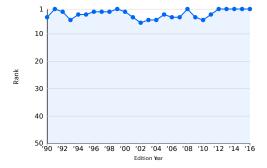
# Hawaii



Hawaii

**NO CHANGE** 

DETERMINANTS RANK: 4 OUTCOMES RANK: 1



Rank Based On: Weighted sum of the number of standard deviations each core measure is from the national average.

## STRENGTHS

- Low prevalence of obesity
- Low percentage of population without insurance
- Low rate of preventable hospitalizations

## CHALLENGES

- High prevalence of excessive drinking
- High incidence of Salmonella
- Low Tdap immunization coverage among adolescents

## HIGHLIGHTS

- In the past two years, drug deaths decreased 4% from 11.7 to 11.2 deaths per 100,000 population.
- In the past year, physical inactivity increased 15% from 19.6% to 22.5% of adults.
- In the past two years, violent crime increased 23% from 239 to 293 offenses per 100,000 population.
- In the past year, HPV immunization among females aged 13 to 17 years increased 38% from 38.0% to 52.4%.
- In the past year, diabetes decreased 13% from 9.8% to 8.5% of adults.

## WEBSITE: health.hawaii.gov

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AMERICA'S HEALTH RANKINGS' UNITED HEALTH FOUNDATION

| leasure  | Rating          | 2016 Value | 2016 Rank |
|--|-----------------|------------|-----------|
| BEHAVIOF<br>Drug Deaths (Deaths per 100,000 populatio                              |                 | 11.2       | 10        |
| Excessive Drinking (Percentage of adult  |                 | 20.5%      | 43        |
| High School Graduation (Percentage of student                                      |                 | 81.6%      | 33        |
| Obesity (Percentage of adult   |                 | 22.7%      | 2         |
| Physical Inactivity (Percentage of adult   |                 | 22.5%      | 12        |
| Smoking (Percentage of adult   |                 | 14.1%      | 8         |
| Behaviors* (All Behavior   |                 | 0.163      | 5         |
| COMMUNITY & ENVIRONMEN   |                 | 0.105      | 5         |
| Air Pollution (Micrograms of fine particles per cubic mete                         |                 | 7.0        | 12        |
| Children in Poverty (Percentage of children  | ) ****          | 14.6%      | 12        |
| Infectious Disease (Combined average z-score of Chlamydia, Pertussis and Salmonell | ı) <b>★</b> ★   | 0.140      | 33        |
| Chlamydia (Cases per 100,000 population  | ) ***           | 457.2      | 28        |
| Pertussis (Cases per 100,000 populatio   | ) ****          | 2.7        | 4         |
| Salmonella (Cases per 100,000 populatio  |                 | 23.0       | 45        |
| Occupational Fatalities (Deaths per 100,000 worker                                 |                 | 3.5        | 10        |
| Violent Crime (Offenses per 100,000 populatio                                      |                 | 293        | 20        |
| Community & Environment * (All Community & Environment Measure                     |                 | 0.145      | 13        |
| POLIC  | -               | 0.145      | 10        |
| Immunizations - Adolescents (Percentage of adolescents aged 13 to 17 year          |                 | -0.123     | 30        |
| Immunization HPV female (Percentage of females aged 13 to 17 year                  | s) ****         | 52.4%      | 6         |
| Immunization HPV male (Percentage of males aged 13 to 17 year                      | 5) ****         | 36.2%      | 12        |
| Immunization Meningococcal (Percentage of adolescents aged 13 to 17 year           |                 | 78.7%      | 26        |
| Immunization Tdap (Percentage of adolescents aged 13 to 17 year                    |                 | 79.6%      | 45        |
| Immunizations - Children (Percentage of children aged 19 to 35 month               |                 | 73.8%      | 20        |
| Lack of Health Insurance (Percentage of populatio                                  |                 | 4.7%       | 3         |
