32.1%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++++	4	5.0%	6.7%
	Smoking (% ages 18+)	+++++	8	11.1%	14.4%
HEALTH OUTCOMES*					
+++++ 4 0.665					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+	42	38.5	27.9
	Excessive Drinking (% ages 18+)	++++	13	15.7%	17.3%
	Frequent Mental Distress (% ages 18+)	+++++	5	12.7%	14.7%
	Non-medical Drug Use (% ages 18+)	+++++	6	11.0%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++++	12	7,274	8,659
	Premature Death Racial Disparity (ratio)**	++++	11	1.3	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++++	5	8.9%	10.9%
	Low Birthweight (% of live births)	+++	22	7.8%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++	26	2.0	2.0
	Multiple Chronic Conditions (% ages 18+)	+++++	10	8.4%	9.6%
	Obesity (% ages 18+)	+++++	10	30.4%	33.9%
OVERALL*					
+++++ 4 0.575					

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 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 † Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Delaware

Overall Rank:
20

State Health Department Website: dhss.delaware.gov

DELAWARE

Summary

Strengths:

- Low prevalence of frequent mental distress
- Low Black/white residential segregation
- Low percentage of adults who avoided care due to cost

Challenges:

- High percentage of household food insecurity
- Low supply of dental care providers
- High prevalence of physical inactivity

Highlights:

FLU VACCINATION COVERAGE

▲30%
from 38.2% to 49.8% of adults between 2018 and 2021.

EXCESSIVE DRINKING

▼24%
from 18.9% to 14.3% of adults between 2019 and 2021.

FOURTH GRADE READING PROFICIENCY

▼22%
from 32.5% to 25.3% of fourth grade public school students between 2019 and 2022.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++++ 17 0.265					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++	23	4.3	3.9
	Public Health Funding (dollars per person)	++++	15	\$152	\$116
	Violent Crime (offenses per 100,000 population)	++	34	432	399
Economic Resources	Economic Hardship Index (index from 1-100)	+++	26	52	—
	Food Insecurity (% of households)	++	35	11.2%	10.4%
	Income Inequality (80/20 ratio)	++++	17	4.50	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+	46	25.3%	32.1%
	High School Graduation (% of students)	++++	10	89.0%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++++	6	7.6	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++++	18	14.0%	14.0%
	High-speed Internet (% of households)	++++	13	93.5%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	1	46	—
	Volunteerism (% ages 16+)	+++	28	34.2%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+++	28	59.8%	60.1%
	PHYSICAL ENVIRONMENT*				
++++ 14 0.190					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	39	8.4	7.8
	Drinking Water Violations (% of community water systems)	++++	1	0.0%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++	29	3,604,830	—
	Water Fluoridation (% of population served)	++++	19	85.9%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++	25	70.5%	67.8%
	Housing With Lead Risk (% of housing stock)	++++	20	13.4%	16.9%
	Severe Housing Problems (% of occupied housing units)	+++	27	14.5%	17.0%
CLINICAL CARE*					
++++ 15 0.437					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++++	11	7.4%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+	50	38.9	60.6
	Mental Health	+++	22	316.6	305.0
	Primary Care	++++	11	310.3	265.3
Preventive Clinical Services	Uninsured (% of population)	++++	13	5.7%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++++	9	77.2%	74.3%
	Dental Visit (% ages 18+)	++	32	64.5%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++++	8	77.1%	70.5%
	Flu Vaccination (% ages 18+)	+++	14	49.8%	46.5%
	HPV Vaccination (% ages 13-17)	++++	10	68.9%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	++++	20	84.9%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++	35	3,078	2,770
BEHAVIORS*					
++ 34 -0.208					
Nutrition and Physical Activity	Exercise (% ages 18+)	+++	22	23.8%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++	23	7.4%	7.4%
Sexual Health	Physical Inactivity (% ages 18+)	++	40	27.2%	23.7%
	Chlamydia (new cases per 100,000 population)	++	32	498.6	481.3
	High-risk HIV Behaviors (% ages 18+)	+	45	6.4%	5.6%
Sleep Health	Teen Births (births per 1,000 females ages 15-19)	+++	25	14.6	15.4
	Insufficient Sleep (% ages 18+)	++	31	33.2%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++++	12	6.1%	6.7%
	Smoking (% ages 18+)	+++	21	13.4%	14.4%
HEALTH OUTCOMES*					
++++ 16 0.219					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+	48	46.0	27.9
	Excessive Drinking (% ages 18+)	++++	10	14.3%	17.3%
	Frequent Mental Distress (% ages 18+)	++++	8	13.0%	14.7%
	Non-medical Drug Use (% ages 18+)	++++	16	14.2%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++	30	8,903	8,659
	Premature Death Racial Disparity (ratio)**	++++	11	1.3	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++	24	10.9%	10.9%
	Low Birthweight (% of live births)	++	36	8.9%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	20	1.9	2.0
	Multiple Chronic Conditions (% ages 18+)	+++	26	9.9%	9.6%
	Obesity (% ages 18+)	+++	23	33.9%	33.9%
OVERALL*					
++++ 20 0.177					

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.
 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 * Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

District of Columbia

Health Department Website: dchealth.dc.gov

DISTRICT OF COLUMBIA

Summary

Strengths:

- Low prevalence of obesity
- High adolescent HPV vaccination rate
- Low uninsured rate

Challenges:

- High prevalence of excessive drinking
- High prevalence of non-medical drug use
- High income inequality

Highlights:

FOOD INSECURITY

▼ **32%**

from 13.2% to 9.0% of households between 2013-2015 and 2019-2021.

PREMATURE DEATH

▲ **20%**

from 8,566 to 10,289 years lost before age 75 per 100,000 population between 2019 and 2020.

FOURTH GRADE READING PROFICIENCY

▼ **12%**

from 30.1% to 26.5% of fourth grade public school students between 2019 and 2022.

Measures

		D.C. Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*			
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	5.0	3.9
	Public Health Funding (dollars per person)	\$874	\$116
	Violent Crime (offenses per 100,000 population)	1,000	399
Economic Resources	Economic Hardship Index (index from 1-100)	—	—
	Food Insecurity (% of households)	9.0%	10.4%
	Income Inequality (80/20 ratio)	7.19	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	26.5%	32.1%
	High School Graduation (% of students)	68.9%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	33.0	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	12.8%	14.0%
	High-speed Internet (% of households)	91.3%	92.4%
	Residential Segregation — Black/White (index from 0-100)	69	—
	Volunteerism (% ages 16+)	40.7%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	72.6%	60.1%
PHYSICAL ENVIRONMENT*			
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	8.7	7.8
	Drinking Water Violations (% of community water systems)	—	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	39,035	—
	Water Fluoridation (% of population served)	100.0%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	25.6%	67.8%
	Housing With Lead Risk (% of housing stock)	33.2%	16.9%
	Severe Housing Problems (% of occupied housing units)	19.8%	17.0%
CLINICAL CARE*			
Access to Care	Avoided Care Due to Cost (% ages 18+)	6.5%	8.8%
	Providers (per 100,000 population)		
	Dental Care	106.0	60.6
	Mental Health	670.5	305.0
	Primary Care	546.4	265.3
	Uninsured (% of population)	3.7%	8.6%
Preventive Clinical Services	Colorectal Cancer Screening (% ages 50-75)	78.6%	74.3%
	Dental Visit (% ages 18+)	67.9%	66.7%
	Immunizations		
	Childhood Immunizations (% by age 24 months)	71.4%	70.5%
	Flu Vaccination (% ages 18+)	52.1%	46.5%
	HPV Vaccination (% ages 13-17)	79.4%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	85.5%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	3,340	2,770
BEHAVIORS*			
Nutrition and Physical Activity	Exercise (% ages 18+)	27.2%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	13.5%	7.4%
Sexual Health	Physical Inactivity (% ages 18+)	15.8%	23.7%
	Chlamydia (new cases per 100,000 population)	908.7	481.3
	High-risk HIV Behaviors (% ages 18+)	11.3%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	15.6	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	30.1%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	4.8%	6.7%
	Smoking (% ages 18+)	9.5%	14.4%
HEALTH OUTCOMES*			
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	67.5	27.9
	Excessive Drinking (% ages 18+)	25.1%	17.3%
	Frequent Mental Distress (% ages 18+)	14.2%	14.7%
	Non-medical Drug Use (% ages 18+)	23.6%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	10,289	8,659
	Premature Death Racial Disparity (ratio)**	5.4	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	7.4%	10.9%
	Low Birthweight (% of live births)	9.6%	8.2%
	Low Birthweight Racial Disparity (ratio)**	2.5	2.0
	Multiple Chronic Conditions (% ages 18+)	6.2%	9.6%
	Obesity (% ages 18+)	24.7%	33.9%

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

† Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodology, visit AmericasHealthRankings.org.

Florida

Overall Rank:
27

State Health Department Website: floridahealth.gov

FLORIDA

Summary

Strengths:

- Low racial disparity in premature death rates
- High reading proficiency among fourth grade public school students
- Low levels of air pollution

Challenges:

- Low supply of mental health providers
- High uninsured rate
- High percentage of households experiencing severe housing problems

Highlights:

DRUG DEATHS

▲52%
from 22.4 to 34.0 deaths per 100,000 population between 2018 and 2020.

FOOD INSECURITY

▼30%
from 14.1% to 9.9% of households between 2011-2013 and 2019-2021.

SUICIDE

▼13%
from 16.0 to 13.9 deaths per 100,000 population between 2018 and 2020.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
Rating: ++++ State Rank: 20 State Value: 0.146					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++	26	4.5	3.9
	Public Health Funding (dollars per person)	+	43	\$79	\$116
	Violent Crime (offenses per 100,000 population)	+++	26	384	399
Economic Resources	Economic Hardship Index (index from 1-100)	++	36	67	—
	Food Insecurity (% of households)	+++	22	9.9%	10.4%
	Income Inequality (80/20 ratio)	+++	28	4.70	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++++	2	39.0%	32.1%
	High School Graduation (% of students)	+++	20	87.2%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++++	17	12.4	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++++	13	12.7%	14.0%
	High-speed Internet (% of households)	+++	26	92.3%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+++++	17	61	—
	Volunteerism (% ages 16+)	+	48	26.3%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++	36	57.4%	60.1%
	PHYSICAL ENVIRONMENT*				
Rating: +++ State Rank: 26 State Value: 0.039					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	19	7.3	7.8
	Drinking Water Violations (% of community water systems)	++	40	1.3%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++	38	7,186,709	—
	Water Fluoridation (% of population served)	+++	24	77.8%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++	25	70.5%	67.8%
	Housing With Lead Risk (% of housing stock)	+++++	4	8.0%	16.9%
	Severe Housing Problems (% of occupied housing units)	+	45	18.8%	17.0%
CLINICAL CARE*					
Rating: + State Rank: 45 State Value: -0.884					
Access to Care	Avoided Care Due to Cost (% ages 18+)	—	—	—	8.8%
	Providers (per 100,000 population)				
	Dental Care	++	37	51.9	60.6
	Mental Health	+	42	201.7	305.0
	Primary Care	++++	20	288.6	265.3
Preventive Clinical Services	Uninsured (% of population)	+	46	12.1%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++++	17	75.7%	74.3%
	Dental Visit (% ages 18+)	++	39	61.2%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++	34	69.2%	70.5%
	Flu Vaccination (% ages 18+)	—	—	—	46.5%
	HPV Vaccination (% ages 13-17)	+	48	49.0%	61.7%
	Quality of Care				
Dedicated Health Care Provider (% ages 18+)	—	—	—	84.1%	
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+	41	3,182	2,770	
BEHAVIORS*					
Rating: +++ State Rank: 30 State Value: -0.047					
Nutrition and Physical Activity	Exercise (% ages 18+)	+++++	4	27.0%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	—	—	—	7.4%
	Physical Inactivity (% ages 18+)	—	—	—	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+++	24	465.7	481.3
	High-risk HIV Behaviors (% ages 18+)	+++	25	5.6%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+++	28	15.2	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+++	28	32.9%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	—	—	—	6.7%
	Smoking (% ages 18+)	—	—	—	14.4%
HEALTH OUTCOMES*					
Rating: ++++ State Rank: 17 State Value: 0.202					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++	35	34.0	27.9
	Excessive Drinking (% ages 18+)	—	—	—	17.3%
	Frequent Mental Distress (% ages 18+)	—	—	—	14.7%
	Non-medical Drug Use (% ages 18+)	++	37	17.0%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++	24	8,622	8,659
	Premature Death Racial Disparity (ratio)**	+++++	3	1.1	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	—	—	—	10.9%
	Low Birthweight (% of live births)	++	34	8.7%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++	26	2.0	2.0
	Multiple Chronic Conditions (% ages 18+)	—	—	—	9.6%
	Obesity (% ages 18+)	—	—	—	33.9%
OVERALL*					
Rating: +++ State Rank: 27 State Value: -0.044					

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 † Non-ranking measure.
 — Data not available, missing or suppressed.
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Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
—	41-50

Georgia

State Health Department Website: dph.georgia.gov

Overall Rank:
36

GEORGIA

Summary

Strengths:

- Low prevalence of excessive drinking
- Low percentage of household food insecurity
- Low Black/white residential segregation

Challenges:

- High premature death rate
- High uninsured rate
- High levels of air pollution

Highlights:

DRUG DEATHS

▲35%

from 13.2 to 17.8 deaths per 100,000 population between 2019 and 2020.

HPV VACCINATION

▲33%

from 45.7% to 60.9% of adolescents ages 13-17 between 2017 and 2021.

HIGH BLOOD PRESSURE

▲11%

from 33.1% to 36.6% of adults between 2017 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++ 27 -0.051					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++	33	5.5	3.9
	Public Health Funding (dollars per person)	++	35	\$107	\$116
	Violent Crime (offenses per 100,000 population)	+++	28	400	399
Economic Resources	Economic Hardship Index (index from 1-100)	+++	29	54	—
	Food Insecurity (% of households)	+++	22	9.9%	10.4%
	Income Inequality (80/20 ratio)	++	35	4.89	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++	27	31.5%	32.1%
	High School Graduation (% of students)	++	39	82.0%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++++	10	9.7	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++	21	14.9%	14.0%
	High-speed Internet (% of households)	+++	30	91.9%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	11	58	—
	Volunteerism (% ages 16+)	++	37	29.2%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+++	22	61.0%	60.1%
	PHYSICAL ENVIRONMENT*				
+++++ 10 0.266					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	33	8.2	7.8
	Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++	40	7,758,841	—
	Water Fluoridation (% of population served)	++++	6	95.2%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++	21	70.0%	67.8%
	Housing With Lead Risk (% of housing stock)	++++	5	8.7%	16.9%
	Severe Housing Problems (% of occupied housing units)	+++	30	15.5%	17.0%
CLINICAL CARE*					
+ 47 -1.01					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+	48	15.5%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+	46	43.5	60.6
	Mental Health	+	47	173.1	305.0
	Primary Care	++	39	243.9	265.3
Preventive Clinical Services	Uninsured (% of population)	+	48	12.6%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++	34	71.5%	74.3%
	Dental Visit (% ages 18+)	+	42	60.7%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+	47	65.5%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	+	47	37.9%	46.5%
	HPV Vaccination (% ages 13-17)	++	34	60.9%	61.7%
	Dedicated Health Care Provider (% ages 18+)	++	39	81.2%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+	43	3,255	2,770	
BEHAVIORS*					
++ 35 -0.294					
Nutrition and Physical Activity	Exercise (% ages 18+)	++++	18	24.1%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++++	11	8.9%	7.4%
	Physical Inactivity (% ages 18+)	+++	25	23.7%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+	45	589.4	481.3
	High-risk HIV Behaviors (% ages 18+)	++	37	6.1%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++	36	18.2	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+	45	35.8%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+	41	7.8%	6.7%
	Smoking (% ages 18+)	+++	29	15.0%	14.4%
HEALTH OUTCOMES*					
++ 31 -0.125					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	10	17.8	27.9
	Excessive Drinking (% ages 18+)	++++	15	16.0%	17.3%
	Frequent Mental Distress (% ages 18+)	+++	27	14.8%	14.7%
	Non-medical Drug Use (% ages 18+)	++	34	16.6%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++	37	9,528	8,659
	Premature Death Racial Disparity (ratio)**	++++	6	1.2	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++	28	11.3%	10.9%
	Low Birthweight (% of live births)	+	47	9.9%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++	26	2.0	2.0
	Multiple Chronic Conditions (% ages 18+)	+++	25	9.8%	9.6%
	Obesity (% ages 18+)	+++	23	33.9%	33.9%
OVERALL*					
++ 36 -0.244					

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* Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Hawaii

State Health Department Website: health.hawaii.gov

Overall Rank:
4

Summary

Strengths:

- Low prevalence of frequent mental distress
- Low prevalence of multiple chronic conditions
- Low prevalence of physical inactivity

Challenges:

- High prevalence of excessive drinking
- High economic hardship index score
- Low supply of primary care providers

Highlights:

SMOKING

▼ **28%**

from 14.1% to 10.1% of adults between 2015 and 2021.

HIGH CHOLESTEROL

▲ **17%**

from 29.9% to 34.9% of adults between 2019 and 2021.

HIGH-SPEED INTERNET

▲ **8%**

from 87.1% to 94.1% of households between 2016 and 2021.

HAWAII

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++++ 9 0.397					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++++	20	4.1	3.9
	Public Health Funding (dollars per person)	+++++	3	\$241	\$116
	Violent Crime (offenses per 100,000 population)	+++++	10	254	399
Economic Resources	Economic Hardship Index (index from 1-100)	+	43	81	—
	Food Insecurity (% of households)	++++	13	9.1%	10.4%
	Income Inequality (80/20 ratio)	++++	16	4.49	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++++	8	35.2%	32.1%
	High School Graduation (% of students)	+++	28	85.2%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++++	1	1.0	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++++	11	12.5%	14.0%
	High-speed Internet (% of households)	+++++	8	94.1%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	20	63	—
	Volunteerism (% ages 16+)	++	34	32.5%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+	47	54.2%	60.1%
	PHYSICAL ENVIRONMENT*				
+++ 28 -0.007					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	1	3.8	7.8
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++++	8	129,357	—
	Water Fluoridation (% of population served)	+	50	8.8%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++++	10	65.3%	67.8%
	Housing With Lead Risk (% of housing stock)	+++++	10	10.4%	16.9%
	Severe Housing Problems (% of occupied housing units)	+	50	26.2%	17.0%
CLINICAL CARE*					
+++++ 5 1.002					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++++	1	5.3%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++++	4	74.8	60.6
	Mental Health	+++	27	291.8	305.0
	Primary Care	++	36	253.6	265.3
Preventive Clinical Services	Uninsured (% of population)	+++++	3	3.9%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+++++	10	77.1%	74.3%
	Dental Visit (% ages 18+)	+++++	1	74.7%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+++	24	72.0%	70.5%
	Flu Vaccination (% ages 18+)	++++	20	47.3%	46.5%
	HPV Vaccination (% ages 13-17)	+++++	7	69.3%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	+++++	5	90.1%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+++++	1	1,411	2,770
BEHAVIORS*					
++++ 15 0.340					
Nutrition and Physical Activity	Exercise (% ages 18+)	++++	14	24.8%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++++	19	7.9%	7.4%
	Physical Inactivity (% ages 18+)	++++	6	20.0%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+++	30	494.7	481.3
	High-risk HIV Behaviors (% ages 18+)	+++++	10	5.0%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++++	17	13.0	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+	50	39.4%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++	33	7.3%	6.7%
	Smoking (% ages 18+)	+++++	3	10.1%	14.4%
HEALTH OUTCOMES*					
+++++ 1 0.953					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	14	19.6	27.9
	Excessive Drinking (% ages 18+)	++	34	18.2%	17.3%
	Frequent Mental Distress (% ages 18+)	+++++	1	10.7%	14.7%
	Non-medical Drug Use (% ages 18+)	+++	27	15.6%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++++	1	6,413	8,659
	Premature Death Racial Disparity (ratio)**	+++++	1	1.0	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++++	1	7.5%	10.9%
	Low Birthweight (% of live births)	+++	23	8.1%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++	26	2.0	2.0
	Multiple Chronic Conditions (% ages 18+)	+++++	1	5.6%	9.6%
	Obesity (% ages 18+)	+++++	1	25.0%	33.9%
OVERALL*					
+++++ 4 0.575					

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

† Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Idaho

State Health Department Website: healthandwelfare.idaho.gov

Overall Rank:
17

Summary

Strengths:

- Low premature death rate
- Low percentage of low birthweight infants
- Low prevalence of physical inactivity

Challenges:

- High Black/white residential segregation
- Low adult flu vaccination rate
- Low supply of primary care providers

Highlights:

E-CIGARETTE USE

▲61%

from 4.6% to 7.4% of adults between 2017 and 2021.

MENTAL HEALTH PROVIDERS

▲27%

from 193.6 to 246.3 per 100,000 population between 2017 and 2022.

