

	HAWAII		U.S.		KAUAI	
	2007 %	2011 %	2011 %	2011 %		
<b>Physical Activity &amp; Nutrition</b>						
Physically active at least 60 minutes per day in the past 7 days (activity that increased their heart rate and made them breathe hard)						
0 days •	18.9	18.5	13.8	17.5		
All 7 days •	18.1	21.0	28.7	24.3		
Attended physical education classes on 1 or more days in an average week (when they were in school) •	38.5	41.6	51.8	36.7		
Played on at least one sports team in the past 12 months (run by their school or community groups) •	NA	54.8	58.4	58.3		
Watched television 3 or more hours per day (on an average school day) ◊	32.9	31.7	32.4	25.8		
Used computers 3 or more hours per day (played video or computer games or used a computer for something that was not school work on an average school day) * • ◊	31.1	36.6	31.1	27.3		
Took diet pills, powders or liquids to lose weight or to keep from gaining weight in the past 30 days (without a doctor's advice) •	8.3	6.5	5.1	5.7		
Vomited or took laxatives to lose weight or to keep from gaining weight in the past 30 days * •	7.9	5.5	4.3	5.4		
Ate fruits and vegetables five or more times per day in the past 7 days ◊	17.2	17.5	NA	21.0		
Drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days (not diet) * •	22.6	17.5	27.8	18.2		
Drank three or more glasses of milk per day in the past 7 days	8.3	9.0	NA	8.6		
<b>Mental Health &amp; Suicide</b>						
Felt sad or hopeless almost every day for two or more weeks in a row so that they stopped doing some usual activities in the past 12 months ◊	31.8	29.5	28.5	24.4		
Made a plan about how they would attempt suicide in the past 12 months •	17.0	15.0	12.8	12.6		
Attempted suicide in the past 12 months *	12.0	8.6	7.8	9.0		
Suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse in the past 12 months	3.0	3.4	2.4	3.8		

	HAWAII		U.S.		KAUAI	
	2007 %	2011 %	2011 %	2011 %		
<b>Injuries &amp; Violence</b>						
Rarely or never wore a bicycle helmet (among students who had ridden a bicycle in the past 12 months)	86.1	87.6	87.5	90.1		
Did not go to school because they felt unsafe at school or on their way to or from school on at least 1 day in the past 30 days	7.8	6.6	5.9	7.6		
Bullied electronically in the past 12 months	NA	14.9	16.2	16.1		
Bullied on school property in the past 12 months	NA	20.3	20.1	20.0		
Carried a weapon on school property on at least 1 day in the past 30 days (for example, a gun, knife, or club)	3.7	4.2	5.4	3.5		
Threatened or injured with a weapon on school property in the past 12 months	6.4	6.3	7.4	5.1		
In a physical fight in the past 12 months * •	28.6	22.3	32.8	22.4		
In a physical fight on school property in the past 12 months • ◊	7.0	8.1	12.0	5.4		
Hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend in the past 12 months	9.5	8.5	9.4	8.9		
Ever physically forced to have sexual intercourse	7.8	7.1	8.0	8.2		
<b>Other Topics</b>						
Overweight or obese (≥ 85 percentile BMI for age & sex)	30.0	26.6	28.2	24.3		
Described themselves as gay or lesbian or bisexual	NA	7.3	NA	7.0		
Had a parent or another adult in their family talk with them about the dangers of tobacco, alcohol, or drug use in the past 12 months	NA	45.3	NA	47.5		
Had at least one teacher or other adult in their school that they could talk to if they have a problem	NA	66.3	NA	63.2		
Had an adult outside of school they could talk to about things that are important to them	NA	77.3	NA	79.6		
Thought they probably or definitely will complete a post high school program such as a vocational training program, military service, community college, or 4-year college	75.6	80.2	NA	78.6		

	HAWAII		U.S.		KAUAI	
	2007 %	2011 %	2011 %	2011 %		
<b>Sexual Behaviors</b>						
Ever had sexual intercourse •	36.2	37.0	47.4	36.8		
Had sexual intercourse for the first time before age 13	5.1	5.2	6.2	3.5		
Ever had sexual intercourse with four or more persons •	6.1	8.0	15.3	8.3		
Had sexual intercourse with at least one person in the past 3 months •	23.6	23.9	33.7	25.6		
Ever had oral sex	33.3	36.3	NA	35.5		
Ever had anal sex	13.4	13.0	NA	10.8		
Drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	27.2	20.9	22.1	22.0		
Used a condom during last sexual intercourse (among students who were currently sexually active) * •	54.2	43.9	60.2	46.2		
Used birth control pills or Depo-Provera (or any injectable birth control), Nuva Ring (or any birth control ring), Implanon (or any implant), or any IUD before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)	NA	20.9	23.3	25.4		
Used any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active) •	79.7	80.2	87.1	NA		
Ever taught in school about AIDS or HIV infection *	87.1	83.6	84.0	80.8		
Ever had parents or other adults in their family talk with them about what they expect them to do or not to do when it comes to sex	55.9	57.7	NA	61.0		
* Statistically significant difference (p < 0.05) between Hawaii 2007 and 2011						
• Statistically significant difference (p < 0.05) between Hawaii and U.S.						
◊ Statistically significant difference (p < 0.05) between county and state						
NA Not Applicable (question was not asked)						