| Public Health Funding (Dollars per perso   |                 | \$220      | 2         |
| Policy * (All Policy measure   |                 |            | 4         |
| CLINICAL CAR   | -               | 0.147      | 4         |
| Dentists (Number per 100,000 populatio   |                 | 75.6       | 6         |
| Primary Care Physicians (Number per 100,000 population                             | ) ****          | 172.6      | 10        |
| Low Birthweight (Percentage of live birth  |                 | 7.9%       | 22        |
| Preventable Hospitalizations (Discharges per 1,000 Medicare enrollee               |                 | 23.5       | 1         |
| Clinical Care * (All Clinical Care measure   |                 | 0.160      | 2         |
| ALL DETERMINANT<br>All Determinants* (All Determinant                              | S               | 0.616      | 4         |
| OUTCOME  |                 |            |           |
| Cancer Deaths (Deaths per 100,000 population                                       | ) ****          | 158.4      | 2         |
| Cardiovascular Deaths (Deaths per 100,000 population                               | ) ****          | 206.6      | 4         |
| Diabetes (Percentage of adult  | ;) <b>★</b> ★★★ | 8.5%       | 12        |
| Disparity in Health Status (Percent difference                                     | *) *****        | 14.8%      | 1         |
| Infant Mortality (Deaths per 1,000 live birth                                      | s) ****         | 5.4        | 16        |
| Frequent Mental Distress (Percentage of adult                                      | s) *****        | 8.8%       | 3         |
| Frequent Physical Distress (Percentage of adult                                    | ;)              | 9.2%       | 2         |
| Premature Death (Years lost per 100,000 population                                 | ) ****          | 5,898      | 7         |
| All Outcomes* (All Outcome   | ;)              | 0.289      | 1         |
| OVERAI<br>Overail* (Overail  |                 | 0.905      | 1         |
| SUPPLEMENTAL MEASURE   |                 |            |           |
| Binge Drinking (Percentage of adult  |                 | 18.9%      | 42        |
| Cholesterol Check (Percentage of adult   | s) *            | 73.2%      | 44        |
| Chronic Drinking (Percentage of adult  | s) *            | 7.7%       | 45        |
| Colorectal Cancer Screening (Percentage of adults aged 50 to 75 year               | s) ****         | 69.3%      | 15        |
| Dental Visit, Annual (Percentage of adult  |                 | 71.6%      | 6         |
| Fruits (Fruits per da  |                 | 1.3        | 24        |
| Heart Attack (Percentage of adult  |                 | 2.9%       | 1         |
| Heart Disease (Percentage of adult   |                 | 2.8%       | 3         |
| High Blood Pressure (Percentage of adult   |                 | 32.0%      | 28        |
| High Cholesterol (Percentage of adult  |                 | 36.3%      | 25        |
| High Health Status (Percentage of adult  |                 |            |           |
|  |                 | 49.1%      | 37        |
| Income Disparity (Gini Rati  |                 | 0.435      | 3         |
| Injury Deaths (Deaths per 100,000 populatio  |                 | 49.3       | 5         |
| Insufficient Sleep (Percentage of adult  |                 | 44.0%      | 50        |
| Median Household Income (Dollars per household                                     |                 | \$64,514   | 11        |
| Personal Income, Per Capita (Current dollar  | s) ****         | \$47,753   | 20        |
|  |                 | 0.0        | 2         |
| Poor Mental Health Days (Days in the past 30 day                                   | 5) <b>****</b>  | 2.9        | 2         |