UNINSURED

▼19%

from 10.8% to 8.8% of the population between 2019 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++ 26 -0.035					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++	23	4.3	3.9
	Public Health Funding (dollars per person)	++++	10	\$172	\$116
	Violent Crime (offenses per 100,000 population)	++++	9	243	399
Economic Resources	Economic Hardship Index (index from 1-100)	+++	29	54	—
	Food Insecurity (% of households)	+++	21	9.8%	10.4%
	Income Inequality (80/20 ratio)	++++	2	4.02	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++	25	31.9%	32.1%
	High School Graduation (% of students)	+	45	80.8%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++	25	14.6	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++	30	16.1%	14.0%
	High-speed Internet (% of households)	++++	17	93.0%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+	49	81	—
	Volunteerism (% ages 16+)	++++	16	36.8%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++	38	56.4%	60.1%
	PHYSICAL ENVIRONMENT*				
++ 36 -0.139					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	16	7.1	7.8
	Drinking Water Violations (% of community water systems)	+	42	1.8%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++++	10	216,444	—
	Water Fluoridation (% of population served)	+	46	31.7%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++	34	74.4%	67.8%
	Housing With Lead Risk (% of housing stock)	++++	17	12.2%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	19	13.8%	17.0%
CLINICAL CARE*					
+++ 30 -0.142					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++	28	9.2%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++	28	56.2	60.6
	Mental Health	++	33	246.3	305.0
	Primary Care	+	43	231.6	265.3
Preventive Clinical Services	Uninsured (% of population)	++	31	8.8%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+	45	67.9%	74.3%
	Dental Visit (% ages 18+)	+++	21	67.6%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+++	25	71.9%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	+	41	41.0%	46.5%
	HPV Vaccination (% ages 13-17)	++	31	61.6%	61.7%
	Dedicated Health Care Provider (% ages 18+)	++	34	82.7%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	2	1,521	2,770	
BEHAVIORS*					
++++ 16 0.307					
Nutrition and Physical Activity	Exercise (% ages 18+)	++	32	21.7%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+	44	5.4%	7.4%
	Physical Inactivity (% ages 18+)	++++	12	20.5%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++++	7	351.0	481.3
	High-risk HIV Behaviors (% ages 18+)	++++	16	5.3%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+++	25	14.6	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++++	8	29.3%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++	36	7.4%	6.7%
	Smoking (% ages 18+)	++++	18	13.3%	14.4%
HEALTH OUTCOMES*					
++++ 2 0.787					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	7	16.3	27.9
	Excessive Drinking (% ages 18+)	++++	15	16.0%	17.3%
	Frequent Mental Distress (% ages 18+)	+++	23	14.6%	14.7%
	Non-medical Drug Use (% ages 18+)	++++	4	9.3%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++++	10	7,145	8,659
	Premature Death Racial Disparity (ratio)**	++++	1	1.0	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++++	19	10.4%	10.9%
	Low Birthweight (% of live births)	++++	6	6.9%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	4	1.4	2.0
	Multiple Chronic Conditions (% ages 18+)	++++	16	9.0%	9.6%
	Obesity (% ages 18+)	++++	16	31.6%	33.9%
OVERALL*					
++++ 17 0.212					

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

† Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Illinois

State Health Department Website: dph.illinois.gov

Overall Rank:
26

Summary

Strengths:

- Low prevalence of frequent mental distress
- Low percentage of household food insecurity
- High adult flu vaccination rate

Challenges:

- High racial disparity in premature death rates
- High prevalence of physical inactivity
- High levels of air pollution

Highlights:

MENTAL HEALTH PROVIDERS

▲55%
from 193.8 to 300.4 per 100,000 population between 2017 and 2022.

DRUG DEATHS

▲28%
from 21.9 to 28.0 deaths per 100,000 population between 2019 and 2020.

SMOKING

▼23%
from 15.5% to 12.0% of adults between 2018 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++ 23 0.059					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++++	8	3.4	3.9
	Public Health Funding (dollars per person)	++	33	\$109	\$116
	Violent Crime (offenses per 100,000 population)	++	33	426	399
Economic Resources	Economic Hardship Index (index from 1-100)	++	31	55	—
	Food Insecurity (% of households)	+++++	15	9.4%	10.4%
	Income Inequality (80/20 ratio)	++	37	4.97	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++++	17	33.3%	32.1%
	High School Graduation (% of students)	+++	27	86.2%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++	24	14.3	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++++	11	12.5%	14.0%
	High-speed Internet (% of households)	+++	23	92.5%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+	44	74	—
	Volunteerism (% ages 16+)	+++++	16	36.8%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+++	25	60.7%	60.1%
	PHYSICAL ENVIRONMENT*				
++ 38 -0.193					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	48	9.8	7.8
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+	47	15,619,094	—
	Water Fluoridation (% of population served)	+++++	3	98.2%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++++	9	64.9%	67.8%
	Housing With Lead Risk (% of housing stock)	+	44	24.3%	16.9%
	Severe Housing Problems (% of occupied housing units)	++	34	16.1%	17.0%
CLINICAL CARE*					
+++ 24 -0.010					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++	31	9.8%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++++	6	71.0	60.6
	Mental Health	+++	25	300.4	305.0
	Primary Care	+++	28	270.4	265.3
Preventive Clinical Services	Uninsured (% of population)	+++	22	7.0%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+	43	69.3%	74.3%
	Dental Visit (% ages 18+)	++++	14	68.4%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++	31	70.6%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	+++++	10	50.1%	46.5%
	HPV Vaccination (% ages 13-17)	+++	26	62.2%	61.7%
	Dedicated Health Care Provider (% ages 18+)	+++	28	83.6%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+	44	3,280	2,770	
BEHAVIORS*					
++ 32 -0.089					
Nutrition and Physical Activity	Exercise (% ages 18+)	+++	23	23.4%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++	39	6.2%	7.4%
Sexual Health	Physical Inactivity (% ages 18+)	++	40	27.2%	23.7%
	Chlamydia (new cases per 100,000 population)	+	41	542.3	481.3
	High-risk HIV Behaviors (% ages 18+)	++	35	6.0%	5.6%
Sleep Health	Teen Births (births per 1,000 females ages 15-19)	+++	23	13.6	15.4
	Insufficient Sleep (% ages 18+)	++++	17	31.1%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++++	19	6.4%	6.7%
	Smoking (% ages 18+)	+++++	9	12.0%	14.4%
HEALTH OUTCOMES*					
++ 21 0.137					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+++	27	28.0	27.9
	Excessive Drinking (% ages 18+)	++++	17	16.1%	17.3%
	Frequent Mental Distress (% ages 18+)	+++++	7	12.9%	14.7%
	Non-medical Drug Use (% ages 18+)	+++++	8	12.1%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++	22	8,553	8,659
	Premature Death Racial Disparity (ratio)**	++	36	2.0	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++	22	10.8%	10.9%
	Low Birthweight (% of live births)	+++	27	8.3%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++	37	2.1	2.0
	Multiple Chronic Conditions (% ages 18+)	++++	15	8.8%	9.6%
	Obesity (% ages 18+)	+++	26	34.1%	33.9%
OVERALL*					
+++ 26 0.014					

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 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 † Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Indiana

State Health Department Website: in.gov/health

Overall Rank:
35

Summary

Strengths:

- Low income inequality
- Low prevalence of high-risk HIV behaviors
- Low percentage of households experiencing severe housing problems

Challenges:

- High prevalence of multiple chronic conditions
- High occupational fatality rate
- High prevalence of cigarette smoking

Highlights:

NON-MEDICAL DRUG USE

▲ 63%
from 9.9% to 16.1% of adults between 2021 and 2022.

FOOD INSECURITY

▼ 36%
from 15.2% to 9.7% of households between 2014-2016 and 2019-2021.

UNINSURED

▼ 14%
from 8.7% to 7.5% of the population between 2019 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++ 29 -0.067					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+	44	6.9	3.9
	Public Health Funding (dollars per person)	+	45	\$76	\$116
	Violent Crime (offenses per 100,000 population)	+++	24	358	399
Economic Resources	Economic Hardship Index (index from 1-100)	+++	27	53	—
	Food Insecurity (% of households)	++++	20	9.7%	10.4%
	Income Inequality (80/20 ratio)	+++++	7	4.23	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++++	19	32.9%	32.1%
	High School Graduation (% of students)	++++	20	87.2%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++++	16	12.2	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++	36	17.5%	14.0%
	High-speed Internet (% of households)	++	31	91.7%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++	38	70	—
	Volunteerism (% ages 16+)	++++	19	36.7%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+	44	55.2%	60.1%
	PHYSICAL ENVIRONMENT*				
++ 33 -0.111					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	46	9.0	7.8
	Drinking Water Violations (% of community water systems)	++	33	0.4%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+	41	9,176,364	—
	Water Fluoridation (% of population served)	+++++	10	92.4%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+	42	76.6%	67.8%
	Housing With Lead Risk (% of housing stock)	++	34	20.5%	16.9%
	Severe Housing Problems (% of occupied housing units)	+++++	7	12.3%	17.0%
CLINICAL CARE*					
++ 37 -0.387					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++	23	8.6%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+	41	49.8	60.6
	Mental Health	+	43	195.5	305.0
	Primary Care	++	33	260.7	265.3
Preventive Clinical Services	Uninsured (% of population)	+++	26	7.5%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++	36	71.2%	74.3%
	Dental Visit (% ages 18+)	++	35	63.0%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++	40	68.1%	70.5%
	Flu Vaccination (% ages 18+)	++	34	43.4%	46.5%
	HPV Vaccination (% ages 13-17)	+	44	55.2%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	+++	22	84.6%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++	37	3,129	2,770
BEHAVIORS*					
++ 37 -0.327					
Nutrition and Physical Activity	Exercise (% ages 18+)	++	34	21.1%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++++	16	8.7%	7.4%
Sexual Health	Physical Inactivity (% ages 18+)	++	37	25.9%	23.7%
	Chlamydia (new cases per 100,000 population)	++	31	495.7	481.3
	High-risk HIV Behaviors (% ages 18+)	++++	12	5.2%	5.6%
Sleep Health	Teen Births (births per 1,000 females ages 15-19)	++	37	18.7	15.4
	Insufficient Sleep (% ages 18+)	++	39	34.9%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+) [†]	+	43	8.1%	6.7%
	Smoking (% ages 18+)	+	41	17.3%	14.4%
HEALTH OUTCOMES*					
++ 37 -0.267					
Behavioral Health	Drug Deaths (deaths per 100,000 population) [‡]	++	38	35.2	27.9
	Excessive Drinking (% ages 18+)	+++	22	16.9%	17.3%
	Frequent Mental Distress (% ages 18+)	++	36	15.9%	14.7%
	Non-medical Drug Use (% ages 18+)	++	31	16.1%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++	39	10,155	8,659
	Premature Death Racial Disparity (ratio)**	++++	20	1.4	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++	28	11.3%	10.9%
	Low Birthweight (% of live births)	+++	23	8.1%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	20	1.9	2.0
	Multiple Chronic Conditions (% ages 18+)	++	38	11.9%	9.6%
	Obesity (% ages 18+)	++	38	36.3%	33.9%
OVERALL*					
++ 35 -0.221					

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 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 † Non-ranking measure.
 ‡ Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Iowa

State Health Department Website: idph.iowa.gov

Overall Rank:
15

Summary

Strengths:

- Low prevalence of frequent physical distress
- Low percentage of low birthweight infants
- Low uninsured rate

Challenges:

- High prevalence of excessive drinking
- High occupational fatality rate
- Low supply of mental health providers

Highlights:

FOOD INSECURITY

▼41%

from 11.9% to 7.0% of households between 2011-2013 and 2019-2021.

FREQUENT MENTAL DISTRESS

▲36%

from 10.2% to 13.9% of adults between 2018 and 2021.

PREMATURE DEATH

▲14%

from 6,868 to 7,803 years lost before age 75 per 100,000 population between 2019 and 2020.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
	+++++	6	0.491		
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++	35	5.6	3.9
	Public Health Funding (dollars per person)	++++	12	\$161	\$116
	Violent Crime (offenses per 100,000 population)	++++	17	304	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	14	40	—
	Food Insecurity (% of households)	+++++	2	7.0%	10.4%
	Income Inequality (80/20 ratio)	+++++	5	4.16	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++++	18	33.0%	32.1%
	High School Graduation (% of students)	+++++	2	91.6%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++	33	16.3	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++	23	15.4%	14.0%
	High-speed Internet (% of households)	++	32	91.5%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	20	63	—
	Volunteerism (% ages 16+)	+++	24	35.0%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	9	65.1%	60.1%
PHYSICAL ENVIRONMENT*					
		+++	23	0.060	
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	28	7.8	7.8
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++	25	2,884,505	—
	Water Fluoridation (% of population served)	++++	13	90.3%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++	34	74.4%	67.8%
	Housing With Lead Risk (% of housing stock)	+	46	25.5%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	3	11.7%	17.0%
CLINICAL CARE*					
		++++	13	0.531	
Access to Care	Avoided Care Due to Cost (% ages 18+)	++++	2	6.0%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++	26	56.9	60.6
	Mental Health	+	44	193.8	305.0
	Primary Care	++	31	266.5	265.3
	Uninsured (% of population)	+++++	6	4.8%	8.6%
Preventive Clinical Services	Colorectal Cancer Screening (% ages 50-75)	+++	23	74.3%	74.3%
	Dental Visit (% ages 18+)	++++	15	68.1%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++++	15	73.8%	70.5%
	Flu Vaccination (% ages 18+)	+++++	8	50.8%	46.5%
	HPV Vaccination (% ages 13-17)	++++	17	66.1%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	++++	19	85.5%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	17	2,395	2,770
BEHAVIORS*					
		++	31	-0.081	
Nutrition and Physical Activity	Exercise (% ages 18+)	++	40	20.0%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++	31	6.7%	7.4%
	Physical Inactivity (% ages 18+)	++	31	24.7%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+++	27	478.5	481.3
	High-risk HIV Behaviors (% ages 18+)	+++	25	5.6%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+++	21	13.3	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++++	15	30.6%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++++	19	6.4%	6.7%
	Smoking (% ages 18+)	+++	27	14.6%	14.4%
HEALTH OUTCOMES*					
		++++	19	0.197	
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+++++	3	14.2	27.9
	Excessive Drinking (% ages 18+)	+	46	21.1%	17.3%
	Frequent Mental Distress (% ages 18+)	++++	15	13.9%	14.7%
	Non-medical Drug Use (% ages 18+)	++++	18	14.4%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++++	18	7,803	8,659
	Premature Death Racial Disparity (ratio)**	+++	27	1.6	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++++	7	9.2%	10.9%
	Low Birthweight (% of live births)	+++++	6	6.9%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	20	1.9	2.0
	Multiple Chronic Conditions (% ages 18+)	++++	13	8.6%	9.6%
	Obesity (% ages 18+)	++	39	36.4%	33.9%
OVERALL*		++++	15	0.266	

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

* Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Kansas

State Health Department Website: kdheks.gov

Overall Rank:
31

KANSAS

Summary

Strengths:

- Low prevalence of frequent physical distress
- Low percentage of low birthweight infants
- Low Black/white residential segregation

Challenges:

- High prevalence of excessive drinking
- High occupational fatality rate
- High levels of air pollution

Highlights:

MENTAL HEALTH PROVIDERS

▲29%
from 181.4 to 234.1 per 100,000 population between 2017 and 2022.

ASTHMA

▲22%
from 8.7% to 10.6% of adults between 2015 and 2021.

FIREARM DEATHS

▲22%
from 14.0 to 17.1 deaths per 100,000 population between 2019 and 2020.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++ 25 -0.006					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+	41	6.0	3.9
	Public Health Funding (dollars per person)	++	39	\$87	\$116
	Violent Crime (offenses per 100,000 population)	++	32	425	399
Economic Resources	Economic Hardship Index (index from 1-100)	+++	25	51	—
	Food Insecurity (% of households)	+++	26	10.2%	10.4%
	Income Inequality (80/20 ratio)	++++	13	4.42	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++	34	30.5%	32.1%
	High School Graduation (% of students)	++++	20	87.2%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++++	19	13.3	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++	38	17.7%	14.0%
	High-speed Internet (% of households)	++++	20	92.6%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	16	60	—
	Volunteerism (% ages 16+)	+++	21	35.9%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	19	61.3%	60.1%
	PHYSICAL ENVIRONMENT*				
+ 44 -0.290					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	40	8.5	7.8
	Drinking Water Violations (% of community water systems)	+	41	1.7%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+	43	9,747,054	—
	Water Fluoridation (% of population served)	++	33	65.1%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++	34	74.4%	67.8%
	Housing With Lead Risk (% of housing stock)	++	35	20.6%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	8	12.5%	17.0%
CLINICAL CARE*					
+++ 28 -0.108					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++	32	9.9%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++	35	52.5	60.6
	Mental Health	++	36	234.1	305.0
	Primary Care	+++	26	277.9	265.3
Preventive Clinical Services	Uninsured (% of population)	++	33	9.2%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++	40	69.7%	74.3%
	Dental Visit (% ages 18+)	+++	22	67.3%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+++	27	71.2%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	+++	22	46.8%	46.5%
	HPV Vaccination (% ages 13-17)	+++	22	64.3%	61.7%
	Dedicated Health Care Provider (% ages 18+)	++++	16	85.9%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+++	26	2,691	2,770
	BEHAVIORS*				
++ 36 -0.312					
Nutrition and Physical Activity	Exercise (% ages 18+)	++	37	20.8%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++	33	6.5%	7.4%
Sexual Health	Physical Inactivity (% ages 18+)	+++	24	23.6%	23.7%
	Chlamydia (new cases per 100,000 population)	++	33	501.8	481.3
	High-risk HIV Behaviors (% ages 18+)	++	32	5.9%	5.6%
Sleep Health	Teen Births (births per 1,000 females ages 15-19)	++	34	18.1	15.4
	Insufficient Sleep (% ages 18+)	+++	23	32.0%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++	23	6.6%	6.7%
	Smoking (% ages 18+)	++	34	15.6%	14.4%
HEALTH OUTCOMES*					
+++ 27 -0.089					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	9	17.4	27.9
	Excessive Drinking (% ages 18+)	++	37	18.9%	17.3%
	Frequent Mental Distress (% ages 18+)	+++	30	15.2%	14.7%
	Non-medical Drug Use (% ages 18+)	+++	21	14.6%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++	28	8,826	8,659
	Premature Death Racial Disparity (ratio)**	+++	27	1.6	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++++	15	10.0%	10.9%
	Low Birthweight (% of live births)	++++	13	7.2%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+	47	2.2	2.0
	Multiple Chronic Conditions (% ages 18+)	+++	28	10.0%	9.6%
	Obesity (% ages 18+)	++	34	36.0%	33.9%
OVERALL*					
++ 31 -0.132					

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

* Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Kentucky

State Health Department Website: chfs.ky.gov/agencies/dph

Overall Rank:
43

KENTUCKY

Summary

Strengths:

- Low prevalence of excessive drinking
- High prevalence of having a dedicated health care provider
- High prevalence of fruit and vegetable consumption

Challenges:

- High premature death rate
- High percentage of household food insecurity
- High prevalence of cigarette smoking

Highlights:

DRUG DEATHS

▲104%
from 23.2 to 47.3 deaths per 100,000 population between 2013 and 2020.

UNINSURED

▼60%
from 14.3% to 5.7% of the population between 2013 and 2021.

FIREARM DEATHS

▲33%
from 15.3 to 20.3 deaths per 100,000 population between 2019 and 2020.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++ 39 -0.294					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++	38	5.9	3.9
	Public Health Funding (dollars per person)	++	31	\$110	\$116
	Violent Crime (offenses per 100,000 population)	++++	11	259	399
Economic Resources	Economic Hardship Index (index from 1-100)	++	40	77	—
	Food Insecurity (% of households)	+	42	12.3%	10.4%
	Income Inequality (80/20 ratio)	++	39	5.04	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++	29	31.1%	32.1%
	High School Graduation (% of students)	++++	4	90.6%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++++	8	8.9	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+	46	19.5%	14.0%
	High-speed Internet (% of households)	+	44	90.0%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	20	63	—
	Volunteerism (% ages 16+)	+	46	27.4%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+++	21	61.2%	60.1%
	PHYSICAL ENVIRONMENT*				
++++ 15 0.176					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	37	8.3	7.8
	Drinking Water Violations (% of community water systems)	++++	1	0.0%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++	31	4,278,582	—
	Water Fluoridation (% of population served)	++++	1	99.8%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+	41	76.4%	67.8%
	Housing With Lead Risk (% of housing stock)	+++	23	14.6%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	13	13.2%	17.0%
CLINICAL CARE*					
++ 31 -0.193					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++	25	8.8%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++	30	55.1	60.6
	Mental Health	+++	28	285.3	305.0
	Primary Care	++++	16	297.3	265.3
Preventive Clinical Services	Uninsured (% of population)	++++	13	5.7%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++++	20	75.4%	74.3%
	Dental Visit (% ages 18+)	+	49	57.2%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+++	22	72.6%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	+	42	40.7%	46.5%
	HPV Vaccination (% ages 13-17)	++	37	57.0%	61.7%
	Dedicated Health Care Provider (% ages 18+)	++++	13	86.3%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+	47	3,689	2,770
	BEHAVIORS*				
+ 46 -1.003					
Nutrition and Physical Activity	Exercise (% ages 18+)	+	49	15.3%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++++	11	8.9%	7.4%
	Physical Inactivity (% ages 18+)	+	45	30.5%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++++	16	419.7	481.3
	High-risk HIV Behaviors (% ages 18+)	+++	30	5.7%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+	45	23.8	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+	48	38.6%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+	48	9.3%	6.7%
	Smoking (% ages 18+)	+	45	19.6%	14.4%
HEALTH OUTCOMES*					
+ 45 -0.759					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+	49	47.3	27.9
	Excessive Drinking (% ages 18+)	++++	5	13.9%	17.3%
	Frequent Mental Distress (% ages 18+)	+	45	17.9%	14.7%
	Non-medical Drug Use (% ages 18+)	+	41	17.8%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+	46	11,942	8,659
	Premature Death Racial Disparity (ratio)**	++++	6	1.2	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+	48	15.3%	10.9%
	Low Birthweight (% of live births)	++	31	8.5%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	11	1.8	2.0
	Multiple Chronic Conditions (% ages 18+)	+	48	15.6%	9.6%
	Obesity (% ages 18+)	+	48	40.3%	33.9%
OVERALL*					
+ 43 -0.490					

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Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

* Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Louisiana

Overall Rank:
50

State Health Department Website: ldh.la.gov

LOUISIANA

Summary

Strengths:

- Low Black/white residential segregation
- High prevalence of having a dedicated health care provider
- High adolescent HPV vaccination rate

Challenges:

- High premature death rate
- High economic hardship index score
- High prevalence of physical inactivity

Highlights:

UNINSURED

▼57%
from 17.5% to 7.6% of the population between 2011 and 2021.

