

# Hawaii

State Health Department Website: [health.hawaii.gov](http://health.hawaii.gov)

Overall Rank

# 6

## Summary

### Strengths

- Low prevalence of frequent mental distress
- Low prevalence of multiple chronic conditions
- Low prevalence of avoiding care due to cost

### Challenges

- High economic hardship index score
- Low volunteerism rate
- High prevalence of insufficient sleep

## Highlights

### Diabetes

50% ▲

from 7.8% to 11.7% of adults between 2012 and 2022.

### Mental Health Providers

29% ▲

from 241.0 to 310.7 per 100,000 population between September 2018 and September 2023.

### Housing Cost Burden

12% ▲

from 41.4% to 46.3% of households between 2021 and 2022.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>12</b>	<b>0.469</b>	
<b>Community and Family Safety</b>	Homicide (Deaths per 100,000 population)	7	3.0	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	8	3.4	3.9
	Public Health Funding (Dollars per person)	5	\$255	\$183
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	36	65	—
	Food Insecurity (% of households)	12	9.1%	11.2%
	Income Inequality (80-20 Ratio)	20	4.53	4.92
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	8	35.2%	32.1%
	High School Completion (% of adults ages 25+)	14	92.9%	89.6%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	11	12.5%	14.0%
	High-Speed Internet (% of households)	16	93.6%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	20	63	—
	Volunteerism (% of population ages 16+)	45	19.7%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	34	57.2%	59.5%
<b>Physical Environment</b>		<b>27</b>	<b>0.245</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	1	4.1	8.6
	Drinking Water Violations (Average number of violations per community water system)	1	0.0	2.7
	Water Fluoridation (% of population served)	50	8.5%	72.7%
<b>Climate and Health</b>	Climate Policies (Number of four policies)	13	3	—
	Climate Risks (% of population)*	22	31.0%	35.5%
	Renewable Energy (% of total electricity generated)*	23	18.5%	20.5%
<b>Housing and Transit</b>	Housing With Lead Risk (% of housing stock)	12	10.7%	16.5%
	Severe Housing Problems (% of occupied housing units)	49	25.7%	16.7%
	Transportation Health Risks (% of population)*	49	47.5%	24.0%
<b>Clinical Care</b>		<b>4</b>	<b>1.084</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	1	5.7%	10.1%
	Dental Care Providers (Number per 100,000 population)	4	79.1	64.6
	Mental Health Providers (Number per 100,000 population)	27	310.7	324.9
	Primary Care Providers (Number per 100,000 population)	41	212.6	232.0
	Uninsured (% of population)	2	3.5%	8.0%
<b>Preventive Clinical Services</b>	Childhood Immunizations (% of children by age 24 months)	17	73.1%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	22	62.5%	61.8%
	Dental Visit (% of adults)	3	71.9%	66.0%
	Flu Vaccination (% of adults)	9	51.1%	45.6%
<b>Quality of Care</b>	HPV Vaccination (% of adolescents ages 13-17)	6	74.2%	62.6%
	Dedicated Health Care Provider (% of adults)	6	88.4%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	2	1,435	2,681
<b>Behaviors</b>		<b>17</b>	<b>0.300</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	14	24.8%	23.0%
	Fruit and Vegetable Consumption (% of adults)	19	7.9%	7.4%
	Physical Inactivity (% of adults)	11	21.3%	23.4%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	17	421.6	495.5
	High-Risk HIV Behaviors (% of adults)	16	5.5%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	22	12.3	13.9
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	50	45.6%	35.5%
<b>Tobacco Use</b>	Smoking (% of adults)	4	10.0%	14.0%
<b>Health Outcomes</b>		<b>1</b>	<b>1.071</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	6	18.6	32.1
	Excessive Drinking (% of adults)	38	19.9%	18.4%
	Frequent Mental Distress (% of adults)	1	11.5%	15.9%
	Non-medical Drug Use (% of adults)	7	10.7%	15.9%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	2	6,911	9,478
	Premature Death Racial Disparity (Ratio)	1	1.0	1.6
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	1	9.5%	12.4%
	Low Birth Weight (% of live births)	30	8.8%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	1	7.0%	11.2%
	Obesity (% of adults)	2	25.9%	33.6%
<b>Overall</b>		<b>6</b>	<b>0.655</b>	

\* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).  
 — Data not available, missing or suppressed.