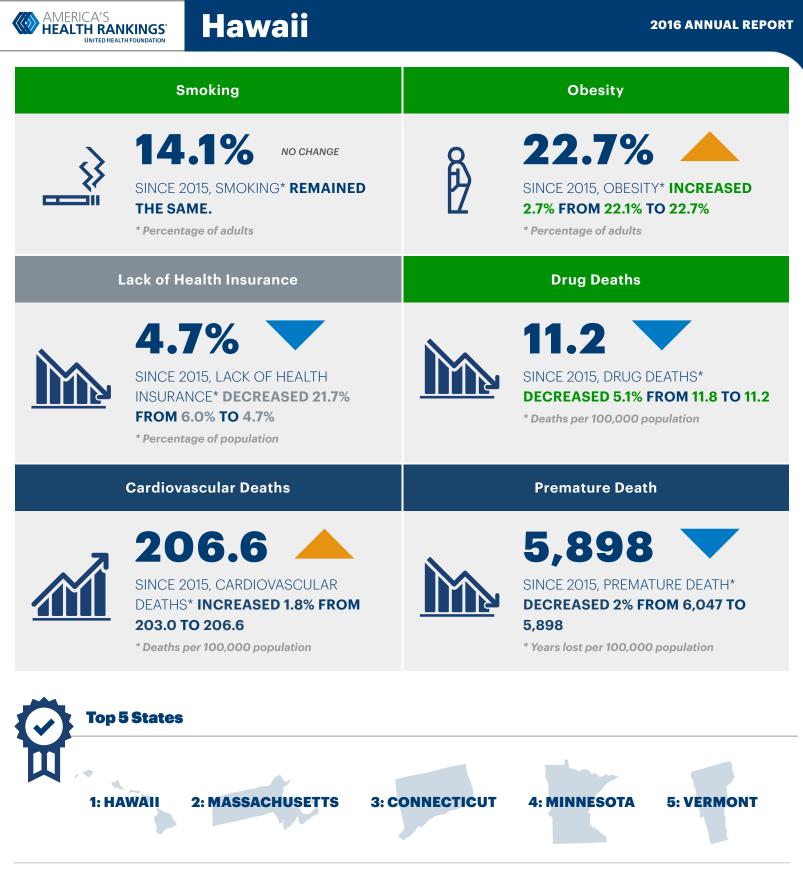
Hawaii

## **2016 ANNUAL REPORT**

|          | Suicide (Deaths per 100,000 population)                            | ***  | 14.2  | 22 |  |
|----------|--|------|-------|----|--|
|          | Underemployment Rate (Percentage of civilian labor force)          | ***  | 9.7%  | 22 |  |
|          | Unemployment Rate, Annual (Percentage of the civilian labor force) | **** | 3.7%  | 8  |  |
| ING RANK | Vegetables (Vegetables per day)                                    | **** | 2.1   | 3  |  |
| *** 1-10 | Water Fluoridation (Percentage of population)                      | *    | 11.7% | 50 |  |

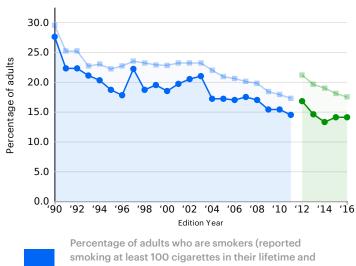
\* Value indicates z score. Negative scores are below US value; positive scores are above US value. For complete definitions of measures including data sources and years, see "Appendix: Core Measures".

| RATING | RANK    |
|--------|---------|
| ****   | 1 – 10  |
| ****   | 11 – 20 |
| ***    | 21 - 30 |
| **     | 31 - 40 |
| *      | 41 - 50 |



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### Smoking



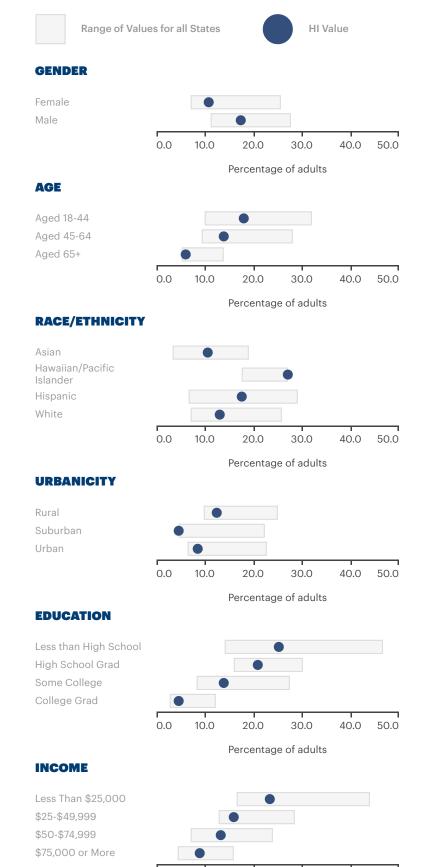
Hawaii

smoking at least 100 cigarettes in their lifetime and currently smoke every or some days) (pre-2011 BRFSS methodology)

Percentage of adults who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)



Smoking is the leading cause of preventable death. Annually, more than 480,000 people die from cigarette smoking, including nearly 42,000 deaths from secondhand smoke exposure. More than 16 million Americans are living with a smoking-related disease, which can damage nearly every organ and potentially cause respiratory disease, heart disease, stroke, cancer, preterm birth, low birthweight, and premature death. Smoking prevalence has decreased in all 50 states over the past four years, but in 15 states, it has increased among those with less than a high school education. Direct medical expenditures attributed to smoking exceed \$170 billion annually.