DRUG DEATHS

▲50%
from 27.5 to 41.2 deaths per 100,000 population between 2019 and 2020.

FOOD INSECURITY

▼21%
from 18.3% to 14.5% of households between 2014-2016 and 2019-2021.

Measures	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*				
	+	50	-1.151	
Community and Family Safety				
Occupational Fatalities (deaths per 100,000 workers)	++	36	5.7	3.9
Public Health Funding (dollars per person)	+++	23	\$126	\$116
Violent Crime (offenses per 100,000 population)	+	46	639	399
Economic Resources				
Economic Hardship Index (index from 1-100)	+	50	100	—
Food Insecurity (% of households)	+	48	14.5%	10.4%
Income Inequality (80/20 ratio)	+	49	5.76	4.96
Education				
Fourth Grade Reading Proficiency (% of public school students)	+	41	28.3%	32.1%
High School Graduation (% of students)	+	47	80.1%	85.8%
High School Graduation Racial Disparity (percentage point difference)**	++	38	18.8	15.1
Social Support and Engagement				
Adverse Childhood Experiences (% ages 0-17)	+	42	18.6%	14.0%
High-speed Internet (% of households)	+	46	88.8%	92.4%
Residential Segregation — Black/White (index from 0-100)	++++	11	58	—
Volunteerism (% ages 16+)	+	44	28.2%	33.4%
Voter Participation (% of U.S. citizens ages 18+)	+	41	55.9%	60.1%
PHYSICAL ENVIRONMENT*				
	+	48	-0.509	
Air and Water Quality				
Air Pollution (micrograms of fine particles per cubic meter)	+++	23	7.4	7.8
Drinking Water Violations (% of community water systems)	+	42	1.8%	0.8%
Risk-screening Environmental Indicator Score (unitless score)	+	46	15,462,048	—
Water Fluoridation (% of population served)	+	45	39.0%	73.0%
Housing and Transit				
Drive Alone to Work (% of workers ages 16+)	+	48	79.3%	67.8%
Housing With Lead Risk (% of housing stock)	++++	18	12.9%	16.9%
Severe Housing Problems (% of occupied housing units)	+++	30	15.5%	17.0%
CLINICAL CARE*				
	+	42	-0.705	
Access to Care				
Avoided Care Due to Cost (% ages 18+)	+	42	11.6%	8.8%
Providers (per 100,000 population)				
Dental Care	+	44	47.6	60.6
Mental Health	+++	26	295.4	305.0
Primary Care	++	39	243.9	265.3
Uninsured (% of population)	+++	27	7.6%	8.6%
Preventive Clinical Services				
Colorectal Cancer Screening (% ages 50-75)	+++	28	73.1%	74.3%
Dental Visit (% ages 18+)	+	45	59.1%	66.7%
Immunizations				
Childhood Immunizations (% by age 24 months)	+	49	64.3%	70.5%
Flu Vaccination (% ages 18+)	+	44	39.0%	46.5%
HPV Vaccination (% ages 13-17)	+++	23	63.9%	61.7%
Quality of Care				
Dedicated Health Care Provider (% ages 18+)	++++	18	85.6%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+	49	3,726	2,770
BEHAVIORS*				
	+	50	-1.469	
Nutrition and Physical Activity				
Exercise (% ages 18+)	+	42	19.7%	23.0%
Fruit and Vegetable Consumption (% ages 18+)	++	39	6.2%	7.4%
Physical Inactivity (% ages 18+)	+	44	29.4%	23.7%
Sexual Health				
Chlamydia (new cases per 100,000 population)	+	49	709.8	481.3
High-risk HIV Behaviors (% ages 18+)	+	50	7.3%	5.6%
Teen Births (births per 1,000 females ages 15-19)	+	48	25.7	15.4
Sleep Health				
Insufficient Sleep (% ages 18+)	+	46	36.0%	32.3%
Smoking and Tobacco Use				
E-cigarette Use (% ages 18+)*	+	45	9.0%	6.7%
Smoking (% ages 18+)	+	44	19.5%	14.4%
HEALTH OUTCOMES*				
	+	50	-1.109	
Behavioral Health				
Drug Deaths (deaths per 100,000 population)*	+	44	41.2	27.9
Excessive Drinking (% ages 18+)	++	37	18.9%	17.3%
Frequent Mental Distress (% ages 18+)	+	44	17.8%	14.7%
Non-medical Drug Use (% ages 18+)	+	42	18.2%	15.5%
Mortality				
Premature Death (years lost before age 75 per 100,000 population)	+	48	12,377	8,659
Premature Death Racial Disparity (ratio)**	++++	20	1.4	1.6
Physical Health				
Frequent Physical Distress (% ages 18+)	+	44	14.0%	10.9%
Low Birthweight (% of live births)	+	49	10.9%	8.2%
Low Birthweight Racial Disparity (ratio)**	++	37	2.1	2.0
Multiple Chronic Conditions (% ages 18+)	+	42	12.9%	9.6%
Obesity (% ages 18+)	+	43	38.6%	33.9%
OVERALL*	+	50	-1.073	

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 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 † Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Maine

State Health Department Website: maine.gov/dhhs

Overall Rank:
12

Summary

Strengths:

- Low racial disparity in premature death rates
- High prevalence of having a dedicated health care provider
- Low levels of air pollution

Challenges:

- High prevalence of multiple chronic conditions
- High Black/white residential segregation
- High prevalence of physical inactivity

Highlights:

FOOD INSECURITY

▼42%

from 16.4% to 9.5% of households between 2014-2016 and 2019-2021.

UNINSURED

▼29%

from 8.0% to 5.7% of the population between 2019 and 2021.

FREQUENT MENTAL DISTRESS

▲21%

from 12.6% to 15.2% of adults between 2020 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++++ 14 0.302					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++++	6	3.3	3.9
	Public Health Funding (dollars per person)	++++	16	\$151	\$116
	Violent Crime (offenses per 100,000 population)	++++	1	109	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	12	35	—
	Food Insecurity (% of households)	++++	16	9.5%	10.4%
	Income Inequality (80/20 ratio)	+++	23	4.62	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++	40	29.2%	32.1%
	High School Graduation (% of students)	++++	18	87.4%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++++	11	9.8	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++	39	17.9%	14.0%
	High-speed Internet (% of households)	++++	20	92.6%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+	46	75	—
	Volunteerism (% ages 16+)	++++	11	38.5%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	4	68.5%	60.1%
	PHYSICAL ENVIRONMENT*				
+++++ 5 0.370					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	6	5.1	7.8
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++++	7	115,447	—
	Water Fluoridation (% of population served)	+++	22	79.3%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++++	19	69.2%	67.8%
	Housing With Lead Risk (% of housing stock)	++	40	22.7%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	15	13.4%	17.0%
CLINICAL CARE*					
+++++ 7 0.860					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++++	13	7.6%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++	25	57.6	60.6
	Mental Health	+++++	4	539.8	305.0
	Primary Care	+++++	2	355.0	265.3
Preventive Clinical Services	Uninsured (% of population)	++++	13	5.7%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+++++	1	81.2%	74.3%
	Dental Visit (% ages 18+)	+++	24	66.7%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+++++	10	75.8%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	+++	12	50.0%	46.5%
	HPV Vaccination (% ages 13-17)	++	32	61.5%	61.7%
	Dedicated Health Care Provider (% ages 18+)	+++++	2	90.7%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	14	2,295	2,770	
BEHAVIORS*					
++++ 19 0.285					
Nutrition and Physical Activity	Exercise (% ages 18+)	++	38	20.2%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++	26	7.1%	7.4%
	Physical Inactivity (% ages 18+)	++	39	26.5%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+++++	3	257.8	481.3
	High-risk HIV Behaviors (% ages 18+)	+++++	4	4.7%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+++++	10	10.6	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+++	13	30.5%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++++	9	5.8%	6.7%
	Smoking (% ages 18+)	++	34	15.6%	14.4%
HEALTH OUTCOMES*					
++++ 18 0.201					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++	40	37.6	27.9
	Excessive Drinking (% ages 18+)	++	31	17.8%	17.3%
	Frequent Mental Distress (% ages 18+)	+++	30	15.2%	14.7%
	Non-medical Drug Use (% ages 18+)	++++	14	13.5%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++++	20	8,037	8,659
	Premature Death Racial Disparity (ratio)**	+++++	3	1.1	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++	32	11.7%	10.9%
	Low Birthweight (% of live births)	++++	17	7.5%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++++	1	1.3	2.0
	Multiple Chronic Conditions (% ages 18+)	+	43	13.1%	9.6%
	Obesity (% ages 18+)	++++	18	31.9%	33.9%
OVERALL*					
++++ 12 0.364					

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.
 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 * Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Maryland

State Health Department Website: health.maryland.gov

Overall Rank:

8

MARYLAND

Summary

Strengths:

- Low prevalence of frequent physical distress
- Low economic hardship index score
- Low prevalence of cigarette smoking

Challenges:

- High premature death rate
- High racial disparity in high school graduation rates
- High Black/white residential segregation

Highlights:

MENTAL HEALTH PROVIDERS

▲50%
from 219.3 to 328.1 per 100,000 population between 2017 and 2022.

FOOD INSECURITY

▼30%
from 12.5% to 8.7% of households between 2012-2014 and 2019-2021.

OBESITY

▲19%
from 28.9% to 34.3% of adults between 2015 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++++ 13 0.314					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++++	18	4.0	3.9
	Public Health Funding (dollars per person)	++++	18	\$136	\$116
	Violent Crime (offenses per 100,000 population)	+++	28	400	399
Economic Resources	Economic Hardship Index (index from 1-100)	+++++	9	31	—
	Food Insecurity (% of households)	++++	11	8.7%	10.4%
	Income Inequality (80/20 ratio)	+++	28	4.70	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++	32	30.6%	32.1%
	High School Graduation (% of students)	+++	23	86.9%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+	44	21.0	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++++	6	12.0%	14.0%
	High-speed Internet (% of households)	+++++	9	94.0%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+++	25	65	—
	Volunteerism (% ages 16+)	++++	15	37.0%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	13	63.9%	60.1%
	PHYSICAL ENVIRONMENT*				
+++++ 2 0.490					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	13	6.7	7.8
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++++	13	415,472	—
	Water Fluoridation (% of population served)	+++++	7	93.7%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++++	5	62.2%	67.8%
	Housing With Lead Risk (% of housing stock)	+++	27	17.0%	16.9%
	Severe Housing Problems (% of occupied housing units)	++	32	15.7%	17.0%
CLINICAL CARE*					
+++++ 10 0.561					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++	24	8.7%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++++	14	64.8	60.6
	Mental Health	++++	18	328.1	305.0
	Primary Care	+++	24	283.8	265.3
Preventive Clinical Services	Uninsured (% of population)	++++	16	6.1%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++++	14	76.6%	74.3%
	Dental Visit (% ages 18+)	+++	27	66.2%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++++	12	75.5%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	++++	14	49.8%	46.5%
	HPV Vaccination (% ages 13-17)	+++++	6	71.9%	61.7%
	Dedicated Health Care Provider (% ages 18+)	++++	11	87.3%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+++	21	2,592	2,770
	BEHAVIORS*				
	++++ 12 0.515				
Nutrition and Physical Activity	Exercise (% ages 18+)	+++	21	24.0%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++++	17	8.6%	7.4%
	Physical Inactivity (% ages 18+)	++++	16	21.7%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++	39	535.9	481.3
	High-risk HIV Behaviors (% ages 18+)	+++++	3	4.6%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++++	18	13.1	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++	34	33.6%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++++	1	4.5%	6.7%
	Smoking (% ages 18+)	++++	3	10.1%	14.4%
HEALTH OUTCOMES*					
+++++ 10 0.425					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+	46	45.0	27.9
	Excessive Drinking (% ages 18+)	++++	7	14.2%	17.3%
	Frequent Mental Distress (% ages 18+)	+++++	5	12.7%	14.7%
	Non-medical Drug Use (% ages 18+)	+++	23	15.0%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++	27	8,820	8,659
	Premature Death Racial Disparity (ratio)**	++++	20	1.4	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++++	3	8.5%	10.9%
	Low Birthweight (% of live births)	++	31	8.5%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	20	1.9	2.0
	Multiple Chronic Conditions (% ages 18+)	++++	8	8.2%	9.6%
	Obesity (% ages 18+)	+++	28	34.3%	33.9%
OVERALL*					
+++++ 8 0.437					

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 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 † Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Massachusetts

Overall Rank:
2

State Health Department Website: mass.gov/orgs/department-of-public-health

MASSACHUSETTS

Summary

Strengths:

- Low premature death rate
- High reading proficiency among fourth grade public school students
- Low uninsured rate

Challenges:

- High prevalence of excessive drinking
- High income inequality
- High percentage of housing with lead risk

Highlights:

NON-MEDICAL DRUG USE

▲68%
from 7.3% to 12.3% of adults between 2021 and 2022.

MENTAL HEALTH PROVIDERS

▲32%
from 547.3 to 722.2 per 100,000 population between 2017 and 2022.

SUICIDE

▼16%
from 10.4 to 8.7 deaths per 100,000 population between 2018 and 2020.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++++ 4 0.542					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++++	6	3.3	3.9
	Public Health Funding (dollars per person)	+++++	7	\$185	\$116
	Violent Crime (offenses per 100,000 population)	++++	18	309	399
Economic Resources	Economic Hardship Index (index from 1-100)	+++++	4	25	—
	Food Insecurity (% of households)	+++++	9	8.4%	10.4%
	Income Inequality (80/20 ratio)	+	48	5.68	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++++	1	42.6%	32.1%
	High School Graduation (% of students)	++++	15	88.0%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++	37	18.3	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++++	2	10.1%	14.0%
	High-speed Internet (% of households)	+++++	6	94.4%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+++	25	65	—
	Volunteerism (% ages 16+)	+++	29	33.6%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+++	23	60.9%	60.1%
	PHYSICAL ENVIRONMENT*				
++ 35 -0.136					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	19	7.3	7.8
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++	37	6,482,809	—
	Water Fluoridation (% of population served)	++	38	57.3%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++++	2	59.5%	67.8%
	Housing With Lead Risk (% of housing stock)	+	48	29.7%	16.9%
	Severe Housing Problems (% of occupied housing units)	++	39	17.1%	17.0%
CLINICAL CARE*					
+++++ 1 1.462					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++++	10	7.2%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++++	2	85.0	60.6
	Mental Health	+++++	1	722.2	305.0
	Primary Care	+++++	1	383.1	265.3
Preventive Clinical Services	Uninsured (% of population)	+++++	1	2.5%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+++++	2	81.1%	74.3%
	Dental Visit (% ages 18+)	+++++	3	73.3%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+++++	2	79.8%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	+++++	1	57.2%	46.5%
	HPV Vaccination (% ages 13-17)	+++++	2	75.0%	61.7%
	Dedicated Health Care Provider (% ages 18+)	+++++	3	90.2%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++	38	3,144	2,770
	BEHAVIORS*				
	+++++ 8 0.642				
Nutrition and Physical Activity	Exercise (% ages 18+)	+++	28	22.2%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++	21	7.6%	7.4%
	Physical Inactivity (% ages 18+)	+++	14	21.1%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+++++	10	361.3	481.3
	High-risk HIV Behaviors (% ages 18+)	+++	22	5.5%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+++++	1	6.1	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+++	17	31.1%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++++	2	4.7%	6.7%
	Smoking (% ages 18+)	+++++	5	10.6%	14.4%
HEALTH OUTCOMES*					
+++++ 3 0.740					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++	34	32.8	27.9
	Excessive Drinking (% ages 18+)	++	33	18.0%	17.3%
	Frequent Mental Distress (% ages 18+)	++++	11	13.2%	14.7%
	Non-medical Drug Use (% ages 18+)	++++	11	12.3%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++++	2	6,500	8,659
	Premature Death Racial Disparity (ratio)**	+++++	6	1.2	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++++	5	8.9%	10.9%
	Low Birthweight (% of live births)	++++	14	7.4%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	11	1.8	2.0
	Multiple Chronic Conditions (% ages 18+)	++++	16	9.0%	9.6%
	Obesity (% ages 18+)	+++++	3	27.4%	33.9%
OVERALL*					
+++++ 2 0.682					

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 † Non-ranking measure.
 — Data not available, missing or suppressed.
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Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Michigan

State Health Department Website: michigan.gov/mdhhs

Overall Rank:
29

MICHIGAN

Summary

Strengths:

- Low occupational fatality rate
- Low uninsured rate
- Low prevalence of physical inactivity

Challenges:

- High prevalence of frequent mental distress
- High percentage of household food insecurity
- High prevalence of cigarette smoking

Highlights:

MENTAL HEALTH PROVIDERS

▲ 38%
from 234.8 to 325.1 per 100,000 population between 2017 and 2022.

FIREARM DEATHS

▲ 20%
from 12.3 to 14.7 deaths per 100,000 population between 2019 and 2020.

EXCESSIVE DRINKING

▼ 14%
from 20.5% to 17.6% of adults between 2016 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++ 37 -0.265					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++++	15	3.8	3.9
	Public Health Funding (dollars per person)	++	40	\$83	\$116
	Violent Crime (offenses per 100,000 population)	+	41	478	399
Economic Resources	Economic Hardship Index (index from 1-100)	++	32	57	—
	Food Insecurity (% of households)	++	39	11.4%	10.4%
	Income Inequality (80/20 ratio)	+++	23	4.62	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+	41	28.3%	32.1%
	High School Graduation (% of students)	+	41	81.4%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++	26	14.7	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++++	19	14.2%	14.0%
	High-speed Internet (% of households)	+++	23	92.5%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+	44	74	—
	Volunteerism (% ages 16+)	+++	26	34.5%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	14	63.2%	60.1%
	PHYSICAL ENVIRONMENT*				
+++ 27 0.009					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	33	8.2	7.8
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++	34	5,480,160	—
	Water Fluoridation (% of population served)	++++	14	89.5%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++	30	72.5%	67.8%
	Housing With Lead Risk (% of housing stock)	++	39	21.8%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	19	13.8%	17.0%
CLINICAL CARE*					
++++ 12 0.537					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++++	16	7.9%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++++	13	67.6	60.6
	Mental Health	++++	19	325.1	305.0
	Primary Care	++++	14	302.2	265.3
Preventive Clinical Services	Uninsured (% of population)	++++	7	5.0%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++++	4	78.2%	74.3%
	Dental Visit (% ages 18+)	++++	12	69.2%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++++	17	73.3%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	++++	19	47.7%	46.5%
	HPV Vaccination (% ages 13-17)	++++	20	64.7%	61.7%
	Dedicated Health Care Provider (% ages 18+)	++++	8	89.1%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+	45	3,306	2,770
	BEHAVIORS*				
	+++ 23 0.097				
Nutrition and Physical Activity	Exercise (% ages 18+)	+++	24	23.3%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++++	7	9.6%	7.4%
Sexual Health	Physical Inactivity (% ages 18+)	+++	22	23.1%	23.7%
	Chlamydia (new cases per 100,000 population)	++++	18	448.3	481.3
	High-risk HIV Behaviors (% ages 18+)	++++	12	5.2%	5.6%
Sleep Health	Teen Births (births per 1,000 females ages 15-19)	+++	22	13.5	15.4
	Insufficient Sleep (% ages 18+)	++	38	34.2%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+) [†]	++	40	7.6%	6.7%
	Smoking (% ages 18+)	++	38	17.0%	14.4%
HEALTH OUTCOMES*					
++ 39 -0.302					
Behavioral Health	Drug Deaths (deaths per 100,000 population) [‡]	+++	28	28.1	27.9
	Excessive Drinking (% ages 18+)	+++	28	17.6%	17.3%
	Frequent Mental Distress (% ages 18+)	++	34	15.5%	14.7%
	Non-medical Drug Use (% ages 18+)	++++	13	12.6%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++	33	9,255	8,659
	Premature Death Racial Disparity (ratio)**	++	34	1.8	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++	37	11.9%	10.9%
	Low Birthweight (% of live births)	++	36	8.9%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++	37	2.1	2.0
	Multiple Chronic Conditions (% ages 18+)	++	36	11.6%	9.6%
	Obesity (% ages 18+)	+++	29	34.4%	33.9%
OVERALL*					
+++ 29 -0.054					

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 † Non-ranking measure.
 ‡ Data not available, missing or suppressed.
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Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Minnesota

State Health Department Website: health.state.mn.us

Overall Rank:

6

Summary

Strengths:

- Low prevalence of frequent physical distress
- Low percentage of household food insecurity
- Low uninsured rate

Challenges:

- High racial disparity in premature death rates
- High prevalence of excessive drinking
- Low prevalence of having a dedicated health care provider

Highlights:

DRUG DEATHS

▲63%
from 11.5 to 18.8 deaths per 100,000 population between 2018 and 2020.

SMOKING

▼30%
from 19.1% to 13.4% of adults between 2011 and 2021.

