

United States

Health Department Website: hhs.gov

Summary

Highlights

Drug Deaths

43% ▲

from 6.9 to 9.9 deaths per 100,000 adults ages 65+ between 2016-2018 and 2019-2021.

Number of Geriatric Providers

16% ▲

from 31.4 to 36.4 per 100,000 adults ages 65+ between September 2019 and September 2022.

Multiple Chronic Conditions

13% ▲

from 46% to 52% of Medicare beneficiaries ages 65+ between 2020 and 2021.

Poverty

10% ▲

from 9.4% to 10.3% of adults ages 65+ between 2019 and 2021.

High-speed Internet

7% ▲

from 78.0% to 83.1% of households with adults ages 65+ between 2019 and 2021.

Food Insecurity

6% ▼

from 12.6% to 11.9% of adults ages 60+ between 2019 and 2020.

Measures

U.S.
Value

Social & Economic Factors*		
Community and Family Safety	Firearm Deaths (deaths per 100,000 adults ages 65+)*	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	11.8
Economic Resources	Food Insecurity (% of adults ages 60+)	11.9%
	Poverty (% of adults ages 65+)	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	\$62
	High-speed Internet (% of households with adults ages 65+)	83.1%
	Low-care Nursing Home Residents (% of residents)	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	—
	Volunteerism (% of adults ages 65+)	22.1%
Physical Environment*		
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	7.8
	Drinking Water Violations (% of community water systems)	0.8%
Housing	Housing Cost Burden (% of households with adults ages 65+)*	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	32.3%
Clinical Care*		
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	60.3
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	75.9%
	Flu Vaccination (% of adults ages 65+)	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	69.7%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	96.1%
	Hospice Care (% of Medicare decedents)	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	1,482
Behaviors*		
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	31.2%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	8.9%
Health Outcomes*		
Behavioral Health	Cognitive Difficulty (% of adults ages 65+)*	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	9.9
	Excessive Drinking (% of adults ages 65+)	7.0%
	Frequent Mental Distress (% of adults ages 65+)	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	2,151
	Early Death Racial Disparity (ratio)**	1.5
Physical Health	Falls (% of adults ages 65+)	27.1%
	Frequent Physical Distress (% of adults ages 65+)	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	52%
	Obesity (% of adults ages 65+)	29.5%
	Teeth Extractions (% of adults ages 65+)	13.4%

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate to the white rate.

* Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodology, visit AmericasHealthRankings.org.

Ranks are calculated by state for each measure, ordered by the states' values, with 1 corresponding to the healthiest value and 50 the least healthy value. Ties in value are assigned equal ranks.

Summary

Strengths

- Low early death rate
- Low prevalence of obesity
- Low prevalence of physical inactivity

Challenges

- Low volunteerism rate
- Low home health care worker rate
- High prevalence of severe housing problems

Highlights

Home Health Care Workers

29% ▼

from 32.8 to 23.4 aides per 1,000 adults ages 65+ between 2020 and 2021.

Food Insecurity

26% ▼

from 10.2% to 7.5% of adults ages 60+ between 2017-2018 and 2019-2020.

Multiple Chronic Conditions

15% ▲

from 41% to 47% of Medicare beneficiaries ages 65+ between 2020 and 2021.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors*		7	0.633	
Community and Family Safety	Firearm Deaths (deaths per 100,000 adults ages 65+)*	5	4.8	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	1	5.8	11.8
Economic Resources	Food Insecurity (% of adults ages 60+)	5	7.5%	11.9%
	Poverty (% of adults ages 65+)	22	9.4%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	1	100.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	16	\$54	\$62
	High-speed Internet (% of households with adults ages 65+)	9	86.1%	83.1%
	Low-care Nursing Home Residents (% of residents)	1	3.7%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	14	42	—
	Volunteerism (% of adults ages 65+)	41	18.4%	22.1%
Physical Environment*		12	0.503	
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	1	3.8	7.8
	Drinking Water Violations (% of community water systems)	1	0.0%	0.8%
Housing	Housing Cost Burden (% of households with adults ages 65+)*	41	33.7%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	44	37.0%	32.3%
Clinical Care*		15	0.322	
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	26	3.0%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	8	46.0	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	46	23.4	60.3
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	5	80.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	35	65.6%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	49	60.4%	69.7%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	4	97.4%	96.1%
	Hospice Care (% of Medicare decedents)	22	48.0%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	1	73.3%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	1	736	1,482
Behaviors*		25	0.042	
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	15	25.8%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	28	6.4%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	6	25.4%	31.2%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	50	38.6%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	4	7.0%	8.9%
Health Outcomes*		1	1.132	
Behavioral Health	Cognitive Difficulty (% of adults ages 65+)*	40	9.0%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	46	15.3	9.9
	Excessive Drinking (% of adults ages 65+)	34	7.8%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	10	7.1%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	9	13.8	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	1	1,552	2,151
	Early Death Racial Disparity (ratio)**	—	1.5	1.5
Physical Health	Falls (% of adults ages 65+)	2	21.3%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	3	11.9%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	16	47%	52%
	Obesity (% of adults ages 65+)	1	16.5%	29.5%
	Teeth Extractions (% of adults ages 65+)	1	5.6%	13.4%
Overall		7	0.571	

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