## Alcohol & Other Drug Use

	HAWAII		U.S.		KAUAI	
	2007 %	2011 %	2011 %	2011 %	2011 %	2011 %
Drank alcohol for the first time before age 13 (other than a few sips)	21.0	19.2	20.5	20.9		
Had at least one drink of alcohol on at least 1 day in the past 30 days •	29.1	<b>29.1</b>	<b>38.7</b>	29.7		
Had at least one drink of alcohol on school property on at least 1 day in the past 30 days	6.0	5.0	5.1	6.6		
Had five or more drinks of alcohol in a row within a couple of hours on at least 1 day in the past 30 days • ◊	14.9	<b>15.4</b>	<b>21.9</b>	<b>19.3</b>		
Usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol in the past 30 days) *	<b>32.4</b>	<b>41.4</b>	40.0	42.5		
Tried marijuana for the first time before age 13 ◊	11.7	<b>9.5</b>	8.1	<b>16.4</b>		
Used marijuana in the past 30 days *	<b>15.7</b>	<b>21.9</b>	23.1	23.4		
Used marijuana on school property in the past 30 days •	5.7	<b>7.6</b>	<b>5.9</b>	7.7		
Ever used any form of cocaine	5.6	6.4	6.8	8.2		
Ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high •	11.4	<b>9.7</b>	<b>11.4</b>	10.0		
Ever used methamphetamines	4.5	3.4	3.8	5.2		
Ever used ecstasy *	<b>4.6</b>	<b>9.0</b>	8.2	9.2		
Ever took prescription drugs without a doctor's prescription •	NA	<b>14.3</b>	<b>20.7</b>	17.5		
Offered, sold, or given an illegal drug by someone on school property in the past 12 months • ◊	36.2	<b>31.7</b>	<b>25.6</b>	<b>23.4</b>		

\* Statistically significant difference ( $p < 0.05$ ) between Hawaii 2007 and 2011

• Statistically significant difference ( $p < 0.05$ ) between Hawaii and U.S.

◊ Statistically significant difference ( $p < 0.05$ ) between county and state

NA Not Applicable (question was not asked)

## Tobacco Use<sup>1</sup>

	HAWAII		U.S.		KAUAI	
	2007 %	2011 %	2011 %	2011 %	2011 %	2011 %
Ever tried any form of tobacco	43.7	33.5	—	—		
Smoked cigarettes on at least 1 day in the past 30 days	9.7	8.7	—	—		
Tried to quit smoking cigarettes in the past 12 months (among students who currently smoked cigarettes)	64.2	61.9	—	—		
Exposed to secondhand smoke at home or in a car in the past week before the survey	58.3	49.3	—	—		
Ever tried an e-cigarette	NA	5.1	—	—		

<sup>1</sup> Data from Hawaii Youth Tobacco Survey (YTS) are not available at the county or national level.

## DID YOU KNOW?

- **Kauai public high school students compared to the state are less likely to watch TV for three or more hours per day on an average school day? (25.8% vs. 31.7%)**
- **One in four students in Kauai public high schools reported feeling sad or hopeless for at least two weeks in the past year?**

## SURVEY RESULTS 2011

# HAWAII YOUTH RISK BEHAVIORS

## HAWAII SCHOOL HEALTH SURVEY

### KAUAI COUNTY PUBLIC HIGH SCHOOL REPORT

For more information on the Youth Risk Behavior Survey and state and national results visit [www.cdc.gov/HealthyYouth/yrbs/index.htm](http://www.cdc.gov/HealthyYouth/yrbs/index.htm). Hawaii state and county results, including by gender, grade level, and race/ethnicity, can be obtained from the Hawaii Health Data Warehouse at [www.hhdw.org](http://www.hhdw.org).

The Hawaii School Health Survey is a joint project of the Hawaii Departments of Education (DOE) and Health (DOH) and the University of Hawaii's Curriculum Research & Development Group. It is largely funded by the DOH Healthy Hawaii Initiative with additional funds from the DOH Communities Putting Prevention to Work (CPPW) project and the DOE's cooperative agreement with the Centers for Disease Control and Prevention (CDC) #5U87DP001203-05. Its content is solely the responsibility of the authors and does not necessarily represent the official views of the CDC.