MULTIPLE CHRONIC CONDITIONS

▲19%
from 6.9% to 8.2% of adults between 2017 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++++ 5 0.499					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++++	4	3.2	3.9
	Public Health Funding (dollars per person)	++++	19	\$133	\$116
	Violent Crime (offenses per 100,000 population)	++++	13	278	399
Economic Resources	Economic Hardship Index (index from 1-100)	+++++	6	28	—
	Food Insecurity (% of households)	+++++	3	7.4%	10.4%
	Income Inequality (80/20 ratio)	+++++	8	4.25	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++	24	32.2%	32.1%
	High School Graduation (% of students)	++	36	83.7%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+	50	37.7	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++++	13	12.7%	14.0%
	High-speed Internet (% of households)	+++++	10	93.9%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+++	24	64	—
	Volunteerism (% ages 16+)	+++++	5	42.7%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+++++	1	70.5%	60.1%
	PHYSICAL ENVIRONMENT*				
+++++ 6 0.364					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	23	7.4	7.8
	Drinking Water Violations (% of community water systems)	++	39	1.1%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++++	15	1,358,683	—
	Water Fluoridation (% of population served)	+++++	2	98.8%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++++	15	66.5%	67.8%
	Housing With Lead Risk (% of housing stock)	++	31	19.0%	16.9%
	Severe Housing Problems (% of occupied housing units)	+++++	9	12.7%	17.0%
CLINICAL CARE*					
+++++ 9 0.645					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++++	4	6.6%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++++	14	64.8	60.6
	Mental Health	++++	20	320.2	305.0
	Primary Care	+++++	7	318.5	265.3
Preventive Clinical Services	Uninsured (% of population)	+++++	5	4.5%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++++	11	77.0%	74.3%
	Dental Visit (% ages 18+)	+++++	9	69.6%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++++	19	73.0%	70.5%
	Flu Vaccination (% ages 18+)	+++++	10	50.1%	46.5%
	HPV Vaccination (% ages 13-17)	+++++	18	65.7%	61.7%
	Quality of Care				
Dedicated Health Care Provider (% ages 18+)	++	36	82.2%	84.1%	
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	16	2,340	2,770	
BEHAVIORS*					
+++++ 4 0.848					
Nutrition and Physical Activity	Exercise (% ages 18+)	+++++	10	25.5%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++	22	7.5%	7.4%
	Physical Inactivity (% ages 18+)	++++	9	20.2%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++++	13	392.1	481.3
	High-risk HIV Behaviors (% ages 18+)	+++++	4	4.7%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+++++	5	9.1	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++++	2	27.0%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++++	8	5.7%	6.7%
	Smoking (% ages 18+)	+++	21	13.4%	14.4%
HEALTH OUTCOMES*					
+++++ 9 0.442					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	13	18.8	27.9
	Excessive Drinking (% ages 18+)	++	40	19.4%	17.3%
	Frequent Mental Distress (% ages 18+)	+++++	3	12.3%	14.7%
	Non-medical Drug Use (% ages 18+)	+++++	5	10.8%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++++	3	6,549	8,659
	Premature Death Racial Disparity (ratio)**	+	47	3.6	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++++	3	8.5%	10.9%
	Low Birthweight (% of live births)	+++++	3	6.7%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	11	1.8	2.0
	Multiple Chronic Conditions (% ages 18+)	+++++	8	8.2%	9.6%
	Obesity (% ages 18+)	++++	20	32.4%	33.9%
OVERALL*					
+++++ 6 0.563					

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 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 † Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Mississippi

State Health Department Website: msdh.ms.gov

Overall Rank:
49

MISSISSIPPI

Summary

Strengths:

- Low prevalence of excessive drinking
- Low Black/white residential segregation
- Low percentage of housing with lead risk

Challenges:

- High premature death rate
- High percentage of household food insecurity
- High prevalence of physical inactivity

Highlights:

DRUG DEATHS

▲50%
from 13.5 to 20.3 deaths per 100,000 population between 2019 and 2020.

OCCUPATIONAL FATALITIES

▼31%
from 9.8 to 6.8 deaths per 100,000 workers between 2014-2016 and 2018-2020.

HIGH-SPEED INTERNET

▲12%
from 76.2% to 85.2% of households between 2016 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+ 45 -0.522					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+	43	6.8	3.9
	Public Health Funding (dollars per person)	+++	30	\$114	\$116
	Violent Crime (offenses per 100,000 population)	++++	14	291	399
Economic Resources	Economic Hardship Index (index from 1-100)	+	48	99	—
	Food Insecurity (% of households)	+	50	15.3%	10.4%
	Income Inequality (80/20 ratio)	+	46	5.33	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++	32	30.6%	32.1%
	High School Graduation (% of students)	+++	29	85.0%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++++	4	6.5	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++	35	17.2%	14.0%
	High-speed Internet (% of households)	+	50	85.2%	92.4%
Engagement	Residential Segregation — Black/White (index from 0-100)	++++	3	52	—
	Volunteerism (% ages 16+)	+	47	26.6%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	17	62.3%	60.1%
PHYSICAL ENVIRONMENT*					
+ 47 -0.436					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	33	8.2	7.8
	Drinking Water Violations (% of community water systems)	+	48	6.3%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++++	16	1,647,155	—
	Water Fluoridation (% of population served)	++	35	60.7%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+	50	83.0%	67.8%
	Housing With Lead Risk (% of housing stock)	++++	11	10.7%	16.9%
	Severe Housing Problems (% of occupied housing units)	+++	29	14.6%	17.0%
CLINICAL CARE*					
+ 48 -1.124					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+	46	13.1%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+	47	43.1	60.6
	Mental Health	+	41	204.7	305.0
	Primary Care	++	34	259.0	265.3
Preventive Clinical Services	Uninsured (% of population)	+	45	11.9%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++	37	70.9%	74.3%
	Dental Visit (% ages 18+)	+	46	57.7%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+++	29	70.9%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	+	48	37.7%	46.5%
	HPV Vaccination (% ages 13-17)	+	50	32.7%	61.7%
	Dedicated Health Care Provider (% ages 18+)	+++	30	83.4%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)		+	48	3,714	2,770
	BEHAVIORS*				
+ 49 -1.465					
Nutrition and Physical Activity	Exercise (% ages 18+)	+	47	15.7%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+	48	4.1%	7.4%
Sexual Health	Physical Inactivity (% ages 18+)	+	48	30.9%	23.7%
	Chlamydia (new cases per 100,000 population)	+	50	803.7	481.3
	High-risk HIV Behaviors (% ages 18+)	++++	16	5.3%	5.6%
Sleep Health	Teen Births (births per 1,000 females ages 15-19)	+	50	27.9	15.4
	Insufficient Sleep (% ages 18+)	++	40	35.0%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++++	19	6.4%	6.7%
	Smoking (% ages 18+)	+	45	19.6%	14.4%
HEALTH OUTCOMES*					
+ 46 -0.795					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	16	20.3	27.9
	Excessive Drinking (% ages 18+)	++++	10	14.3%	17.3%
	Frequent Mental Distress (% ages 18+)	+++	25	14.7%	14.7%
	Non-medical Drug Use (% ages 18+)	+++	29	15.8%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+	50	13,781	8,659
	Premature Death Racial Disparity (ratio)**	++	34	1.8	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+	42	12.9%	10.9%
	Low Birthweight (% of live births)	+	50	11.8%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++	26	2.0	2.0
	Multiple Chronic Conditions (% ages 18+)	+	44	13.8%	9.6%
	Obesity (% ages 18+)	+	45	39.1%	33.9%
OVERALL*					
+ 49 -0.860					

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 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 † Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Missouri

State Health Department Website: health.mo.gov

Overall Rank:
39

MISSOURI

Summary

Strengths:

- High supply of primary care providers
- Low prevalence of high-risk HIV behaviors
- Low percentage of households experiencing severe housing problems

Challenges:

- High premature death rate
- High percentage of household food insecurity
- High prevalence of cigarette smoking

Highlights:

HPV VACCINATION

▲ 66%

from 35.8% to 59.3% of adolescents ages 13-17 between 2016 and 2021.

HIGH-SPEED INTERNET

▲ 9%

from 83.5% to 91.1% of households between 2016 and 2021.

OBESITY

▲ 9%

from 34.0% to 37.2% of adults between 2020 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++ 32 -0.164					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++	28	4.6	3.9
	Public Health Funding (dollars per person)	+	42	\$80	\$116
	Violent Crime (offenses per 100,000 population)	+	45	543	399
Economic Resources	Economic Hardship Index (index from 1-100)	+++	24	50	—
	Food Insecurity (% of households)	+	41	12.0%	10.4%
	Income Inequality (80/20 ratio)	++++	20	4.57	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++	35	30.3%	32.1%
	High School Graduation (% of students)	+++++	9	89.7%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++++	13	11.3	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++	34	17.0%	14.0%
	High-speed Internet (% of households)	++	39	91.1%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+	42	72	—
	Volunteerism (% ages 16+)	+++++	13	37.3%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+++	23	60.9%	60.1%
	PHYSICAL ENVIRONMENT*				
+++ 22 0.106					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	25	7.6	7.8
	Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++++	17	1,788,078	—
	Water Fluoridation (% of population served)	+++	26	75.6%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++	32	73.9%	67.8%
	Housing With Lead Risk (% of housing stock)	+++	30	17.9%	16.9%
	Severe Housing Problems (% of occupied housing units)	+++++	10	12.9%	17.0%
CLINICAL CARE*					
++ 33 -0.293					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++	39	11.0%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++	36	52.1	60.6
	Mental Health	++	35	238.9	305.0
	Primary Care	+++	23	284.3	265.3
Preventive Clinical Services	Uninsured (% of population)	++	35	9.4%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++	31	72.1%	74.3%
	Dental Visit (% ages 18+)	++	35	63.0%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++++	18	73.1%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	+++	28	45.5%	46.5%
	HPV Vaccination (% ages 13-17)	++	35	59.3%	61.7%
	Dedicated Health Care Provider (% ages 18+)	+++	24	84.1%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++	34	3,058	2,770	
BEHAVIORS*					
+ 42 -0.623					
Nutrition and Physical Activity	Exercise (% ages 18+)	+	45	17.1%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+	45	5.1%	7.4%
	Physical Inactivity (% ages 18+)	++	34	25.3%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++	37	518.4	481.3
	High-risk HIV Behaviors (% ages 18+)	++++	12	5.2%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++	39	18.8	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+++	30	33.0%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++	36	7.4%	6.7%
	Smoking (% ages 18+)	+	41	17.3%	14.4%
HEALTH OUTCOMES*					
+ 42 -0.578					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++	31	31.1	27.9
	Excessive Drinking (% ages 18+)	+++	29	17.7%	17.3%
	Frequent Mental Distress (% ages 18+)	++	37	16.2%	14.7%
	Non-medical Drug Use (% ages 18+)	+++	27	15.6%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++	40	10,247	8,659
	Premature Death Racial Disparity (ratio)**	++	32	1.7	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++	39	12.4%	10.9%
	Low Birthweight (% of live births)	++	34	8.7%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+	47	2.2	2.0
	Multiple Chronic Conditions (% ages 18+)	++	38	11.9%	9.6%
	Obesity (% ages 18+)	++	40	37.2%	33.9%
OVERALL*					
++ 39 -0.352					

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Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Montana

State Health Department Website: dphhs.mt.gov

Overall Rank:
28

MONTANA

Summary

Strengths:

- Low economic hardship index score
- Low prevalence of insufficient sleep
- Low prevalence of physical inactivity

Challenges:

- High prevalence of excessive drinking
- High Black/white residential segregation
- Low adolescent HPV vaccination rate

Highlights:

E-CIGARETTE USE

▲56%
from 3.9% to 6.1% of adults between 2017 and 2021.

OBESITY

▲35%
from 23.6% to 31.8% of adults between 2015 and 2021.

HIGH-SPEED INTERNET

▲10%
from 83.3% to 91.5% of households between 2016 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++ 34 -0.180					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++	25	4.4	3.9
	Public Health Funding (dollars per person)	++++	11	\$162	\$116
	Violent Crime (offenses per 100,000 population)	++	40	470	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	15	41	—
	Food Insecurity (% of households)	+++	30	10.4%	10.4%
	Income Inequality (80/20 ratio)	++++	18	4.51	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++++	14	33.7%	32.1%
	High School Graduation (% of students)	+++	24	86.6%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+	47	22.6	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+	48	21.9%	14.0%
	High-speed Internet (% of households)	++	32	91.5%	92.4%
Engagement	Residential Segregation — Black/White (index from 0-100)	+	50	84	—
	Volunteerism (% ages 16+)	++++	6	39.5%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	3	68.7%	60.1%
PHYSICAL ENVIRONMENT*					
+++ 29 -0.019					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	8	6.1	7.8
	Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++++	9	144,800	—
	Water Fluoridation (% of population served)	+	47	30.7%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++	28	71.3%	67.8%
	Housing With Lead Risk (% of housing stock)	+++	29	17.4%	16.9%
	Severe Housing Problems (% of occupied housing units)	+++	27	14.5%	17.0%
CLINICAL CARE*					
++ 32 -0.274					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++++	14	7.8%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++++	17	63.0	60.6
	Mental Health	++++	16	360.9	305.0
	Primary Care	+++	27	276.0	265.3
Preventive Clinical Services	Uninsured (% of population)	+++	30	8.2%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+	41	69.6%	74.3%
	Dental Visit (% ages 18+)	++	33	64.2%	66.7%
	Immunizations				
Quality of Care	Childhood Immunizations (% by age 24 months)	+	48	65.3%	70.5%
	Flu Vaccination (% ages 18+)	++	35	42.6%	46.5%
	HPV Vaccination (% ages 13-17)	+	46	52.6%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	++	40	80.2%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	7	1,814	2,770
BEHAVIORS*					
++++ 14 0.437					
Nutrition and Physical Activity	Exercise (% ages 18+)	++++	2	28.3%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++	27	7.0%	7.4%
Sexual Health	Physical Inactivity (% ages 18+)	+++	15	21.2%	23.7%
	Chlamydia (new cases per 100,000 population)	++++	12	386.7	481.3
	High-risk HIV Behaviors (% ages 18+)	++	37	6.1%	5.6%
Sleep Health	Teen Births (births per 1,000 females ages 15-19)	++++	20	13.2	15.4
	Insufficient Sleep (% ages 18+)	++++	7	28.9%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++++	12	6.1%	6.7%
	Smoking (% ages 18+)	+++	24	14.4%	14.4%
HEALTH OUTCOMES*					
++ 34 -0.175					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	6	15.4	27.9
	Excessive Drinking (% ages 18+)	+	48	22.3%	17.3%
	Frequent Mental Distress (% ages 18+)	+++	27	14.8%	14.7%
	Non-medical Drug Use (% ages 18+)	+++	21	14.6%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++	29	8,835	8,659
	Premature Death Racial Disparity (ratio)**	+	45	3.2	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++	36	11.8%	10.9%
	Low Birthweight (% of live births)	++++	18	7.7%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	1	1.3	2.0
	Multiple Chronic Conditions (% ages 18+)	++++	20	9.2%	9.6%
	Obesity (% ages 18+)	++++	17	31.8%	33.9%
OVERALL*					
+++ 28 -0.053					

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 — Data not available, missing or suppressed.
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Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Nebraska

State Health Department Website: dhhs.ne.gov

Overall Rank:
16

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- Low economic hardship index score
- High adult flu vaccination rate

Challenges:

- High racial disparity in premature death rates
- High prevalence of excessive drinking
- High percentage of household food insecurity

Highlights:

OBESITY

▲21%

from 29.6% to 35.9% of adults between 2013 and 2021.

FREQUENT MENTAL DISTRESS

▲16%

from 11.3% to 13.1% of adults between 2019 and 2021.

UNINSURED

▼14%

from 8.3% to 7.1% of the population between 2019 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++++ 16 0.283					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++	29	4.7	3.9
	Public Health Funding (dollars per person)	+++	26	\$122	\$116
	Violent Crime (offenses per 100,000 population)	+++	22	334	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	15	41	—
	Food Insecurity (% of households)	++	32	10.6%	10.4%
	Income Inequality (80/20 ratio)	++++	9	4.32	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++++	11	34.0%	32.1%
	High School Graduation (% of students)	++++	12	88.4%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+	45	21.5	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++++	15	13.3%	14.0%
	High-speed Internet (% of households)	++++	19	92.7%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+++	27	66	—
	Volunteerism (% ages 16+)	++++	3	45.9%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++	34	58.0%	60.1%
	PHYSICAL ENVIRONMENT*				
++++ 18 0.147					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	10	6.2	7.8
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++++	18	1,788,967	—
	Water Fluoridation (% of population served)	+++	30	71.6%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++	37	75.0%	67.8%
	Housing With Lead Risk (% of housing stock)	++	37	21.3%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	6	12.2%	17.0%
CLINICAL CARE*					
++++ 14 0.451					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++	26	9.1%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++++	12	67.7	60.6
	Mental Health	+++	24	306.0	305.0
	Primary Care	++++	18	293.9	265.3
Preventive Clinical Services	Uninsured (% of population)	+++	24	7.1%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+++	29	72.5%	74.3%
	Dental Visit (% ages 18+)	++++	15	68.1%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++++	5	77.7%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	++++	6	50.9%	46.5%
	HPV Vaccination (% ages 13-17)	+++	29	61.9%	61.7%
	Dedicated Health Care Provider (% ages 18+)	++++	17	85.7%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	15	2,335	2,770	
BEHAVIORS*					
+++ 21 0.262					
Nutrition and Physical Activity	Exercise (% ages 18+)	++	35	20.9%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++	29	6.9%	7.4%
Sexual Health	Physical Inactivity (% ages 18+)	+++	27	24.2%	23.7%
	Chlamydia (new cases per 100,000 population)	+++	23	457.2	481.3
	High-risk HIV Behaviors (% ages 18+)	++++	7	4.8%	5.6%
Sleep Health	Teen Births (births per 1,000 females ages 15-19)	+++	27	15.1	15.4
	Insufficient Sleep (% ages 18+)	++++	4	28.2%	32.3%
	E-cigarette Use (% ages 18+)*	+++	25	6.7%	6.7%
Smoking and Tobacco Use	Smoking (% ages 18+)	+++	21	13.4%	14.4%
HEALTH OUTCOMES*					
+++ 24 0.088					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	2	11.4	27.9
	Excessive Drinking (% ages 18+)	+	44	20.6%	17.3%
	Frequent Mental Distress (% ages 18+)	++++	10	13.1%	14.7%
	Non-medical Drug Use (% ages 18+)	++++	12	12.4%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++++	14	7,539	8,659
	Premature Death Racial Disparity (ratio)**	+	42	2.5	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++++	7	9.2%	10.9%
	Low Birthweight (% of live births)	++++	14	7.4%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++	37	2.1	2.0
	Multiple Chronic Conditions (% ages 18+)	++++	7	8.0%	9.6%
	Obesity (% ages 18+)	++	33	35.9%	33.9%
OVERALL*					
++++ 16 0.242					

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 † Non-ranking measure.
 — Data not available, missing or suppressed.
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Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Nevada

State Health Department Website: dhs.nv.gov

Overall Rank:
42

NEVADA

Summary

Strengths:

- Low prevalence of excessive drinking
- Low occupational fatality rate
- Low Black/white residential segregation

Challenges:

- High prevalence of non-medical drug use
- High economic hardship index score
- Low prevalence of having a dedicated health care provider

Highlights:

FREQUENT MENTAL DISTRESS

▲34%
from 13.1% to 17.6% of adults between 2018 and 2021.

HOUSEHOLDS BELOW THE POVERTY LEVEL

▲13%
from 12.2% to 13.8% of households between 2017 and 2021.

HIGH-SPEED INTERNET

▲10%
from 84.0% to 92.5% of households between 2016 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+ 41 -0.338					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++++	10	3.6	3.9
	Public Health Funding (dollars per person)	+	49	\$72	\$116
	Violent Crime (offenses per 100,000 population)	++	39	460	399
Economic Resources	Economic Hardship Index (index from 1-100)	+	47	88	—
	Food Insecurity (% of households)	+++	26	10.2%	10.4%
	Income Inequality (80/20 ratio)	+++	25	4.67	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+	45	26.9%	32.1%
	High School Graduation (% of students)	++	33	84.1%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++	29	15.1	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++	25	15.5%	14.0%
	High-speed Internet (% of households)	+++	23	92.5%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	5	53	—
	Volunteerism (% ages 16+)	+	49	25.8%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+	46	55.1%	60.1%
PHYSICAL ENVIRONMENT*					
+++ 24 0.059					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	47	9.6	7.8
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++++	14	515,447	—
	Water Fluoridation (% of population served)	+++	27	75.0%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++	23	70.4%	67.8%
	Housing With Lead Risk (% of housing stock)	++++	1	4.8%	16.9%
	Severe Housing Problems (% of occupied housing units)	+	44	18.5%	17.0%
CLINICAL CARE*					
+ 46 -1.003					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+	45	12.7%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++	32	54.4	60.6
	Mental Health	++	32	249.8	305.0
	Primary Care	+	50	205.1	265.3
	Uninsured (% of population)	+	44	11.6%	8.6%
Preventive Clinical Services	Colorectal Cancer Screening (% ages 50-75)	++	32	71.9%	74.3%
	Dental Visit (% ages 18+)	+	41	60.8%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+	42	67.5%	70.5%
	Flu Vaccination (% ages 18+)	+	46	38.3%	46.5%
	HPV Vaccination (% ages 13-17)	++	40	56.5%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	+	47	74.6%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+++	25	2,679	2,770
BEHAVIORS*					
++ 39 -0.475					
Nutrition and Physical Activity	Exercise (% ages 18+)	++	40	20.0%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+	43	5.7%	7.4%
	Physical Inactivity (% ages 18+)	+++	27	24.2%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+++	27	478.5	481.3
	High-risk HIV Behaviors (% ages 18+)	++	32	5.9%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+++	30	16.8	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+	42	35.1%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++	29	7.0%	6.7%
	Smoking (% ages 18+)	++	32	15.5%	14.4%
HEALTH OUTCOMES*					
++ 38 -0.278					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+++	25	26.4	27.9
	Excessive Drinking (% ages 18+)	++++	7	14.2%	17.3%
	Frequent Mental Distress (% ages 18+)	+	43	17.6%	14.7%
	Non-medical Drug Use (% ages 18+)	+	49	23.0%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++	31	8,927	8,659
	Premature Death Racial Disparity (ratio)**	++++	11	1.3	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+	44	14.0%	10.9%
	Low Birthweight (% of live births)	++	40	9.0%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	11	1.8	2.0
	Multiple Chronic Conditions (% ages 18+)	++	31	10.2%	9.6%
	Obesity (% ages 18+)	++++	14	31.3%	33.9%
OVERALL*					
+ 42 -0.410					

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.
 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 † Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

New Hampshire

Overall Rank:

1

State Health Department Website: dhs.nh.gov

Summary

Strengths:

- Low premature death rate
- Low percentage of household food insecurity
- Low income inequality

Challenges:

- High prevalence of excessive drinking
- High Black/white residential segregation
- Low percentage of community water supply with fluoridated water

Highlights:

SMOKING

▼ **32%**

from 18.0% to 12.3% of adults between 2016 and 2021.