Percentage of adults Subpopulation values are suppressed if the sample size is < 50 or the relative standard error is > 30%

20.0

30.0

40.0

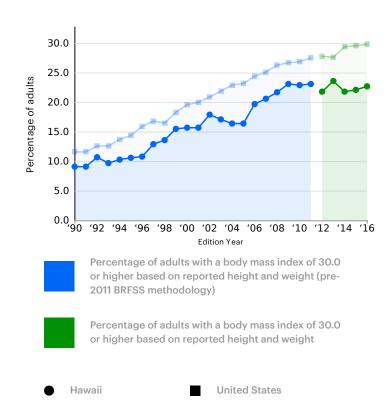
50.0

10.0

0.0



## Obesity



Obesity is generally caused by the regular consumption of more calories than the body is able to burn. Additional contributing factors include genetics, prenatal and early life influences, unhealthy diets, insufficient sleep, too much television, lack of physical activity, and the social and physical environment. Obesity contributes to an estimated 200,000 deaths yearly and is a leading factor in such preventable conditions as heart disease, type 2 diabetes, stroke, cancer, and hypertension. An estimated \$190.2 billion is spent on obesity-related health issues each year, representing 21% of annual medical spending.

#### Range of Values for all States HI Value GENDER Female Male 0.0 12.0 24.0 36.0 48.0 60.0 Percentage of adults AGE Aged 18-44 Aged 45-64 Aged 65+ 0.0 12.0 24.0 36.0 48.0 60.0 Percentage of adults **RACE/ETHNICITY** Asian Hawaiian/Pacific Islander Hispanic White 0.0 12.0 36.0 24.0 48.0 60.0 Percentage of adults URBANICITY Suburban Rural Urban 0.0 12.0 24.0 36.0 48.0 60.0 Percentage of adults **EDUCATION** Less than High School High School Grad Some College College Grad 0.0 12.0 24.0 36.0 48.0 60.0 Percentage of adults INCOME Less Than \$25,000 \$25-\$49,999 \$50-\$74,999 \$75,000 or More 36.0 0.0 12.0 24.0 48.0 60.0

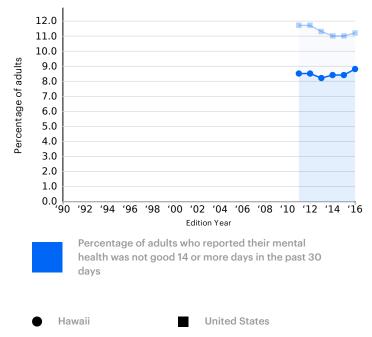
Subpopulation values are suppressed if the sample size is  ${}^{<}$  50 or the relative standard error is  ${}^{>}$  30%

Percentage of adults



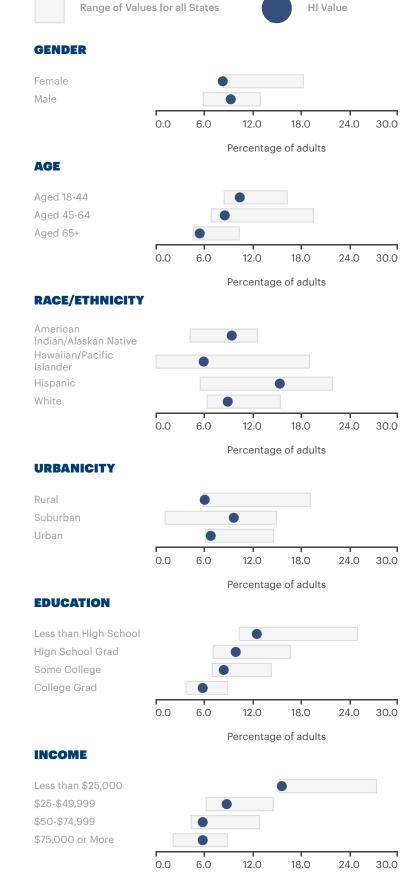
AMERICA'S HEALTH RANKINGS UNITED HEALTH FOUNDATION

#### **Frequent Mental Distress**



Hawaii

Frequent mental distress (FMD), a measure of health-related quality of life, captures the segment of the population experiencing persistent and likely severe mental health issues. The number of poor mental health days a person experiences is a significant predictor of future adverse health events resulting in a provider visit, hospitalization, or mortality within 30 days and within one year among older adults. Although occasional short periods of mental distress may be unavoidable, more prolonged and serious episodes are treatable and preventable through early intervention. Estimates put the economic burden of serious mental illness at \$317 billion, excluding incarceration, homelessness, comorbid conditions, and early mortality.