UNINSURED

▼ **19%**

from 6.3% to 5.1% of the population between 2019 and 2021.

DEPRESSION

▲ **17%**

from 20.0% to 23.4% of adults between 2019 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++++ 1 0.868					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++++	9	3.5	3.9
	Public Health Funding (dollars per person)	+++	29	\$119	\$116
	Violent Crime (offenses per 100,000 population)	+++++	2	146	399
Economic Resources	Economic Hardship Index (index from 1-100)	+++++	1	1	—
	Food Insecurity (% of households)	+++++	1	5.4%	10.4%
	Income Inequality (80/20 ratio)	+++++	3	4.08	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++++	6	37.0%	32.1%
	High School Graduation (% of students)	+++	12	88.4%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++	23	13.5	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++	25	15.5%	14.0%
	High-speed Internet (% of households)	+++++	3	94.7%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++	34	68	—
	Volunteerism (% ages 16+)	+++++	19	36.7%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+++++	9	65.1%	60.1%
	PHYSICAL ENVIRONMENT*				
++++ 12 0.214					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	2	4.6	7.8
	Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++++	6	63,954	—
	Water Fluoridation (% of population served)	+	44	46.7%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++	21	70.0%	67.8%
	Housing With Lead Risk (% of housing stock)	++	33	20.0%	16.9%
	Severe Housing Problems (% of occupied housing units)	+++	22	13.9%	17.0%
CLINICAL CARE*					
+++++ 4 1.053					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++++	7	6.9%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++++	19	62.3	60.6
	Mental Health	+++++	15	371.3	305.0
	Primary Care	+++++	5	329.9	265.3
Preventive Clinical Services	Uninsured (% of population)	+++++	8	5.1%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+++++	5	77.8%	74.3%
	Dental Visit (% ages 18+)	+++++	8	69.7%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+++++	4	78.6%	70.5%
	Flu Vaccination (% ages 18+)	+++++	4	53.3%	46.5%
	HPV Vaccination (% ages 13-17)	+++++	4	72.3%	61.7%
	Quality of Care				
Dedicated Health Care Provider (% ages 18+)	+++++	1	90.9%	84.1%	
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	20	2,527	2,770	
BEHAVIORS*					
+++++ 1 1.083					
Nutrition and Physical Activity	Exercise (% ages 18+)	+++++	5	26.4%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++++	4	11.1%	7.4%
	Physical Inactivity (% ages 18+)	+++++	6	20.0%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+++++	2	215.6	481.3
	High-risk HIV Behaviors (% ages 18+)	+++	25	5.6%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+++++	2	6.6	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++++	11	30.1%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++++	3	4.9%	6.7%
	Smoking (% ages 18+)	++++	12	12.3%	14.4%
HEALTH OUTCOMES*					
+++++ 6 0.570					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+++	29	28.9	27.9
	Excessive Drinking (% ages 18+)	+++	24	17.0%	17.3%
	Frequent Mental Distress (% ages 18+)	+++	23	14.6%	14.7%
	Non-medical Drug Use (% ages 18+)	+++++	10	12.2%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++++	4	6,705	8,659
	Premature Death Racial Disparity (ratio)**	—	—	—	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++++	11	9.6%	10.9%
	Low Birthweight (% of live births)	+++++	5	6.8%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++++	6	1.6	2.0
	Multiple Chronic Conditions (% ages 18+)	++	32	10.3%	9.6%
	Obesity (% ages 18+)	++++	12	30.6%	33.9%
OVERALL*	+++++	1	0.799		

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

* Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

New Jersey

State Health Department Website: nj.gov/health/

Overall Rank:
13

NEW JERSEY

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- Low percentage of household food insecurity
- Low occupational fatality rate

Challenges:

- High income inequality
- Low supply of primary care providers
- High percentage of households experiencing severe housing problems

Highlights:

PREMATURE DEATH

▲24%
from 6,239 to 7,759 years lost before age 75 per 100,000 population between 2019 and 2020.

DEPRESSION

▲15%
from 15.2% to 17.5% of adults between 2020 and 2021.

UNINSURED

▼9%
from 7.9% to 7.2% of the population between 2019 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++++ 2 0.573					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++++	2	2.8	3.9
	Public Health Funding (dollars per person)	++	31	\$110	\$116
	Violent Crime (offenses per 100,000 population)	+++++	5	195	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	18	46	—
	Food Insecurity (% of households)	+++++	8	8.3%	10.4%
	Income Inequality (80/20 ratio)	+	41	5.19	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++++	4	38.0%	32.1%
	High School Graduation (% of students)	+++++	4	90.6%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++++	14	11.6	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++++	3	10.9%	14.0%
	High-speed Internet (% of households)	++++	11	93.8%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++	34	68	—
	Volunteerism (% ages 16+)	+	41	28.5%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+++++	7	66.2%	60.1%
	PHYSICAL ENVIRONMENT*				
+ 50 -0.666					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	28	7.8	7.8
	Drinking Water Violations (% of community water systems)	+	49	8.9%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++	23	2,734,029	—
	Water Fluoridation (% of population served)	+	49	16.2%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++++	3	59.9%	67.8%
	Housing With Lead Risk (% of housing stock)	+	41	23.3%	16.9%
	Severe Housing Problems (% of occupied housing units)	+	46	20.2%	17.0%
CLINICAL CARE*					
+++ 29 -0.134					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++	26	9.1%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++++	9	70.2	60.6
	Mental Health	+++	29	275.9	305.0
	Primary Care	+	46	217.4	265.3
Preventive Clinical Services	Uninsured (% of population)	+++	25	7.2%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++	32	71.9%	74.3%
	Dental Visit (% ages 18+)	++++	15	68.1%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++	37	68.7%	70.5%
	Flu Vaccination (% ages 18+)	+++	26	46.3%	46.5%
	HPV Vaccination (% ages 13-17)	+	45	54.8%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	+++	21	84.7%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+++	30	2,885	2,770
BEHAVIORS*					
+++++ 7 0.667					
Nutrition and Physical Activity	Exercise (% ages 18+)	—	—	—	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++++	3	11.4%	7.4%
	Physical Inactivity (% ages 18+)	+++	26	24.1%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+++++	8	356.3	481.3
	High-risk HIV Behaviors (% ages 18+)	++++	18	5.4%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+++++	6	9.2	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+++	25	32.3%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+) [†]	+++++	10	6.0%	6.7%
	Smoking (% ages 18+)	+++++	6	10.7%	14.4%
HEALTH OUTCOMES*					
+++++ 7 0.520					
Behavioral Health	Drug Deaths (deaths per 100,000 population) [‡]	++	32	31.7	27.9
	Excessive Drinking (% ages 18+)	++++	13	15.7%	17.3%
	Frequent Mental Distress (% ages 18+)	++++	12	13.3%	14.7%
	Non-medical Drug Use (% ages 18+)	+++++	8	12.1%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++++	16	7,759	8,659
	Premature Death Racial Disparity (ratio)**	+++	27	1.6	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++++	17	10.1%	10.9%
	Low Birthweight (% of live births)	++++	18	7.7%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++	37	2.1	2.0
	Multiple Chronic Conditions (% ages 18+)	+++++	5	7.8%	9.6%
	Obesity (% ages 18+)	+++++	5	28.2%	33.9%
OVERALL*					
++++ 13 0.349					

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Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

† Non-ranking measure.

‡ Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

New Mexico

Overall Rank:
40

State Health Department Website: nmhealth.org

Summary

Strengths:

- Low prevalence of excessive drinking
- High supply of mental health providers
- Low levels of air pollution

Challenges:

- High premature death rate
- High economic hardship index score
- Low reading proficiency among fourth grade public school students

Highlights:

FOOD INSECURITY

▼ **36%**

from 17.9% to 11.5% of households between 2015-2017 and 2019-2021.

DRUG DEATHS

▲ **30%**

from 29.5 to 38.3 deaths per 100,000 population between 2019 and 2020.

OBESITY

▲ **12%**

from 30.9% to 34.6% of adults between 2020 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*				
Community and Family Safety				
Occupational Fatalities (deaths per 100,000 workers)	+	48	8.1	3.9
Public Health Funding (dollars per person)	++++	2	\$265	\$116
Violent Crime (offenses per 100,000 population)	+	49	778	399
Economic Resources				
Economic Hardship Index (index from 1-100)	+	48	99	—
Food Insecurity (% of households)	++	40	11.5%	10.4%
Income Inequality (80/20 ratio)	+	47	5.43	4.96
Education				
Fourth Grade Reading Proficiency (% of public school students)	+	50	21.0%	32.1%
High School Graduation (% of students)	+	50	75.1%	85.8%
High School Graduation Racial Disparity (percentage point difference)**	++++	15	12.0	15.1
Social Support and Engagement				
Adverse Childhood Experiences (% ages 0-17)	+	50	24.7%	14.0%
High-speed Internet (% of households)	+	49	86.4%	92.4%
Residential Segregation — Black/White (index from 0-100)	++++	6	54	—
Volunteerism (% ages 16+)	++	36	30.4%	33.4%
Voter Participation (% of U.S. citizens ages 18+)	+	43	55.4%	60.1%
PHYSICAL ENVIRONMENT*				
Air and Water Quality				
Air Pollution (micrograms of fine particles per cubic meter)	++++	13	6.7	7.8
Drinking Water Violations (% of community water systems)	+	45	2.9%	0.8%
Risk-screening Environmental Indicator Score (unitless score)	++++	4	16,593	—
Water Fluoridation (% of population served)	++	25	76.7%	73.0%
Housing and Transit				
Drive Alone to Work (% of workers ages 16+)	+++	29	72.2%	67.8%
Housing With Lead Risk (% of housing stock)	++++	14	11.3%	16.9%
Severe Housing Problems (% of occupied housing units)	++	38	16.7%	17.0%
CLINICAL CARE*				
Access to Care				
Avoided Care Due to Cost (% ages 18+)	+++	22	8.5%	8.8%
Providers (per 100,000 population)				
Dental Care	+++	23	59.5	60.6
Mental Health	++++	11	434.8	305.0
Primary Care	+++	29	268.7	265.3
Uninsured (% of population)	++	38	10.0%	8.6%
Preventive Clinical Services				
Colorectal Cancer Screening (% ages 50-75)	+	44	68.8%	74.3%
Dental Visit (% ages 18+)	++	34	63.7%	66.7%
Immunizations				
Childhood Immunizations (% by age 24 months)	+	43	67.1%	70.5%
Flu Vaccination (% ages 18+)	+++	29	44.8%	46.5%
HPV Vaccination (% ages 13-17)	++	36	57.9%	61.7%
Quality of Care				
Dedicated Health Care Provider (% ages 18+)	+	49	74.1%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	9	1,879	2,770
BEHAVIORS*				
Nutrition and Physical Activity				
Exercise (% ages 18+)	++++	8	25.7%	23.0%
Fruit and Vegetable Consumption (% ages 18+)	++	39	6.2%	7.4%
Physical Inactivity (% ages 18+)	+++	21	23.0%	23.7%
Sexual Health				
Chlamydia (new cases per 100,000 population)	+	44	576.3	481.3
High-risk HIV Behaviors (% ages 18+)	++++	18	5.4%	5.6%
Teen Births (births per 1,000 females ages 15-19)	+	41	21.9	15.4
Sleep Health				
Insufficient Sleep (% ages 18+)	++++	13	30.5%	32.3%
Smoking and Tobacco Use				
E-cigarette Use (% ages 18+)*	++	33	7.3%	6.7%
Smoking (% ages 18+)	++++	18	13.3%	14.4%
HEALTH OUTCOMES*				
Behavioral Health				
Drug Deaths (deaths per 100,000 population)*	+	41	38.3	27.9
Excessive Drinking (% ages 18+)	++++	6	14.1%	17.3%
Frequent Mental Distress (% ages 18+)	+++	22	14.5%	14.7%
Non-medical Drug Use (% ages 18+)	++++	6	11.0%	15.5%
Mortality				
Premature Death (years lost before age 75 per 100,000 population)	+	45	11,896	8,659
Premature Death Racial Disparity (ratio)**	++	38	2.1	1.6
Physical Health				
Frequent Physical Distress (% ages 18+)	++	31	11.5%	10.9%
Low Birthweight (% of live births)	++	36	8.9%	8.2%
Low Birthweight Racial Disparity (ratio)**	++++	20	1.9	2.0
Multiple Chronic Conditions (% ages 18+)	+++	26	9.9%	9.6%
Obesity (% ages 18+)	+++	30	34.6%	33.9%
OVERALL*	++	40	-0.407	

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Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

* Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

New York

State Health Department Website: health.ny.gov

Overall Rank:
23

NEW YORK

Summary

Strengths:

- Low prevalence of frequent mental distress
- Low prevalence of multiple chronic conditions
- Low uninsured rate

Challenges:

- High income inequality
- High Black/white residential segregation
- High percentage of households experiencing severe housing problems

Highlights:

PREMATURE DEATH

▲31%
from 5,825 to 7,651 years lost before age 75 per 100,000 population between 2019 and 2020.

EXCESSIVE DRINKING

▼13%
from 18.8% to 16.4% of adults between 2017 and 2021.

OBESITY

▲11%
from 26.3% to 29.1% of adults between 2020 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+ 43 -0.384					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++++	1	2.7	3.9
	Public Health Funding (dollars per person)	+++++	6	\$193	\$116
	Violent Crime (offenses per 100,000 population)	+++	25	364	399
Economic Resources	Economic Hardship Index (index from 1-100)	++	38	74	—
	Food Insecurity (% of households)	+++	28	10.3%	10.4%
	Income Inequality (80/20 ratio)	+	50	5.82	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++	39	29.6%	32.1%
	High School Graduation (% of students)	++	37	82.8%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+	41	20.2	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++++	1	9.8%	14.0%
	High-speed Internet (% of households)	+++	27	92.2%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+	47	78	—
	Volunteerism (% ages 16+)	+	50	25.0%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++	37	57.1%	60.1%
	PHYSICAL ENVIRONMENT*				
++ 31 -0.090					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	11	6.5	7.8
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++++	20	2,164,819	—
	Water Fluoridation (% of population served)	++	31	71.5%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++++	1	49.2%	67.8%
	Housing With Lead Risk (% of housing stock)	+	50	32.5%	16.9%
	Severe Housing Problems (% of occupied housing units)	+	48	22.9%	17.0%
CLINICAL CARE*					
++++ 16 0.430					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++++	18	8.0%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++++	11	68.3	60.6
	Mental Health	++++	17	346.7	305.0
	Primary Care	+++++	9	313.2	265.3
Preventive Clinical Services	Uninsured (% of population)	+++++	9	5.2%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++++	13	76.7%	74.3%
	Dental Visit (% ages 18+)	+++	24	66.7%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+++	26	71.3%	70.5%
	Flu Vaccination (% ages 18+)	++	24	46.5%	46.5%
	HPV Vaccination (% ages 13-17)	+++	21	64.4%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	++++	14	86.2%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+++	23	2,642	2,770
BEHAVIORS*					
++++ 17 0.299					
Nutrition and Physical Activity	Exercise (% ages 18+)	++++	18	24.1%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++++	2	12.0%	7.4%
	Physical Inactivity (% ages 18+)	++	36	25.8%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++	34	502.3	481.3
	High-risk HIV Behaviors (% ages 18+)	+	41	6.2%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+++++	8	10.0	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++	28	32.9%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++++	7	5.3%	6.7%
	Smoking (% ages 18+)	+++++	9	12.0%	14.4%
HEALTH OUTCOMES*					
++++ 11 0.406					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+++	23	25.3	27.9
	Excessive Drinking (% ages 18+)	++++	18	16.4%	17.3%
	Frequent Mental Distress (% ages 18+)	+++++	8	13.0%	14.7%
	Non-medical Drug Use (% ages 18+)	++++	18	14.4%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++++	15	7,651	8,659
	Premature Death Racial Disparity (ratio)**	++++	20	1.4	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++++	14	9.9%	10.9%
	Low Birthweight (% of live births)	++	25	8.2%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++	37	2.1	2.0
	Multiple Chronic Conditions (% ages 18+)	++++	14	8.7%	9.6%
	Obesity (% ages 18+)	+++++	8	29.1%	33.9%
OVERALL*					
+++ 23 0.101					

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 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 † Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

North Carolina

Overall Rank:
30

State Health Department Website: ncdhhs.gov

NORTH CAROLINA

Summary

Strengths:

- Low prevalence of frequent mental distress
- Low Black/white residential segregation
- Low levels of air pollution

Challenges:

- High premature death rate
- Low supply of dental care providers
- High uninsured rate

Highlights:

FOOD INSECURITY

▼37%

from 17.3% to 10.9% of households between 2011-2013 and 2019-2021.

SMOKING

▼22%

from 18.5% to 14.4% of adults between 2019 and 2021.

FIREARM DEATHS

▲20%

from 13.3 to 16.0 deaths per 100,000 population between 2019 and 2020.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++ 22 0.060					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++	26	4.5	3.9
	Public Health Funding (dollars per person)	+	45	\$76	\$116
	Violent Crime (offenses per 100,000 population)	+++	30	419	399
Economic Resources	Economic Hardship Index (index from 1-100)	++	32	57	—
	Food Insecurity (% of households)	++	34	10.9%	10.4%
	Income Inequality (80/20 ratio)	++	33	4.84	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++	23	32.3%	32.1%
	High School Graduation (% of students)	+++	25	86.5%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++++	7	8.6	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++++	20	14.8%	14.0%
	High-speed Internet (% of households)	++	32	91.5%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	6	54	—
	Volunteerism (% ages 16+)	+++	30	33.3%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++	31	58.6%	60.1%
	PHYSICAL ENVIRONMENT*				
+++++ 9 0.314					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	18	7.2	7.8
	Drinking Water Violations (% of community water systems)	++++	1	0.0%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+	42	9,202,136	—
	Water Fluoridation (% of population served)	++++	17	87.6%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++	23	70.4%	67.8%
	Housing With Lead Risk (% of housing stock)	++++	8	10.0%	16.9%
	Severe Housing Problems (% of occupied housing units)	+++	26	14.4%	17.0%
CLINICAL CARE*					
+++ 26 -0.035					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++	37	10.6%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++	40	50.4	60.6
	Mental Health	+++	23	308.1	305.0
	Primary Care	+++	22	285.8	265.3
Preventive Clinical Services	Uninsured (% of population)	+	41	10.4%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++++	19	75.6%	74.3%
	Dental Visit (% ages 18+)	+++	28	65.5%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++++	9	75.9%	70.5%
	Flu Vaccination (% ages 18+)	+++	27	46.0%	46.5%
	HPV Vaccination (% ages 13-17)	++++	12	67.8%	61.7%
	Quality of Care				
Dedicated Health Care Provider (% ages 18+)	++	32	83.2%	84.1%	
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++	36	3,102	2,770	
BEHAVIORS*					
++ 38 -0.467					
Nutrition and Physical Activity	Exercise (% ages 18+)	++	33	21.6%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++	39	6.2%	7.4%
	Physical Inactivity (% ages 18+)	++++	17	22.3%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+	46	616.3	481.3
	High-risk HIV Behaviors (% ages 18+)	+	49	7.0%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++	31	17.3	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++++	20	31.6%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++	26	6.8%	6.7%
	Smoking (% ages 18+)	+++	24	14.4%	14.4%
HEALTH OUTCOMES*					
++ 33 -0.173					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+++	30	29.8	27.9
	Excessive Drinking (% ages 18+)	+++	21	16.8%	17.3%
	Frequent Mental Distress (% ages 18+)	++++	14	13.8%	14.7%
	Non-medical Drug Use (% ages 18+)	++++	18	14.4%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++	34	9,308	8,659
	Premature Death Racial Disparity (ratio)**	+++	25	1.5	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++	30	11.4%	10.9%
	Low Birthweight (% of live births)	+	43	9.5%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++	26	2.0	2.0
	Multiple Chronic Conditions (% ages 18+)	++	35	10.9%	9.6%
	Obesity (% ages 18+)	++	34	36.0%	33.9%
OVERALL*					
+++ 30 -0.092					

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Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

† Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

North Dakota

Overall Rank:
19

State Health Department Website: health.nd.gov

Summary

Strengths:

- Low prevalence of frequent mental distress
- Low percentage of household food insecurity
- Low percentage of adults who avoided care due to cost

Challenges:

- High racial disparity in premature death rates
- High prevalence of excessive drinking
- High occupational fatality rate

Highlights:

DRUG DEATHS

▲ 63%
from 9.0 to 14.7 deaths per 100,000 population between 2017 and 2020.

MENTAL HEALTH PROVIDERS

▲ 36%
from 165.4 to 225.0 per 100,000 population between 2017 and 2022.

SMOKING

▼ 29%
from 21.2% to 15.0% of adults between 2012 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++++ 11 0.341					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+	45	7.2	3.9
	Public Health Funding (dollars per person)	++++	9	\$175	\$116
	Violent Crime (offenses per 100,000 population)	+++	21	329	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	11	33	—
	Food Insecurity (% of households)	++++	4	7.7%	10.4%
	Income Inequality (80/20 ratio)	+++	21	4.58	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++	30	31.0%	32.1%
	High School Graduation (% of students)	++++	14	88.3%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++	40	19.8	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++++	16	13.8%	14.0%
	High-speed Internet (% of households)	++	35	91.4%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	9	57	—
	Volunteerism (% ages 16+)	+++	22	35.4%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	11	64.5%	60.1%
	PHYSICAL ENVIRONMENT*				
+++++ 1 0.496					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	4	5.0	7.8
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++++	11	233,406	—
	Water Fluoridation (% of population served)	+++++	4	96.5%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+	46	78.5%	67.8%
	Housing With Lead Risk (% of housing stock)	+++	26	15.8%	16.9%
	Severe Housing Problems (% of occupied housing units)	+++++	3	11.7%	17.0%
CLINICAL CARE*					
++++ 19 0.333					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++++	4	6.6%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++	22	59.9	60.6
	Mental Health	++	38	225.0	305.0
	Primary Care	+++++	6	328.3	265.3
Preventive Clinical Services	Uninsured (% of population)	+++	28	7.9%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+++	29	72.5%	74.3%
	Dental Visit (% ages 18+)	+++	26	66.3%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++++	13	74.1%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	++++	20	47.3%	46.5%
	HPV Vaccination (% ages 13-17)	+++++	5	72.2%	61.7%
	Dedicated Health Care Provider (% ages 18+)	++	35	82.4%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+++	24	2,666	2,770	
BEHAVIORS*					
++ 33 -0.107					
Nutrition and Physical Activity	Exercise (% ages 18+)	++	39	20.1%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++	35	6.3%	7.4%
	Physical Inactivity (% ages 18+)	++	35	25.5%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+++	26	467.4	481.3
	High-risk HIV Behaviors (% ages 18+)	+++	22	5.5%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+++	24	13.7	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++++	11	30.1%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++	36	7.4%	6.7%
	Smoking (% ages 18+)	+++	29	15.0%	14.4%
HEALTH OUTCOMES*					
+++ 26 -0.003					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+++++	5	14.7	27.9
	Excessive Drinking (% ages 18+)	+	47	22.0%	17.3%
	Frequent Mental Distress (% ages 18+)	+++++	4	12.6%	14.7%
	Non-medical Drug Use (% ages 18+)	+	44	18.4%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++	21	8,423	8,659
	Premature Death Racial Disparity (ratio)**	+	46	3.3	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++++	9	9.5%	10.9%
	Low Birthweight (% of live births)	+++++	6	6.9%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++++	5	1.5	2.0
	Multiple Chronic Conditions (% ages 18+)	++++	12	8.5%	9.6%
	Obesity (% ages 18+)	++	32	35.2%	33.9%
OVERALL*					
++++ 19 0.180					

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 † Non-ranking measure.
 — Data not available, missing or suppressed.
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Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Ohio

State Health Department Website: odh.ohio.gov

Overall Rank:
37

Summary

Strengths:

- Low occupational fatality rate
- High supply of mental health providers
- Low percentage of households experiencing severe housing problems

Challenges:

- High prevalence of frequent mental distress
- High prevalence of multiple chronic conditions
- High prevalence of cigarette smoking

Highlights:

FOOD INSECURITY

▼36%

from 16.9% to 10.8% of households between 2012-2014 and 2019-2021.

OBESITY

▲27%

from 29.8% to 37.7% of adults between 2015 and 2021.

SUICIDE

▼10%

from 15.7 to 14.1 deaths per 100,000 population between 2018 and 2020.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++ 28 -0.066					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++++	10	3.6	3.9
	Public Health Funding (dollars per person)	+	47	\$75	\$116
	Violent Crime (offenses per 100,000 population)	++++	18	309	399
Economic Resources	Economic Hardship Index (index from 1-100)	+++	27	53	—
	Food Insecurity (% of households)	++	33	10.8%	10.4%
	Income Inequality (80/20 ratio)	+++	27	4.69	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++++	10	34.5%	32.1%
	High School Graduation (% of students)	++	39	82.0%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++	32	15.9	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++	29	15.9%	14.0%
	High-speed Internet (% of households)	++	38	91.3%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++	38	70	—
	Volunteerism (% ages 16+)	++++	9	39.0%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	19	61.3%	60.1%
	PHYSICAL ENVIRONMENT*				
++ 40 -0.211					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	41	8.7	7.8
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+	49	17,331,932	—
	Water Fluoridation (% of population served)	++++	9	92.5%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++	32	73.9%	67.8%
	Housing With Lead Risk (% of housing stock)	+	43	23.8%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	11	13.1%	17.0%
CLINICAL CARE*					
+++ 25 -0.020					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++++	19	8.2%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++	34	54.2	60.6
	Mental Health	+++	21	317.7	305.0
	Primary Care	++++	19	290.5	265.3
Preventive Clinical Services	Uninsured (% of population)	++++	20	6.5%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+++	26	74.2%	74.3%
	Dental Visit (% ages 18+)	+++	30	65.3%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++	40	68.1%	70.5%
	Flu Vaccination (% ages 18+)	+++	30	44.2%	46.5%
	HPV Vaccination (% ages 13-17)	+++	26	62.2%	61.7%
	Quality of Care				
Dedicated Health Care Provider (% ages 18+)	++++	15	86.1%	84.1%	
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++	39	3,158	2,770	
BEHAVIORS*					
++ 40 -0.540					
Nutrition and Physical Activity	Exercise (% ages 18+)	++	35	20.9%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++	25	7.3%	7.4%
	Physical Inactivity (% ages 18+)	++	37	25.9%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++	35	509.2	481.3
	High-risk HIV Behaviors (% ages 18+)	+++	25	5.6%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++	32	17.6	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+	43	35.5%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+	41	7.8%	6.7%
	Smoking (% ages 18+)	+	43	18.0%	14.4%
HEALTH OUTCOMES*					
++ 40 -0.494					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+	47	45.4	27.9
	Excessive Drinking (% ages 18+)	++	34	18.2%	17.3%
	Frequent Mental Distress (% ages 18+)	++	38	16.3%	14.7%
	Non-medical Drug Use (% ages 18+)	+++	24	15.4%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++	38	10,031	8,659
	Premature Death Racial Disparity (ratio)**	+++	25	1.5	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++	37	11.9%	10.9%
	Low Birthweight (% of live births)	++	31	8.5%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++	26	2.0	2.0
	Multiple Chronic Conditions (% ages 18+)	+	41	12.8%	9.6%
	Obesity (% ages 18+)	+	41	37.7%	33.9%
OVERALL*					
++ 37 -0.275					

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** Disparity measures compare the group with the highest or lowest rate and the white rate.

† Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Oklahoma

State Health Department Website: oklahoma.gov/health

Overall Rank:
45

OKLAHOMA

Summary

Strengths:

- Low prevalence of excessive drinking
- High supply of mental health providers
- Low percentage of households experiencing severe housing problems

Challenges:

- High prevalence of non-medical drug use
- High percentage of household food insecurity
- High uninsured rate

Highlights:

FREQUENT MENTAL DISTRESS

▲22%

from 14.3% to 17.4% of adults between 2016 and 2021.

FOURTH GRADE READING PROFICIENCY

▼16%

from 28.5% to 24.0% of fourth grade public school students between 2019 and 2022.

HIGH-SPEED INTERNET

▲11%

from 81.1% to 90.4% of households between 2016 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+ 46 -0.573					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++	33	5.5	3.9
	Public Health Funding (dollars per person)	+++	23	\$126	\$116
	Violent Crime (offenses per 100,000 population)	++	38	459	399
Economic Resources	Economic Hardship Index (index from 1-100)	+	41	80	—
	Food Insecurity (% of households)	+	46	13.8%	10.4%
	Income Inequality (80/20 ratio)	+++	28	4.70	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+	48	24.0%	32.1%
	High School Graduation (% of students)	+++	30	84.9%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++++	3	6.2	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+	41	18.3%	14.0%
	High-speed Internet (% of households)	+	41	90.4%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	14	59	—
	Volunteerism (% ages 16+)	+	42	28.4%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+	48	53.9%	60.1%
	PHYSICAL ENVIRONMENT*				
+ 41 -0.220					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	41	8.7	7.8
	Drinking Water Violations (% of community water systems)	+	44	2.4%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++++	19	2,083,675	—
	Water Fluoridation (% of population served)	++	32	67.5%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+	45	77.2%	67.8%
	Housing With Lead Risk (% of housing stock)	+++	21	14.1%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	18	13.7%	17.0%
CLINICAL CARE*					
+ 49 -1.139					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+	47	14.3%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++	33	54.3	60.6
	Mental Health	++++	12	424.4	305.0
	Primary Care	+	42	231.7	265.3
Preventive Clinical Services	Uninsured (% of population)	+	49	13.8%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+	48	65.7%	74.3%
	Dental Visit (% ages 18+)	+	43	59.9%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+	45	66.3%	70.5%
	Flu Vaccination (% ages 18+)	++	39	41.2%	46.5%
	HPV Vaccination (% ages 13-17)	++	39	56.7%	61.7%
	Quality of Care				
Dedicated Health Care Provider (% ages 18+)	+	42	79.6%	84.1%	
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+	42	3,222	2,770	
BEHAVIORS*					
+ 44 -0.866					
Nutrition and Physical Activity	Exercise (% ages 18+)	+	48	15.6%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+	49	3.8%	7.4%
	Physical Inactivity (% ages 18+)	+	42	28.3%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++	40	536.0	481.3
	High-risk HIV Behaviors (% ages 18+)	+++++	4	4.7%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+	47	25.0	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++	31	33.2%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+	49	9.4%	6.7%
	Smoking (% ages 18+)	++	37	16.9%	14.4%
HEALTH OUTCOMES*					
+ 41 -0.559					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	15	19.8	27.9
	Excessive Drinking (% ages 18+)	+++++	3	12.9%	17.3%
	Frequent Mental Distress (% ages 18+)	+	42	17.4%	14.7%
	Non-medical Drug Use (% ages 18+)	+	48	21.5%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+	41	10,873	8,659
	Premature Death Racial Disparity (ratio)**	++++	11	1.3	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++	40	12.5%	10.9%
	Low Birthweight (% of live births)	+++	30	8.4%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++	26	2.0	2.0
	Multiple Chronic Conditions (% ages 18+)	++	40	12.2%	9.6%
	Obesity (% ages 18+)	+	46	39.4%	33.9%
OVERALL*					
+ 45 -0.678					

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.
 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 † Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Oregon

State Health Department Website: oregon.gov/oha/ph

Overall Rank:
18

OREGON

Summary

Strengths:

- Low premature death rate
- Low prevalence of obesity
- Low prevalence of physical inactivity

Challenges:

- High prevalence of frequent mental distress
- Low prevalence of having a dedicated health care provider
- High levels of air pollution

Highlights:

DRUG DEATHS

▲29%

from 14.4 to 18.6 deaths per 100,000 population between 2019 and 2020.

SMOKING

▼21%

from 15.6% to 12.4% of adults between 2018 and 2021.

FOURTH GRADE READING PROFICIENCY

▼17%

from 33.8% to 28.0% of fourth grade public school students between 2019 and 2022.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++ 24 0.054					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++++	15	3.8	3.9
	Public Health Funding (dollars per person)	++	33	\$109	\$116
	Violent Crime (offenses per 100,000 population)	++++	15	292	399
Economic Resources	Economic Hardship Index (index from 1-100)	+++	22	49	—
	Food Insecurity (% of households)	+++	28	10.3%	10.4%
	Income Inequality (80/20 ratio)	+++	21	4.58	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+	44	28.0%	32.1%
	High School Graduation (% of students)	+	48	80.0%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++++	19	13.3	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++	23	15.4%	14.0%
	High-speed Internet (% of households)	++++	12	93.6%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+++	27	66	—
	Volunteerism (% ages 16+)	++++	6	39.5%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	5	67.6%	60.1%
	PHYSICAL ENVIRONMENT*				
+ 42 -0.261					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	44	8.9	7.8
	Drinking Water Violations (% of community water systems)	+++	30	0.3%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++	21	2,250,750	—
	Water Fluoridation (% of population served)	+	48	26.3%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++++	6	62.6%	67.8%
	Housing With Lead Risk (% of housing stock)	+++	25	15.7%	16.9%
	Severe Housing Problems (% of occupied housing units)	+	43	18.4%	17.0%
CLINICAL CARE*					
++++ 18 0.365					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++	21	8.4%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++++	5	71.5	60.6
	Mental Health	++++	3	654.1	305.0
	Primary Care	++	32	261.2	265.3
Preventive Clinical Services	Uninsured (% of population)	++++	16	6.1%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+++	22	74.4%	74.3%
	Dental Visit (% ages 18+)	++++	19	68.0%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+++	28	71.1%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	+++	23	46.6%	46.5%
	HPV Vaccination (% ages 13-17)	++++	14	67.0%	61.7%
	Dedicated Health Care Provider (% ages 18+)	+	43	77.8%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	6	1,776	2,770	
BEHAVIORS*					
+++++ 10 0.614					
Nutrition and Physical Activity	Exercise (% ages 18+)	++++	12	24.9%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++	33	6.5%	7.4%
	Physical Inactivity (% ages 18+)	++++	5	19.9%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++++	11	376.0	481.3
	High-risk HIV Behaviors (% ages 18+)	+++	25	5.6%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++++	9	10.1	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++++	6	28.3%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++	23	6.6%	6.7%
	Smoking (% ages 18+)	++++	13	12.4%	14.4%
HEALTH OUTCOMES*					
+++ 23 0.109					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	12	18.6	27.9
	Excessive Drinking (% ages 18+)	++	36	18.4%	17.3%
	Frequent Mental Distress (% ages 18+)	++	39	16.4%	14.7%
	Non-medical Drug Use (% ages 18+)	+	47	21.2%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++++	8	7,079	8,659
	Premature Death Racial Disparity (ratio)**	++++	20	1.4	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++	24	10.9%	10.9%
	Low Birthweight (% of live births)	++++	1	6.5%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	11	1.8	2.0
	Multiple Chronic Conditions (% ages 18+)	++	33	10.7%	9.6%
	Obesity (% ages 18+)	++++	10	30.4%	33.9%
OVERALL*					
++++ 18 0.195					

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Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

† Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Pennsylvania

Overall Rank:
25

State Health Department Website: health.pa.gov

PENNSYLVANIA

Summary

Strengths:

- Low percentage of household food insecurity
- Low percentage of adults who avoided care due to cost
- High prevalence of having a dedicated health care provider

Challenges:

- High Black/white residential segregation
- High prevalence of insufficient sleep
- High levels of air pollution

Highlights:

NON-MEDICAL DRUG USE

▲55%
from 10.6% to 16.4% of adults between 2021 and 2022.

SUICIDE

▼15%
from 15.5 to 13.1 deaths per 100,000 population between 2017 and 2020.

OBESITY

▲11%
from 30.0% to 33.3% of adults between 2015 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++ 21 0.116					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++++	10	3.6	3.9
	Public Health Funding (dollars per person)	++	40	\$83	\$116
	Violent Crime (offenses per 100,000 population)	+++	27	390	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	19	48	—
	Food Insecurity (% of households)	++++	14	9.2%	10.4%
	Income Inequality (80/20 ratio)	++	36	4.90	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++++	11	34.0%	32.1%
	High School Graduation (% of students)	+++	25	86.5%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++	30	15.6	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++++	10	12.4%	14.0%
	High-speed Internet (% of households)	++	35	91.4%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+	43	73	—
Volunteerism and Voter Participation	Volunteerism (% ages 16+)	++++	16	36.8%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	16	62.4%	60.1%
PHYSICAL ENVIRONMENT*					
+ 46 -0.421					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	41	8.7	7.8
	Drinking Water Violations (% of community water systems)	++	34	0.5%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+	45	15,195,382	—
	Water Fluoridation (% of population served)	+	41	55.7%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++++	17	66.8%	67.8%
	Housing With Lead Risk (% of housing stock)	+	47	28.1%	16.9%
	Severe Housing Problems (% of occupied housing units)	+++	25	14.2%	17.0%
CLINICAL CARE*					
+++++ 8 0.718					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++++	6	6.7%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++	24	58.8	60.6
	Mental Health	++	31	259.5	305.0
	Primary Care	++++	13	302.8	265.3
Preventive Clinical Services	Uninsured (% of population)	++++	12	5.5%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++++	6	77.5%	74.3%
	Dental Visit (% ages 18+)	++++	15	68.1%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++++	6	77.4%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	+++	12	50.0%	46.5%
	HPV Vaccination (% ages 13-17)	++++	11	68.7%	61.7%
	Dedicated Health Care Provider (% ages 18+)	++++	7	89.3%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++	31	2,947	2,770	
BEHAVIORS*					
+++ 27 0.001					
Nutrition and Physical Activity	Exercise (% ages 18+)	+++	29	21.8%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++++	20	7.8%	7.4%
	Physical Inactivity (% ages 18+)	+++	30	24.3%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++++	14	408.3	481.3
	High-risk HIV Behaviors (% ages 18+)	++++	18	5.4%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++++	16	12.6	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+	43	35.5%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++++	12	6.1%	6.7%
	Smoking (% ages 18+)	+++	24	14.4%	14.4%
HEALTH OUTCOMES*					
+++ 30 -0.124					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+	43	41.0	27.9
	Excessive Drinking (% ages 18+)	+++	26	17.5%	17.3%
	Frequent Mental Distress (% ages 18+)	++++	16	14.0%	14.7%
	Non-medical Drug Use (% ages 18+)	++	32	16.4%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++	25	8,655	8,659
	Premature Death Racial Disparity (ratio)**	+++	27	1.6	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++	32	11.7%	10.9%
	Low Birthweight (% of live births)	+++	27	8.3%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++	37	2.1	2.0
	Multiple Chronic Conditions (% ages 18+)	++	34	10.8%	9.6%
	Obesity (% ages 18+)	+++	21	33.3%	33.9%
OVERALL*					
+++ 25 0.069					

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 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 * Non-ranking measure.
 — Data not available, missing or suppressed.
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Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Rhode Island

Overall Rank:

11

State Health Department Website: health.ri.gov

Summary

Strengths:

- Low prevalence of obesity
- High adult flu vaccination rate
- Low uninsured rate

Challenges:

- High prevalence of excessive drinking
- High income inequality
- Low supply of dental care providers

Highlights:

FOOD INSECURITY

▼ **42%**

from 14.4% to 8.4% of households between 2011-2013 and 2019-2021.

DEPRESSION

▲ **19%**

from 19.6% to 23.3% of adults between 2019 and 2021.

PREMATURE DEATH

▲ **15%**

from 6,174 to 7,082 years lost before age 75 per 100,000 population between 2018 and 2020.

Measures	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*				
Community and Family Safety				
Occupational Fatalities (deaths per 100,000 workers)	++++	20	4.1	3.9
Public Health Funding (dollars per person)	+++++	5	\$206	\$116
Violent Crime (offenses per 100,000 population)	+++++	7	231	399
Economic Resources				
Economic Hardship Index (index from 1-100)	+++	22	49	—
Food Insecurity (% of households)	+++++	9	8.4%	10.4%
Income Inequality (80/20 ratio)	++	40	5.15	4.96
Education				
Fourth Grade Reading Proficiency (% of public school students)	++++	13	33.8%	32.1%
High School Graduation (% of students)	++	35	83.9%	85.8%
High School Graduation Racial Disparity (percentage point difference)**	++	36	18.2	15.1
Social Support and Engagement				
Adverse Childhood Experiences (% ages 0-17)	+++++	4	11.6%	14.0%
High-speed Internet (% of households)	++++	14	93.4%	92.4%
Residential Segregation — Black/White (index from 0-100)	+++	27	66	—
Volunteerism (% ages 16+)	+	43	28.3%	33.4%
Voter Participation (% of U.S. citizens ages 18+)	+++	29	59.0%	60.1%
PHYSICAL ENVIRONMENT*				
Air and Water Quality				
Air Pollution (micrograms of fine particles per cubic meter)	++++	16	7.1	7.8
Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Risk-screening Environmental Indicator Score (unitless score)	+++++	5	25,836	—
Water Fluoridation (% of population served)	+++	21	83.2%	73.0%
Housing and Transit				
Drive Alone to Work (% of workers ages 16+)	++++	20	69.3%	67.8%
Housing With Lead Risk (% of housing stock)	+	49	31.5%	16.9%
Severe Housing Problems (% of occupied housing units)	++	37	16.6%	17.0%
CLINICAL CARE*				
Access to Care				
Avoided Care Due to Cost (% ages 18+)	+++++	7	6.9%	8.8%
Providers (per 100,000 population)				
Dental Care	++	38	51.6	60.6
Mental Health	+++++	8	465.7	305.0
Primary Care	+++++	3	350.0	265.3
Uninsured (% of population)	+++++	4	4.3%	8.6%
Preventive Clinical Services				
Colorectal Cancer Screening (% ages 50-75)	+++++	3	80.8%	74.3%
Dental Visit (% ages 18+)	+++++	2	74.2%	66.7%
Immunizations				
Childhood Immunizations (% by age 24 months)	+++++	7	77.2%	70.5%
Flu Vaccination (% ages 18+)	+++++	2	55.1%	46.5%
HPV Vaccination (% ages 13-17)	+++++	1	83.2%	61.7%
Quality of Care				
Dedicated Health Care Provider (% ages 18+)	+++++	5	90.1%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+++	22	2,629	2,770
BEHAVIORS*				
Nutrition and Physical Activity				
Exercise (% ages 18+)	++++	18	24.1%	23.0%
Fruit and Vegetable Consumption (% ages 18+)	+++++	8	9.5%	7.4%
Physical Inactivity (% ages 18+)	+++	27	24.2%	23.7%
Sexual Health				
Chlamydia (new cases per 100,000 population)	++++	17	445.0	481.3
High-risk HIV Behaviors (% ages 18+)	+	45	6.4%	5.6%
Teen Births (births per 1,000 females ages 15-19)	+++++	7	9.4	15.4
Sleep Health				
Insufficient Sleep (% ages 18+)	+++	26	32.5%	32.3%
Smoking and Tobacco Use				
E-cigarette Use (% ages 18+)*	++++	16	6.2%	6.7%
Smoking (% ages 18+)	++++	13	12.4%	14.4%
HEALTH OUTCOMES*				
Behavioral Health				
Drug Deaths (deaths per 100,000 population)*	++	39	37.2	27.9
Excessive Drinking (% ages 18+)	+	42	19.5%	17.3%
Frequent Mental Distress (% ages 18+)	++++	20	14.3%	14.7%
Non-medical Drug Use (% ages 18+)	++++	16	14.2%	15.5%
Mortality				
Premature Death (years lost before age 75 per 100,000 population)	+++++	9	7,082	8,659
Premature Death Racial Disparity (ratio)**	+++++	3	1.1	1.6
Physical Health				
Frequent Physical Distress (% ages 18+)	+++	22	10.8%	10.9%
Low Birthweight (% of live births)	++++	18	7.7%	8.2%
Low Birthweight Racial Disparity (ratio)**	+++++	7	1.7	2.0
Multiple Chronic Conditions (% ages 18+)	+++	28	10.0%	9.6%
Obesity (% ages 18+)	+++++	9	30.1%	33.9%
OVERALL*	+++++	11	0.390	

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† Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

South Carolina

Overall Rank:
41

State Health Department Website: scdhec.gov

SOUTH CAROLINA

Summary

Strengths:

- Low Black/white residential segregation
- High prevalence of colorectal cancer screening
- Low levels of air pollution

Challenges:

- High premature death rate
- High prevalence of frequent mental distress
- High percentage of household food insecurity

Highlights:

DRUG DEATHS

▲53%
from 22.2 to 34.0 deaths per 100,000 population between 2019 and 2020.