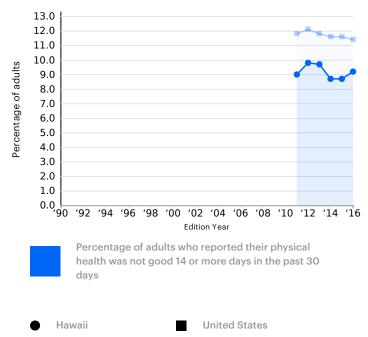
Percentage of adults



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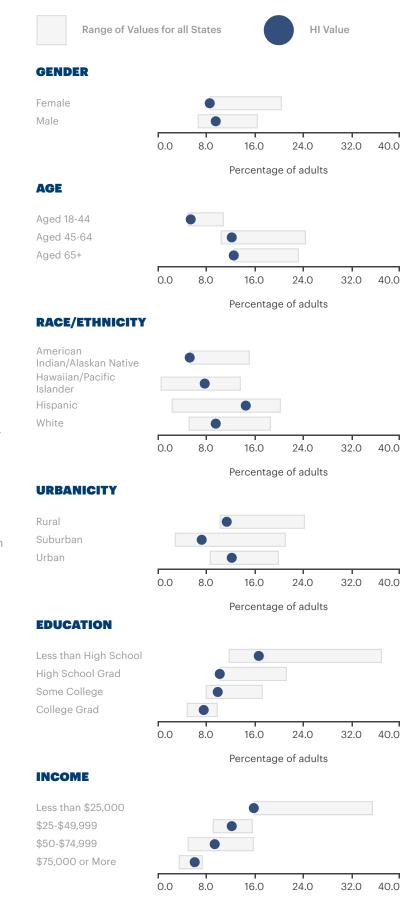
AMERICA'S HEALTH RANKINGS" UNITED HEALTH FOUNDATION

## **Frequent Physical Distress**



Hawaii

Frequent physical distress (FPD) is a measure of health-related quality of life and captures the population experiencing persistent and likely severe physical health problems. The prevalence of FPD is higher among adults with a greater number of chronic illnesses. Among adults with chronic conditions, prevalence of FPD is highest among those with cardiovascular disease, including myocardial infarction, angina, and stroke. Research shows that poor physical health days, along with other self-reported measures of health-related quality of life, are significant predictors of future adverse health events resulting in a provider visit, hospitalization, or mortality within 30 days and within one year among older adults.



Percentage of adults



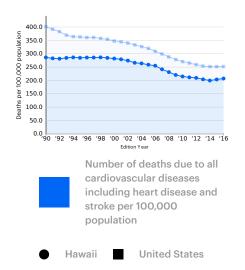
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## Hawaii

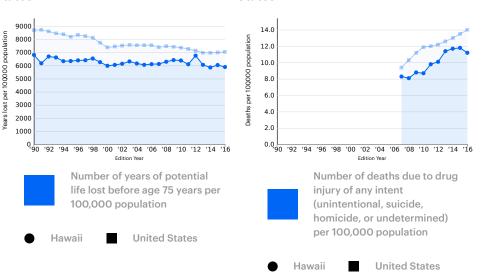
## Trend: Cardiovascular Deaths, Hawaii, United States

HEALTH RANKINGS

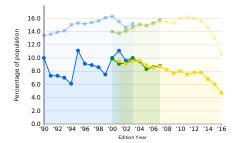
AMERICA'S



## Trend: Premature Death, Hawaii, United Trend: Drug Deaths, Hawaii, United States States



## Trend: Lack of Health Insurance, Hawaii, United States





Percentage of the population that does not have health insurance privately, through their employer, or through the government



Percentage of the population that does not have health insurance privately, through their employer, or through the government



Percentage of the population that does not have health insurance privately, through their employer, or through the government

Hawaii

United States