HPV VACCINATION

▲51%
from 41.2% to 62.1% of adolescents ages 13-17 between 2018 and 2021.

HIGH-SPEED INTERNET

▲11%
from 81.6% to 90.2% of households between 2016 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+ 44 -0.387					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+	46	7.4	3.9
	Public Health Funding (dollars per person)	++	36	\$102	\$116
	Violent Crime (offenses per 100,000 population)	+	44	531	399
Economic Resources	Economic Hardship Index (index from 1-100)	++	35	66	—
	Food Insecurity (% of households)	+	43	12.6%	10.4%
	Income Inequality (80/20 ratio)	++	32	4.82	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++	21	32.5%	32.1%
	High School Graduation (% of students)	+	42	81.1%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++++	18	13.2	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++	32	16.8%	14.0%
	High-speed Internet (% of households)	+	42	90.2%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+++++	2	49	—
	Volunteerism (% ages 16+)	++	31	33.1%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++	40	56.1%	60.1%
	PHYSICAL ENVIRONMENT*				
++++ 11 0.250					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	25	7.6	7.8
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++	33	5,446,652	—
	Water Fluoridation (% of population served)	+++++	11	91.9%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+	42	76.6%	67.8%
	Housing With Lead Risk (% of housing stock)	+++++	7	9.0%	16.9%
	Severe Housing Problems (% of occupied housing units)	+++	23	14.1%	17.0%
CLINICAL CARE*					
++ 35 -0.380					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+	43	11.7%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+	43	48.6	60.6
	Mental Health	++	40	210.7	305.0
	Primary Care	++	37	251.8	265.3
Preventive Clinical Services	Uninsured (% of population)	++	38	10.0%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++++	15	76.5%	74.3%
	Dental Visit (% ages 18+)	++++	20	67.7%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++	39	68.3%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	++	39	41.2%	46.5%
	HPV Vaccination (% ages 13-17)	+++	28	62.1%	61.7%
	Dedicated Health Care Provider (% ages 18+)	+++	26	83.9%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+++	27	2,710	2,770
	BEHAVIORS*				
++ 40 -0.540					
Nutrition and Physical Activity	Exercise (% ages 18+)	+++	25	23.0%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++++	18	8.0%	7.4%
Sexual Health	Physical Inactivity (% ages 18+)	++	32	25.0%	23.7%
	Chlamydia (new cases per 100,000 population)	+	47	662.7	481.3
	High-risk HIV Behaviors (% ages 18+)	+	47	6.5%	5.6%
Sleep Health	Teen Births (births per 1,000 females ages 15-19)	++	40	19.3	15.4
	Insufficient Sleep (% ages 18+)	++	36	33.7%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++	31	7.2%	6.7%
	Smoking (% ages 18+)	++	32	15.5%	14.4%
HEALTH OUTCOMES*					
+ 43 -0.607					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++	35	34.0	27.9
	Excessive Drinking (% ages 18+)	++++	19	16.6%	17.3%
	Frequent Mental Distress (% ages 18+)	++	40	16.7%	14.7%
	Non-medical Drug Use (% ages 18+)	++	39	17.5%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+	42	10,898	8,659
	Premature Death Racial Disparity (ratio)**	++++	11	1.3	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+	41	12.8%	10.9%
	Low Birthweight (% of live births)	+	46	9.8%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++	37	2.1	2.0
	Multiple Chronic Conditions (% ages 18+)	++	36	11.6%	9.6%
	Obesity (% ages 18+)	++	36	36.1%	33.9%
OVERALL*					
+ 41 -0.408					

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 † Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

South Dakota

Overall Rank:
24

State Health Department Website: doh.sd.gov

SOUTH DAKOTA

Summary

Strengths:

- Low prevalence of non-medical drug use
- Low prevalence of frequent physical distress
- High adult flu vaccination rate

Challenges:

- High racial disparity in premature death rates
- High prevalence of excessive drinking
- High occupational fatality rate

Highlights:

HPV VACCINATION

▲22%

from 61.2% to 74.7% of adolescents ages 13-17 between 2019 and 2021.

PREMATURE DEATH

▲19%

from 7,400 to 8,805 years lost before age 75 per 100,000 population between 2018 and 2020.

OBESITY

▲16%

from 33.0% to 38.4% of adults between 2019 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++ 35 -0.197					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++	38	5.9	3.9
	Public Health Funding (dollars per person)	++++	13	\$160	\$116
	Violent Crime (offenses per 100,000 population)	+	43	501	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	19	48	—
	Food Insecurity (% of households)	++++	11	8.7%	10.4%
	Income Inequality (80/20 ratio)	++++	4	4.09	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++	22	32.4%	32.1%
	High School Graduation (% of students)	++	33	84.1%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+	49	35.7	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++	37	17.6%	14.0%
	High-speed Internet (% of households)	+	43	90.1%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++	38	70	—
	Volunteerism (% ages 16+)	++++	2	50.7%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+	44	55.2%	60.1%
	PHYSICAL ENVIRONMENT*				
+++++ 4 0.380					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	7	5.9	7.8
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++++	12	286,931	—
	Water Fluoridation (% of population served)	++++	7	93.7%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++	40	76.1%	67.8%
	Housing With Lead Risk (% of housing stock)	++	32	19.1%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	2	11.6%	17.0%
CLINICAL CARE*					
++++ 17 0.416					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++++	14	7.8%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++	29	56.0	60.6
	Mental Health	++	39	220.7	305.0
	Primary Care	++++	10	310.6	265.3
Preventive Clinical Services	Uninsured (% of population)	++	36	9.5%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++++	16	76.2%	74.3%
	Dental Visit (% ages 18+)	++++	10	69.5%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++++	16	73.4%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	++++	5	51.5%	46.5%
	HPV Vaccination (% ages 13-17)	++++	3	74.7%	61.7%
	Dedicated Health Care Provider (% ages 18+)	++	31	83.3%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	19	2,505	2,770	
BEHAVIORS*					
+++ 26 0.020					
Nutrition and Physical Activity	Exercise (% ages 18+)	+++	29	21.8%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++	31	6.7%	7.4%
	Physical Inactivity (% ages 18+)	+++	23	23.2%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+++	22	4571	481.3
	High-risk HIV Behaviors (% ages 18+)	+++	22	5.5%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++	37	18.7	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++++	3	28.1%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++++	12	6.1%	6.7%
	Smoking (% ages 18+)	++	31	15.3%	14.4%
HEALTH OUTCOMES*					
++++ 20 0.194					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	1	9.8	27.9
	Excessive Drinking (% ages 18+)	+	45	20.8%	17.3%
	Frequent Mental Distress (% ages 18+)	++++	2	11.4%	14.7%
	Non-medical Drug Use (% ages 18+)	++++	2	7.7%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++	26	8,805	8,659
	Premature Death Racial Disparity (ratio)**	+	48	3.9	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++++	2	8.4%	10.9%
	Low Birthweight (% of live births)	++++	6	6.9%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	7	1.7	2.0
	Multiple Chronic Conditions (% ages 18+)	++++	19	9.1%	9.6%
	Obesity (% ages 18+)	+	42	38.4%	33.9%
OVERALL*					
+++ 24 0.094					

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.
 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 † Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Tennessee

Overall Rank:
44

State Health Department Website: tn.gov/health

Summary

Strengths:

- Low prevalence of excessive drinking
- High supply of primary care providers
- Low percentage of households experiencing severe housing problems

Challenges:

- High premature death rate
- High prevalence of multiple chronic conditions
- High prevalence of cigarette smoking

Highlights:

DRUG DEATHS

▲44%
from 30.6 to 44.1 deaths per 100,000 population between 2019 and 2020.

FREQUENT MENTAL DISTRESS

▲31%
from 13.7% to 18.0% of adults between 2017 and 2021.

HIGH-SPEED INTERNET

▲12%
from 81.0% to 90.8% of households between 2016 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++ 40 -0.321					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+	41	6.0	3.9
	Public Health Funding (dollars per person)	+++	26	\$122	\$116
	Violent Crime (offenses per 100,000 population)	+	48	673	399
Economic Resources	Economic Hardship Index (index from 1-100)	++	34	59	—
	Food Insecurity (% of households)	++	35	11.2%	10.4%
	Income Inequality (80/20 ratio)	+++	26	4.68	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++	36	30.2%	32.1%
	High School Graduation (% of students)	++++	6	90.5%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++++	9	9.0	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+	44	18.8%	14.0%
	High-speed Internet (% of households)	++	40	90.8%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++	34	68	—
	Volunteerism (% ages 16+)	++	32	33.0%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++	34	58.0%	60.1%
	PHYSICAL ENVIRONMENT*				
++++ 13 0.206					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	25	7.6	7.8
	Drinking Water Violations (% of community water systems)	++	34	0.5%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++	30	3,811,598	—
	Water Fluoridation (% of population served)	++++	16	88.8%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++	38	75.8%	67.8%
	Housing With Lead Risk (% of housing stock)	++++	16	11.9%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	15	13.4%	17.0%
CLINICAL CARE*					
++ 40 -0.558					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+	41	11.5%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+	45	46.3	60.6
	Mental Health	+	45	186.9	305.0
	Primary Care	++++	17	294.1	265.3
Preventive Clinical Services	Uninsured (% of population)	++	38	10.0%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+++	21	74.9%	74.3%
	Dental Visit (% ages 18+)	+	44	59.7%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++	33	69.3%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	++	31	43.9%	46.5%
	HPV Vaccination (% ages 13-17)	++	40	56.5%	61.7%
	Dedicated Health Care Provider (% ages 18+)	++	33	82.8%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++	33	3,050	2,770	
BEHAVIORS*					
+ 43 -0.860					
Nutrition and Physical Activity	Exercise (% ages 18+)	+++	29	21.8%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++	30	6.8%	7.4%
	Physical Inactivity (% ages 18+)	+	43	28.7%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+	43	555.1	481.3
	High-risk HIV Behaviors (% ages 18+)	++	32	5.9%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+	44	23.3	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++	36	33.7%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+	46	9.1%	6.7%
	Smoking (% ages 18+)	+	47	19.7%	14.4%
HEALTH OUTCOMES*					
+ 44 -0.692					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+	45	44.1	27.9
	Excessive Drinking (% ages 18+)	++++	12	15.5%	17.3%
	Frequent Mental Distress (% ages 18+)	+	46	18.0%	14.7%
	Non-medical Drug Use (% ages 18+)	++	36	16.7%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+	44	11,654	8,659
	Premature Death Racial Disparity (ratio)**	++++	11	1.3	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+	46	14.2%	10.9%
	Low Birthweight (% of live births)	++	36	8.9%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	20	1.9	2.0
	Multiple Chronic Conditions (% ages 18+)	+	46	14.1%	9.6%
	Obesity (% ages 18+)	++	31	35.0%	33.9%
OVERALL*					
+ 44 -0.504					

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 † Non-ranking measure.
 — Data not available, missing or suppressed.
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Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Texas

State Health Department Website: dshs.state.tx.us

Overall Rank:
38

TEXAS

Summary

Strengths:

- Low prevalence of frequent mental distress
- Low prevalence of multiple chronic conditions
- Low prevalence of cigarette smoking

Challenges:

- High economic hardship index score
- High percentage of household food insecurity
- High uninsured rate

Highlights:

DRUG DEATHS

▲38%
from 10.4 to 14.3 deaths per 100,000 population between 2016 and 2020.

MENTAL HEALTH PROVIDERS

▲12%
from 133.0 to 148.6 per 100,000 population between 2021 and 2022.

HIGH-SPEED INTERNET

▲11%
from 82.9% to 92.0% of households between 2016 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++ 31 -0.156					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++	31	5.1	3.9
	Public Health Funding (dollars per person)	+	48	\$74	\$116
	Violent Crime (offenses per 100,000 population)	++	36	447	399
Economic Resources	Economic Hardship Index (index from 1-100)	+	41	80	—
	Food Insecurity (% of households)	+	45	13.7%	10.4%
	Income Inequality (80/20 ratio)	++	34	4.88	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++	37	29.9%	32.1%
	High School Graduation (% of students)	++++	8	90.0%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++++	5	7.5	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++++	9	12.2%	14.0%
	High-speed Internet (% of households)	+++	29	92.0%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	14	59	—
	Volunteerism (% ages 16+)	++	38	29.0%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++	39	56.2%	60.1%
	PHYSICAL ENVIRONMENT*				
+ 45 -0.291					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	44	8.9	7.8
	Drinking Water Violations (% of community water systems)	++	38	0.8%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+	50	75,882,378	—
	Water Fluoridation (% of population served)	+++	29	72.7%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++	27	70.7%	67.8%
	Housing With Lead Risk (% of housing stock)	++++	6	8.9%	16.9%
	Severe Housing Problems (% of occupied housing units)	++	40	17.2%	17.0%
CLINICAL CARE*					
+ 50 -1.490					
Access to Care	Avoided Care Due to Cost (% ages 18+)	+	49	15.9%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++	39	51.4	60.6
	Mental Health	+	49	148.6	305.0
	Primary Care	+	47	211.8	265.3
Preventive Clinical Services	Uninsured (% of population)	+	50	18.0%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+	47	66.8%	74.3%
	Dental Visit (% ages 18+)	+	48	57.5%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+	46	65.9%	70.5%
	Flu Vaccination (% ages 18+)	+	44	39.0%	46.5%
	HPV Vaccination (% ages 13-17)	+	47	51.5%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	+	48	74.4%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++	32	3,032	2,770
BEHAVIORS*					
+++ 25 0.023					
Nutrition and Physical Activity	Exercise (% ages 18+)	++++	17	24.3%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++++	14	8.8%	7.4%
	Physical Inactivity (% ages 18+)	++	33	25.1%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+++	25	466.0	481.3
	High-risk HIV Behaviors (% ages 18+)	++++	18	5.4%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+	42	22.4	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++	31	33.2%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+) [†]	++++	10	6.0%	6.7%
	Smoking (% ages 18+)	++++	16	13.1%	14.4%
HEALTH OUTCOMES*					
+++ 25 0.066					
Behavioral Health	Drug Deaths (deaths per 100,000 population) [‡]	++++	4	14.3	27.9
	Excessive Drinking (% ages 18+)	+++	29	17.7%	17.3%
	Frequent Mental Distress (% ages 18+)	++++	16	14.0%	14.7%
	Non-medical Drug Use (% ages 18+)	+++	30	16.0%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++	23	8,566	8,659
	Premature Death Racial Disparity (ratio)**	++++	11	1.3	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++++	20	10.5%	10.9%
	Low Birthweight (% of live births)	+++	25	8.2%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++	26	2.0	2.0
	Multiple Chronic Conditions (% ages 18+)	++++	16	9.0%	9.6%
	Obesity (% ages 18+)	++	36	36.1%	33.9%
OVERALL*					
++ 38 -0.278					

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Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

† Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Utah

State Health Department Website: health.utah.gov

Overall Rank:
7

Summary

Strengths:

- Low premature death rate
- Low prevalence of multiple chronic conditions
- Low prevalence of cigarette smoking

Challenges:

- High racial disparity in premature death rates
- High prevalence of frequent mental distress
- Low prevalence of having a dedicated health care provider

Highlights:

NON-MEDICAL DRUG USE

▲79%
from 11.2% to 20.1% of adults between 2021 and 2022.

FREQUENT MENTAL DISTRESS

▲40%
from 12.2% to 17.1% of adults between 2018 and 2021.

HPV VACCINATION

▲36%
from 45.0% to 61.4% of adolescents ages 13-17 between 2020 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++++ 3 0.544					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++++	20	4.1	3.9
	Public Health Funding (dollars per person)	++	36	\$102	\$116
	Violent Crime (offenses per 100,000 population)	++++	12	261	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	13	39	—
	Food Insecurity (% of households)	++	35	11.2%	10.4%
	Income Inequality (80/20 ratio)	+++++	1	3.84	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++++	7	36.8%	32.1%
	High School Graduation (% of students)	++++	18	87.4%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++	26	14.7	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++++	5	11.9%	14.0%
	High-speed Internet (% of households)	+++++	1	95.2%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+	41	71	—
	Volunteerism (% ages 16+)	+++++	1	51.2%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+++	26	60.6%	60.1%
	PHYSICAL ENVIRONMENT*				
++++ 16 0.153					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	33	8.2	7.8
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++	36	6,249,565	—
	Water Fluoridation (% of population served)	+	42	52.2%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++++	14	66.3%	67.8%
	Housing With Lead Risk (% of housing stock)	++++	12	11.0%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	15	13.4%	17.0%
CLINICAL CARE*					
+++ 23 0.174					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++	34	10.5%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++	27	56.7	60.6
	Mental Health	++++	14	382.5	305.0
	Primary Care	+	49	208.8	265.3
Preventive Clinical Services	Uninsured (% of population)	++	32	9.0%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+++	23	74.3%	74.3%
	Dental Visit (% ages 18+)	+++++	5	73.0%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+++++	10	75.8%	70.5%
	Flu Vaccination (% ages 18+)	+++	24	46.5%	46.5%
	HPV Vaccination (% ages 13-17)	++	33	61.4%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	+	41	80.0%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+++++	3	1,523	2,770
BEHAVIORS*					
+++++ 3 1.000					
Nutrition and Physical Activity	Exercise (% ages 18+)	++++	12	24.9%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++	23	7.4%	7.4%
Sexual Health	Physical Inactivity (% ages 18+)	+++++	2	17.3%	23.7%
	Chlamydia (new cases per 100,000 population)	+++++	5	326.5	481.3
	High-risk HIV Behaviors (% ages 18+)	++++	11	5.1%	5.6%
Sleep Health	Teen Births (births per 1,000 females ages 15-19)	+++++	11	10.8	15.4
	Insufficient Sleep (% ages 18+)	++++	16	30.9%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++	31	7.2%	6.7%
	Smoking (% ages 18+)	+++++	1	7.2%	14.4%
HEALTH OUTCOMES*					
++++ 14 0.330					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	17	20.5	27.9
	Excessive Drinking (% ages 18+)	+++++	1	12.5%	17.3%
	Frequent Mental Distress (% ages 18+)	+	41	17.1%	14.7%
	Non-medical Drug Use (% ages 18+)	+	46	20.1%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++++	6	6,765	8,659
	Premature Death Racial Disparity (ratio)**	++	39	2.2	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++	21	10.6%	10.9%
	Low Birthweight (% of live births)	++++	11	7.0%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++++	11	1.8	2.0
	Multiple Chronic Conditions (% ages 18+)	+++++	3	7.1%	9.6%
	Obesity (% ages 18+)	++++	13	30.9%	33.9%
OVERALL*					
+++++ 7 0.487					

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 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 * Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Vermont

State Health Department Website: healthvermont.gov

Overall Rank:
3

VERMONT

Summary

Strengths:

- Low prevalence of non-medical drug use
- Low economic hardship index score
- Low uninsured rate

Challenges:

- High prevalence of excessive drinking
- High prevalence of frequent mental distress
- Low percentage of households with high-speed internet

Highlights:

DRUG DEATHS

▲42%
from 22.4 to 31.7 deaths per 100,000 population between 2017 and 2020.

FOOD INSECURITY

▼40%
from 13.2% to 7.9% of households between 2011-2013 and 2019-2021.

MENTAL HEALTH PROVIDERS

▲28%
from 407.3 to 522.2 per 100,000 population between 2017 and 2022.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++++ 12 0.320					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++	32	5.2	3.9
	Public Health Funding (dollars per person)	++++	4	\$231	\$116
	Violent Crime (offenses per 100,000 population)	++++	3	173	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	3	23	—
	Food Insecurity (% of households)	++++	6	7.9%	10.4%
	Income Inequality (80/20 ratio)	++++	12	4.41	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++++	16	33.6%	32.1%
	High School Graduation (% of students)	++	31	84.5%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++	26	14.7	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+	47	19.9%	14.0%
	High-speed Internet (% of households)	++	35	91.4%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++	32	67	—
	Volunteerism (% ages 16+)	++++	8	39.2%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	18	61.7%	60.1%
	PHYSICAL ENVIRONMENT*				
++++ 20 0.110					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	4	5.0	7.8
	Drinking Water Violations (% of community water systems)	+++	30	0.3%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++++	1	301	—
	Water Fluoridation (% of population served)	++	40	56.2%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++++	18	67.2%	67.8%
	Housing With Lead Risk (% of housing stock)	+	42	23.6%	16.9%
	Severe Housing Problems (% of occupied housing units)	++	35	16.5%	17.0%
CLINICAL CARE*					
+++++ 3 1.161					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++++	3	6.2%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++++	20	61.5	60.6
	Mental Health	++++	5	522.2	305.0
	Primary Care	++++	8	316.8	265.3
Preventive Clinical Services	Uninsured (% of population)	++++	2	3.7%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++++	6	77.5%	74.3%
	Dental Visit (% ages 18+)	++++	13	68.5%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++++	3	79.6%	70.5%
	Flu Vaccination (% ages 18+)	++++	3	54.5%	46.5%
	HPV Vaccination (% ages 13-17)	++++	15	66.7%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	++++	3	90.2%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	13	2,224	2,770
BEHAVIORS*					
+++++ 2 1.076					
Nutrition and Physical Activity	Exercise (% ages 18+)	++++	1	28.5%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++++	1	12.9%	7.4%
	Physical Inactivity (% ages 18+)	++++	3	17.8%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++++	1	179.0	481.3
	High-risk HIV Behaviors (% ages 18+)	+	41	6.2%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++++	3	7.0	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++++	4	28.2%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++++	4	5.0%	6.7%
	Smoking (% ages 18+)	+++	28	14.8%	14.4%
HEALTH OUTCOMES*					
+++++ 5 0.618					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++	32	31.7	27.9
	Excessive Drinking (% ages 18+)	++	39	19.2%	17.3%
	Frequent Mental Distress (% ages 18+)	++	35	15.6%	14.7%
	Non-medical Drug Use (% ages 18+)	++++	1	5.8%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++++	11	7,153	8,659
	Premature Death Racial Disparity (ratio)**	—	—	—	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++++	12	9.7%	10.9%
	Low Birthweight (% of live births)	++++	11	7.0%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	1	1.3	2.0
	Multiple Chronic Conditions (% ages 18+)	+++	23	9.4%	9.6%
	Obesity (% ages 18+)	++++	7	29.0%	33.9%
OVERALL*					
+++++ 3 0.651					

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 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 † Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Virginia

State Health Department Website: vdh.virginia.gov

Overall Rank:
14

Summary

Strengths:

- Low economic hardship index score
- Low percentage of household food insecurity
- High adult flu vaccination rate

Challenges:

- High income inequality
- High occupational fatality rate
- Low supply of mental health providers

Highlights:

FREQUENT MENTAL DISTRESS

▲47%
from 10.0% to 14.7% of adults between 2014 and 2021.

UNINSURED

▼14%
from 7.9% to 6.8% of the population between 2019 and 2021.

OBESITY

▲13%
from 30.3% to 34.2% of adults between 2018 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+++++ 7 0.464					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++	30	4.9	3.9
	Public Health Funding (dollars per person)	++	38	\$95	\$116
	Violent Crime (offenses per 100,000 population)	+++++	6	209	399
Economic Resources	Economic Hardship Index (index from 1-100)	+++++	5	26	—
	Food Insecurity (% of households)	+++++	5	7.8%	10.4%
	Income Inequality (80/20 ratio)	++	38	4.99	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++	26	31.8%	32.1%
	High School Graduation (% of students)	++++	17	87.5%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++	39	19.2	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++++	17	13.9%	14.0%
	High-speed Internet (% of households)	++++	18	92.9%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+++++	3	52	—
	Volunteerism (% ages 16+)	++++	14	37.2%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	11	64.5%	60.1%
	PHYSICAL ENVIRONMENT*				
+++++ 3 0.459					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	12	6.6	7.8
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+	44	10,493,892	—
	Water Fluoridation (% of population served)	+++++	5	96.3%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++++	11	65.6%	67.8%
	Housing With Lead Risk (% of housing stock)	++++	18	12.9%	16.9%
	Severe Housing Problems (% of occupied housing units)	+++	23	14.1%	17.0%
CLINICAL CARE*					
+++ 22 0.244					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++++	16	7.9%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++	21	60.8	60.6
	Mental Health	++	37	228.8	305.0
	Primary Care	++	35	254.8	265.3
Preventive Clinical Services	Uninsured (% of population)	+++	21	6.8%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++++	17	75.7%	74.3%
	Dental Visit (% ages 18+)	+++++	7	70.0%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+++	30	70.8%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	++++	16	49.4%	46.5%
	HPV Vaccination (% ages 13-17)	+++++	19	64.9%	61.7%
	Dedicated Health Care Provider (% ages 18+)	+++	25	84.0%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+++	29	2,796	2,770	
BEHAVIORS*					
++++ 18 0.297					
Nutrition and Physical Activity	Exercise (% ages 18+)	+++	26	22.7%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++	27	7.0%	7.4%
	Physical Inactivity (% ages 18+)	++++	13	20.9%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+++	29	479.9	481.3
	High-risk HIV Behaviors (% ages 18+)	+++++	7	4.8%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++++	18	13.1	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++	34	33.6%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++	26	6.8%	6.7%
	Smoking (% ages 18+)	++++	13	12.4%	14.4%
HEALTH OUTCOMES*					
+++ 22 0.115					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+++	24	25.7	27.9
	Excessive Drinking (% ages 18+)	+++	22	16.9%	17.3%
	Frequent Mental Distress (% ages 18+)	+++	25	14.7%	14.7%
	Non-medical Drug Use (% ages 18+)	+++	26	15.5%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++++	19	7,931	8,659
	Premature Death Racial Disparity (ratio)**	++++	11	1.3	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++++	17	10.1%	10.9%
	Low Birthweight (% of live births)	+++	27	8.3%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++	26	2.0	2.0
	Multiple Chronic Conditions (% ages 18+)	+++	30	10.1%	9.6%
	Obesity (% ages 18+)	+++	27	34.2%	33.9%
OVERALL*	+++++	14	0.310		

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Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Washington

State Health Department Website: doh.wa.gov

Overall Rank:

9

WASHINGTON

Summary

Strengths:

- Low premature death rate
- Low economic hardship index score
- Low prevalence of cigarette smoking

Challenges:

- High racial disparity in premature death rates
- High prevalence of frequent mental distress
- High levels of air pollution

Highlights:

FOOD INSECURITY

▼ **45%**

from 14.3% to 7.9% of households between 2011-2013 and 2019-2021.

DRUG DEATHS

▲ **36%**

from 16.3 to 22.2 deaths per 100,000 population between 2019 and 2020.

FREQUENT MENTAL DISTRESS

▲ **12%**

from 13.7% to 15.4% of adults between 2020 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
	++++	10	0.358		
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++++	2	2.8	3.9
	Public Health Funding (dollars per person)	+++	28	\$121	\$116
	Violent Crime (offenses per 100,000 population)	++++	16	294	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	6	28	—
	Food Insecurity (% of households)	++++	6	7.9%	10.4%
	Income Inequality (80/20 ratio)	++++	19	4.55	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++++	14	33.7%	32.1%
	High School Graduation (% of students)	+	42	81.1%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+	42	20.9	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++	22	15.2%	14.0%
	High-speed Internet (% of households)	++++	1	95.2%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	19	62	—
	Volunteerism (% ages 16+)	+++	25	34.6%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	6	66.7%	60.1%
PHYSICAL ENVIRONMENT*					
		++++	17	0.150	
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	32	8.0	7.8
	Drinking Water Violations (% of community water systems)	++	34	0.5%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++	26	3,147,090	—
	Water Fluoridation (% of population served)	++	34	63.9%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++++	4	62.0%	67.8%
	Housing With Lead Risk (% of housing stock)	+++	21	14.1%	16.9%
	Severe Housing Problems (% of occupied housing units)	++	35	16.5%	17.0%
CLINICAL CARE*					
		++++	11	0.548	
Access to Care	Avoided Care Due to Cost (% ages 18+)	++++	20	8.3%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++++	7	70.9	60.6
	Mental Health	++++	6	480.8	305.0
	Primary Care	+++	30	268.4	265.3
	Uninsured (% of population)	++++	19	6.4%	8.6%
Preventive Clinical Services	Colorectal Cancer Screening (% ages 50-75)	+++	23	74.3%	74.3%
	Dental Visit (% ages 18+)	++++	11	69.3%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+++	21	72.9%	70.5%
	Flu Vaccination (% ages 18+)	++++	18	48.9%	46.5%
	HPV Vaccination (% ages 13-17)	++++	12	67.8%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	+++	26	83.9%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	8	1,870	2,770
BEHAVIORS*					
		++++	6	0.717	
Nutrition and Physical Activity	Exercise (% ages 18+)	++++	7	25.9%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++++	9	9.0%	7.4%
	Physical Inactivity (% ages 18+)	++++	3	17.8%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++++	15	409.5	481.3
	High-risk HIV Behaviors (% ages 18+)	+	43	6.3%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++++	13	11.3	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++++	9	29.7%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++	22	6.5%	6.7%
	Smoking (% ages 18+)	++++	6	10.7%	14.4%
HEALTH OUTCOMES*					
		++++	13	0.344	
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	20	22.2	27.9
	Excessive Drinking (% ages 18+)	+++	24	17.0%	17.3%
	Frequent Mental Distress (% ages 18+)	++	32	15.4%	14.7%
	Non-medical Drug Use (% ages 18+)	+++	24	15.4%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++++	5	6,724	8,659
	Premature Death Racial Disparity (ratio)**	++	36	2.0	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++	26	11.0%	10.9%
	Low Birthweight (% of live births)	++++	3	6.7%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	11	1.8	2.0
	Multiple Chronic Conditions (% ages 18+)	+++	22	9.3%	9.6%
	Obesity (% ages 18+)	++++	6	28.8%	33.9%
OVERALL*		++++	9	0.434	

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 † Non-ranking measure.
 — Data not available, missing or suppressed.
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Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

West Virginia

Overall Rank:
47

State Health Department Website: dhr.wv.gov

WEST VIRGINIA

Summary

Strengths:

- Low prevalence of excessive drinking
- High prevalence of having a dedicated health care provider
- Low prevalence of high-risk HIV behaviors

Challenges:

- High premature death rate
- High prevalence of multiple chronic conditions
- High prevalence of non-medical drug use

Highlights:

DRUG DEATHS

▲54%
from 50.4 to 77.4 deaths per 100,000 population between 2019 and 2020.

FOURTH GRADE READING PROFICIENCY

▼26%
from 30.3% to 22.3% of fourth grade public school students between 2019 and 2022.

HIGH-SPEED INTERNET

▲11%
from 79.5% to 87.9% of households between 2016 and 2021.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
+ 48 -0.745					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+	47	7.8	3.9
	Public Health Funding (dollars per person)	++++	8	\$181	\$116
	Violent Crime (offenses per 100,000 population)	+++	23	356	399
Economic Resources	Economic Hardship Index (index from 1-100)	+	45	84	—
	Food Insecurity (% of households)	+	47	14.0%	10.4%
	Income Inequality (80/20 ratio)	+	43	5.27	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+	49	22.3%	32.1%
	High School Graduation (% of students)	++++	3	91.3%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++	34	16.5	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+	45	18.9%	14.0%
	High-speed Internet (% of households)	+	48	87.9%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	17	61	—
	Volunteerism (% ages 16+)	++	35	32.1%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+	49	50.1%	60.1%
	PHYSICAL ENVIRONMENT*				
++ 37 -0.150					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	19	7.3	7.8
	Drinking Water Violations (% of community water systems)	+	50	10.2%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++	24	2,815,847	—
	Water Fluoridation (% of population served)	++++	12	90.7%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+	44	77.1%	67.8%
	Housing With Lead Risk (% of housing stock)	++	35	20.6%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	1	10.9%	17.0%
CLINICAL CARE*					
++ 36 -0.385					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++	33	10.2%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+	42	49.2	60.6
	Mental Health	+	48	165.1	305.0
	Primary Care	++++	12	309.1	265.3
Preventive Clinical Services	Uninsured (% of population)	++++	16	6.1%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++	38	70.7%	74.3%
	Dental Visit (% ages 18+)	+	46	57.7%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++++	19	73.0%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	++	32	43.7%	46.5%
	HPV Vaccination (% ages 13-17)	+	42	56.4%	61.7%
	Dedicated Health Care Provider (% ages 18+)	++++	9	87.4%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+	50	4,041	2,770	
BEHAVIORS*					
+ 45 -0.875					
Nutrition and Physical Activity	Exercise (% ages 18+)	+	45	17.1%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+	45	5.1%	7.4%
	Physical Inactivity (% ages 18+)	+	45	30.5%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++++	4	303.0	481.3
	High-risk HIV Behaviors (% ages 18+)	++++	1	4.0%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+	43	22.5	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+	49	39.2%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+++	30	71%	6.7%
	Smoking (% ages 18+)	+	49	22.0%	14.4%
HEALTH OUTCOMES*					
+ 48 -0.929					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+	50	77.4	27.9
	Excessive Drinking (% ages 18+)	++++	2	12.6%	17.3%
	Frequent Mental Distress (% ages 18+)	+	49	19.3%	14.7%
	Non-medical Drug Use (% ages 18+)	+	50	25.7%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+	49	13,072	8,659
	Premature Death Racial Disparity (ratio)**	++++	6	1.2	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+	49	16.0%	10.9%
	Low Birthweight (% of live births)	+	41	9.3%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	7	1.7	2.0
	Multiple Chronic Conditions (% ages 18+)	+	49	18.1%	9.6%
	Obesity (% ages 18+)	+	49	40.6%	33.9%
OVERALL*					
+ 47 -0.704					

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 * Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Wisconsin

State Health Department Website: dhs.wisconsin.gov

Overall Rank:
21

WISCONSIN

Summary

Strengths:

- Low prevalence of non-medical drug use
- Low income inequality
- Low prevalence of physical inactivity

Challenges:

- High racial disparity in premature death rates
- High prevalence of excessive drinking
- High Black/white residential segregation

Highlights:

FLU VACCINATION COVERAGE

▲41%

from 36.0% to 50.7% of adults between 2016 and 2021.

FREQUENT MENTAL DISTRESS

▲36%

from 10.0% to 13.6% of adults between 2015 and 2021.

DRUG DEATHS

▲29%

from 20.9 to 26.9 deaths per 100,000 population between 2019 and 2020.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++++ 18 0.214					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++++	17	3.9	3.9
	Public Health Funding (dollars per person)	+	49	\$72	\$116
	Violent Crime (offenses per 100,000 population)	++++	20	323	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	10	32	—
	Food Insecurity (% of households)	+++	22	9.9%	10.4%
	Income Inequality (80/20 ratio)	++++	6	4.17	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	++++	20	32.6%	32.1%
	High School Graduation (% of students)	++++	7	90.1%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+	46	22.4	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++	27	15.7%	14.0%
	High-speed Internet (% of households)	+++	28	92.1%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+	47	78	—
	Volunteerism (% ages 16+)	++++	10	38.7%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++++	2	69.1%	60.1%
	PHYSICAL ENVIRONMENT*				
+ 43 -0.267					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	31	7.9	7.8
	Drinking Water Violations (% of community water systems)	+	46	4.4%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++	39	7,288,794	—
	Water Fluoridation (% of population served)	++++	18	87.3%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++	31	73.4%	67.8%
	Housing With Lead Risk (% of housing stock)	++	38	21.7%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	11	13.1%	17.0%
CLINICAL CARE*					
+++ 21 0.317					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++++	7	6.9%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++++	18	62.7	60.6
	Mental Health	++	34	241.7	305.0
	Primary Care	+++	21	286.2	265.3
Preventive Clinical Services	Uninsured (% of population)	++++	11	5.4%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+	46	67.5%	74.3%
	Dental Visit (% ages 18+)	++++	6	71.8%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++	35	68.9%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	++++	9	50.7%	46.5%
	HPV Vaccination (% ages 13-17)	+++	24	63.3%	61.7%
	Dedicated Health Care Provider (% ages 18+)	++++	12	86.6%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	18	2,452	2,770	
BEHAVIORS*					
++++ 13 0.498					
Nutrition and Physical Activity	Exercise (% ages 18+)	++++	15	24.7%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++	35	6.3%	7.4%
Sexual Health	Physical Inactivity (% ages 18+)	++++	10	20.3%	23.7%
	Chlamydia (new cases per 100,000 population)	+++	21	456.2	481.3
	High-risk HIV Behaviors (% ages 18+)	++++	7	4.8%	5.6%
Sleep Health	Teen Births (births per 1,000 females ages 15-19)	++++	14	11.5	15.4
	Insufficient Sleep (% ages 18+)	++++	10	30.0%	32.3%
Smoking and Tobacco Use	Premature Death (years lost before age 75 per 100,000 population)	++++	16	6.2%	6.7%
	E-cigarette Use (% ages 18+)*	++++	16	6.2%	6.7%
Smoking (% ages 18+)	++++	18	13.3%	14.4%	
HEALTH OUTCOMES*					
+++ 28 -0.100					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+++	26	26.9	27.9
	Excessive Drinking (% ages 18+)	+	49	23.8%	17.3%
	Frequent Mental Distress (% ages 18+)	++++	13	13.6%	14.7%
	Non-medical Drug Use (% ages 18+)	++++	3	9.2%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++++	17	7,787	8,659
	Premature Death Racial Disparity (ratio)**	++	39	2.2	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++++	12	9.7%	10.9%
	Low Birthweight (% of live births)	++++	18	7.7%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+	50	2.5	2.0
	Multiple Chronic Conditions (% ages 18+)	+++	23	9.4%	9.6%
	Obesity (% ages 18+)	+++	23	33.9%	33.9%
OVERALL*					
+++ 21 0.160					

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.
 ** Disparity measures compare the group with the highest or lowest rate and the white rate.
 † Non-ranking measure.
 — Data not available, missing or suppressed.
 For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50

Wyoming

State Health Department Website: health.wyo.gov

Overall Rank:

33

WYOMING

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- High reading proficiency among fourth grade public school students
- Low levels of air pollution

Challenges:

- High occupational fatality rate
- Low adult flu vaccination rate
- High uninsured rate

Highlights:

HPV VACCINATION

▲80%

from 26.7% to 48.0% of adolescents ages 13-17 between 2016 and 2021.

FOOD INSECURITY

▼15%

from 13.2% to 11.2% of households between 2015-2017 and 2019-2021.

PREMATURE DEATH

▲14%

from 8,000 to 9,141 years lost before age 75 per 100,000 population between 2019 and 2020.

Measures	Rating	State Rank	State Value	U.S. Value	
SOCIAL & ECONOMIC FACTORS*					
++ 36 -0.213					
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+	50	10.9	3.9
	Public Health Funding (dollars per person)	++++	14	\$159	\$116
	Violent Crime (offenses per 100,000 population)	+++++	8	234	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	17	42	—
	Food Insecurity (% of households)	++	35	11.2%	10.4%
	Income Inequality (80/20 ratio)	++++	14	4.47	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+++++	3	38.3%	32.1%
	High School Graduation (% of students)	++	38	82.1%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+	48	24.8	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+	49	23.0%	14.0%
	High-speed Internet (% of households)	++++	20	92.6%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++	37	69	—
Engagement	Volunteerism (% ages 16+)	++	33	32.6%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+++	30	58.8%	60.1%
PHYSICAL ENVIRONMENT*					
+++++ 8 0.329					
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	3	4.7	7.8
	Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++++	3	12,717	—
	Water Fluoridation (% of population served)	++	39	57.1%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++	39	75.9%	67.8%
	Housing With Lead Risk (% of housing stock)	+++	24	15.2%	16.9%
	Severe Housing Problems (% of occupied housing units)	+++++	5	11.9%	17.0%
CLINICAL CARE*					
+ 44 -0.814					
Access to Care	Avoided Care Due to Cost (% ages 18+)	++	34	10.5%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++++	16	63.6	60.6
	Mental Health	+++++	13	390.3	305.0
	Primary Care	++	38	244.1	265.3
Preventive Clinical Services	Uninsured (% of population)	+	47	12.2%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+	49	63.4%	74.3%
	Dental Visit (% ages 18+)	+++	29	65.4%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	++	35	68.9%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	+	48	37.7%	46.5%
	HPV Vaccination (% ages 13-17)	+	49	48.0%	61.7%
	Dedicated Health Care Provider (% ages 18+)	+	46	75.4%	84.1%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	11	2,205	2,770	
BEHAVIORS*					
+++ 24 0.090					
Nutrition and Physical Activity	Exercise (% ages 18+)	++++	16	24.5%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++	35	6.3%	7.4%
	Physical Inactivity (% ages 18+)	+++++	19	22.9%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+++++	6	338.8	481.3
	High-risk HIV Behaviors (% ages 18+)	++++	12	5.2%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++	34	18.1	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+++	21	31.7%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++	39	7.5%	6.7%
	Smoking (% ages 18+)	++	36	16.4%	14.4%
HEALTH OUTCOMES*					
++ 35 -0.239					
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	+++++	8	17.2	27.9
	Excessive Drinking (% ages 18+)	++	31	17.8%	17.3%
	Frequent Mental Distress (% ages 18+)	+++	29	15.1%	14.7%
	Non-medical Drug Use (% ages 18+)	++++	15	13.9%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++	32	9,141	8,659
	Premature Death Racial Disparity (ratio)**	+	44	2.9	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++	32	11.7%	10.9%
	Low Birthweight (% of live births)	+	45	9.7%	8.2%
	Low Birthweight Racial Disparity (ratio)**	++++	11	1.8	2.0
	Multiple Chronic Conditions (% ages 18+)	+++++	10	8.4%	9.6%
	Obesity (% ages 18+)	++++	19	32.0%	33.9%
OVERALL*					
++ 33 -0.195					

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Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50